

December Feature Poets

Katherine Wyatt* WrittenInPoin* Santos Jaino * Justice Clarke

The

Year

of the

Poet

December 2014

The Poetry Posse

inner child press, ltd.

The Poetry Posse

Jamie Bond Gail Weston Shazor Albert 'Infinite' Carrasco Siddartha Beth Pierce Janet P. Caldwell June 'Bugg' Barefield Debbie M. Allen Tony Henninger Joe DaVerbal Minddancer **Robert Gibbons** Neetu Wali Shareef Abdur – Rasheed Kimberly Burnham William S. Peters, Sr.

General Information

The Year of the Poet **December Edition**

The Poetry Posse

1st Edition: 2014

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Dedication

This Book is dedicated to

Poetry

R

the Spirit

of our Everlasting Muse.



Foreword

Friends, Family and Readers

This has been one Doozey of a year. At Inner Child, Janet and i have been extremely busy with maintaining our stature with Radio, Magazine, Publishing, Production, Traveling and our personal lives as well. I feel so honored to have been able to participate in this, yet another offering to the world. I wish to take the time to thank Jamie and ever single member of the Poetry Posse for their contributions.

Jamie Bond
Gail Weston Shazor
Albert 'Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June 'Bugg' Barefield
Debbie M. Allen
Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur – Rasheed
Kimberly Burnham
William S. Peters, Sr.

I only hope that you have found this as personally fulfilling as i have.

For 2015 we will continue to utilize our same format of Featuring up to 3 additional Poets per Month. We have also expanded our core of "The Poetry Posse" to include such wonderful voices as

. . .

Ann J. White Teresa E. Gallion Keith Alan Hamilton Hulya N. Yilmaz Katherine Wyatt Fahredin Shehu

We will still offer these Publications as a Free Download each month from our Inner Child Press Website. Hard Copies will be available for a nominal \$ 7.00 each. You can still order hard Copies of the Complete Set of 2014 for just \$ 5.00 each.

We do hope you have enjoyed our offerings.

Bless Up

Bill



i Offered Thanks

I awakened this morning, and i offered a prayer of gratitude to the Progenitor of my life, . . . my God.

There are many things to be thankful for. They can be found in the Good and that which is perceived as Evil, the Light and the Dark.

I offered thanks for all the Woe in my life, for through it i learned that i had the gift of Endurance and Temperance.

I offered thanks for all those who have left my life through Death, Moving Away, Growing Up and the ending of Relationships, for it has taught me to appreciate those who are in my life NOW, as well as how to truly cherish the memories of the blessings of their presence i once enjoyed.

I offered thanks for all the Dark Days ... yes, for the dark days brought to me an understanding of how i could truly employ, not only the light of those found in the not so dark days, but how to utilize to the best of my own abilities, and that small light of my own that resides within me.

I offered thanks for all the Anger i suffered through . . . that of my own and that of others. Through my anger i have come to know the true meaning of humility. This gift was imparted to me in being chastised and scolded by others, and in having to be the one who must later apologize for their errancies of character, attitude and expression.

I offered thanks for all the times when i was down on my luck. It was, and is those times i realize that luck and being down, was my own choosing, and that i had the power to alter my perspectives of how i viewed my life. Should i go forth with disdain for the hand that life has dealt me or should i cling to such powerful forces of hope and faith? These powers do have a transformative ability to change my energy to something magnificent and grand.

I offered thanks for all the Tears i have cried . . . for whatever reasons. Tears truly have a deep cleansing ability to alleviate my soul of the angst i have collected through many of life's circumstances.

I offered thanks for all the "NOs" i have heard, given me by life when i so wanted to hear a "Yes". Yes, in reflection, many times those "Yes's" i wished for would have been detrimental to my higher good. I did not always understand this, nor did i care at that moment, for i was blinded by my own "Self Oriented" desires and my finite and limited perspectives on the whole of what may "Be" or "Become".

I have grown tremendously because of each and every one of those "NOs" . . . and again i must say . . . I am Thankful.

As you read this, you may say to your self, to be thankful is a good thing . . .or not. But to be thankful, i have found to be personally empowering on so many "Life Levels". It has added unto my abilities to make it through many other circumstances i could not have navigated early on in my life. It was all the setbacks that taught me how to garner my fortitude to press on. It is all those disappointments that taught me Tolerance, Acceptance and Patience. It has taught me some wonderful things about my own abilities.

This does not mean that i did not want things . . . i did, and i do! This does not mean i gave up on life . . . NO . . i live to the fullest i can . . .when i remember who i am and have the mind-set to do so. Simply put, through the Storms "Life" has so mercifully sent my way, i have come realize a greater expanse of my own abilities. I have come to know the meaning of peace found in the "Eye of the Storm". I have discovered that i am so much more than i believed and so much more than what i have been *Taught* and *Told* . . . as are you!

The biggest and most profound aspect of my existence i have come to reckon with is that there is a Power we have . . . yes "WE", that is connected to some force we have yet to fully comprehend. Most of us about this wonderful plane of existence identify this as God. Whether you are a believer

or not, matters not much, for even Science cannot deny this immeasurable force that connects us all to a "One" reality, whether we identify it as Evolution or Creation. They are but words, as are these! But, what is real in this seemingly temporal existence of ours is what we feel. I pray that you take the time to "feel" the goodness of who you are and teach and show others through your example as well to embrace, not just their possibilities of what they may become, but the grand aspects of what we already ARE . . . Right Now . . . Right Here!

Finally, I offered thanks for all the Love i have had in my life and that which still resides, which is "ALL LOVE". The love that appears to have went away, left the Gift of Experience and thus a Lesson or two behind. And, funny thing, these lessons are still mine, the Lesson and the Love. The Love i have today . . . it is filled with possibilities of what it may become. Who can contain such energy with a closed hand or closed heart None !!!! Love seems to be that Universal Language that is now awakening and calling to all Souls to "Allow" the opening of our Heart's Door . . . Do you hear the knocking?

I have offered thanks this day for you. I Awakened this Morning . . .

Thank You

bill

Preface

As we wrap up the year 2014 I have to admit the year went fast!!! I truly want to thank all of those who participated in the year of the poets monthly anthologies. You gained a new fan in me and I tip my hat to all of you. © I truly enjoyed the blend of each ones thought process as you all held your own ground and kept me as a reader intrigued; especially when it came to themes.

Every month we kept the cost minimal and we made it free to the public as a download in effort to be able to offer affordable exposure to anyone involved and or curious and the best way you can support yourself is by telling at least 3 people a day that you're either in it or that you've read these awesome books. So Please spread the word as the New Year comes and we expand our group and continue to promote thought provoking themes and prolific poetry and conversation.

Again thank you for sharing with the world... Not many can say that they they've been published 12 times in a year but the poetry posse in the Year of the Poet most definitely can!!

Jamie Bond

Thank God for Poetry otherwise we would have a problem!

 \sim wsp

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Poets, Writers... know that we are the enchanting magicians that nourishes the seeds of dreams and thoughts... it is our words that entice the hearts and minds of others to believe there is something grand about the possibilities that life has to offer and our words tease it forth into action... for you are the Poet, the Writer to whom the Gift of Words has been entrusted...

~ wsp



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Poetry succeeds where instruction fails.

 \sim wsp

Jamie Bond



Jamie Bond aka UnMuted Ink is an authoress, radio show hostess, poetess and spoken word maven.

She is; as she says "google-able" if you type in itsbondjamiebond or unmuted ink; you'll find her on various social networks. Born and raised in Brick City aka Newark, NJ. Jamie Bond has been recognized publicly by her peers in various genres for her poetic influences. Her Poetic resume is extensive and her spoken word performances go far beyond 1,000 stage appearances globally. Best known for her networking and marketing skills; her future goals are to become more grounded as a liaison for a variety of fundraisers, activism, volunteering as an advocate as she uses her pen and voice to empower and raise the consciousness of those around her.

Her Motto

Help me to help you to help us... BUT if helping you hurts me, then I can't help you!

http://www.facebook.com/IBJB.BrickCity

Sanguinity

I think I need to take a break And re- evaluate our relationship. Apparently I can't relate Like the Rest of the men and women To your shenanigans, See in the beginning It wasn't as evident. But in the end It's more apparent and less relevant, That you're ill intentions are transparent A naked eye is no longer necessary... I digress...step back and re-assess Like this disastrous shit is a totaled loss And an unfix-able mess, You kill hope, You put smiles in a head lock While pre-murdering optimism You're an aneurysm to a heart block... We gotta stop.... I'm good for you... You're no good to me ... Endorphins to love require sanguinity....

I Miss You

thru a crowded room even if I were blindfolded I'd find you the trail of the scent of your ink attracts me like fly paper just because I'm under the radar doesn't mean I'm not near and just because we don't take pics doesn't mean I wasn't there it's a pact not a proposition secure in my position you draw pictures and scribe secluded spaces for us in that special place flow like a river haunted dreams we think the same in sync with pens our ink remains and we name our episodes and edit our foes from the door while Teflon ink transposed into a pile of clothes on the floor all the while I'm sighing thru a smile because you're so dammed amazing I've stopped wondering how you do it I just wear sun screen and bathe in it leaving me speechless on wet paper you make my pen weak in the ink

every time I scribe without you
it skips like a record
succumbs to your puns
oh how I've missed your pen
your words dance in my head
like sugar plums
I've been missing for a minute
but I always go back to where I came from
inform Cesar
that Cleo has returned from her trip
draw my bath
and have the servants unpack my shit!

Season's Greetings

this is a time of year
where everything is amplified fam
including emotions
the good
the bad
the indifferent etc
be aware of those around you
who need more care and convo
the holiday season can be depressing to some
and after the holiday season it can devastating

Some will freak out because they cannot afford to participate in it mainly because financially they were already struggling to make ends meet others will go overboard and by January be in a hole so deep they'll only breathe for income-tax return just to barely be back to even some have lost loved ones some have no one to love them some are doing fine and included this right here in their budgets and that's kewl too:)

But we all have a 3rd eye
we all have the ability to think outside the box
do not forget to shake a hand
pick a phone up
and call a friend
hug someone
find your favorite quote
and share it with loved ones

and if you yourself are hurting be not afraid to let those around you know they are your emotional support system:) if you tell them that you are good don't be phissed off if they believe you we are all cut from the same cloth yet different colors and patterns which makes for a wonderful patch quilt when we gather together and hold hands

Stay Blessed & #BEINSPIRED2WRITE ~ ~ Jamie Bond from UnmutedInk

Gail Weston Shazor



This is a creative promise ~ my pen will speak to and for the world. Enamored with letters and respectful of their power, I have been writing for most of my life. A mother, daughter, sister and grandmother I give what I have been given, greatfilledly.

Author of . . .

"An Overstanding of an Imperfect Love"

&

Notes from the Blue Roof available at Inner Child Press.

www.facebook.com/gailwestonshazor www.innerchildpress.com/gail-weston-shazor navypoet1@gmail.com

Icicles

The mirror refracts the light

The light bends in on itself

The reflection prisms outward

To appear fragmented

The screw turns counter-clockwise

To toll the bells loudly

And become a wake-up call

Memories flood against closed lids

It turns, this world

But to what tune?

Yours?

Make it so

Time

Time

Before

It all ends

I photograph

The smile in your voice

That my computer shows

And I am happy to hear

About your toys and drawings

To see you makes my very happy

I hope you know that I love you always

Albert 'Infinite' Carrasco



I'm a project life philanthropist, I speak about the non ethical treatment of poor ghetto people. Why? My family was their equal, my great grandmother and great grandfather was poor, my grandmother and grandfather, my mother and father, poverty to my family was a sequel, a traditional Inheritance of the subliminal. I paid attention to the decades of regression, i tried to make change, but when I came to the fork in the road and looked at the signs that read wrong < > right, I chose the left, the wrong direction, because of street life interactions a lot around me met death or incarceration. I failed myself and others. I regret my decisions, I can't reincarnate dead men, but I can give written visions in laymens. I'm back at that fork in the road, instead of it saying wrong or right, I changed it, now it says dead men < > life.

Infinite poetry @lulu.com

http://www.lulu.com/us/en/shop/al-infinite-carrasco/infinite-poetry/paperback/product-21040240.html

Alcarrasco2 on YouTube
Infinite the poet on reverbnation

Finally

I finally found what my soul has been searching A passion in me that has now surfaced My purpose Each one teach one So let me enlighten you, I'm a rising sun I lived life like the god father For quite a long time Money was the only thing on my mind I was blinded, while my men were dying Leaning over coffins saying the our father while crying The next day life would resume 3 days ago there was 10 now nine guys in this room Death became the usual At least once a year there was a new funeral Imagine you was me and you saw your friends mourn, when a Friend dies Then you mourning for those same guys that was mourning the last. Well through the years I watched a lot pass I heard a lot sayn they won't meet their fate Then go and make the same mistakes of the deceased

So for the sake of children, wives, mothers, and for the rest

of the team, that life ceased.

Christmas in the hood

It's December.. Kids are happy, in twenty five days it'll be Christmas, ghetto kids are praying for a visit from Santa, but... There's no fireplace in our living rooms, there's no chimneys on project roofs for some fat man too climb through. We never heard cringles jingle as youths. We left milk and a cookie, we hung mammas stockings and our socks on Christmas eve, Christmas day.. The milk is still there spoiled, the cookie is still whole, did Santa not come because mammas stockings had runs and our socks had holes? Were they not capable to gift hold?

Silver bells.... It's Christmas time in the city, that's what the people in the tell-lie-vision is singing, the Bronx is my city, I'm knocking on the glass like "excuse me why is it just empty space under our tree", why aren't the neighbors kids smiling? Why do they frown like me? We are poor but good kids, were we naughty in our sleep? Please mr Santa don't punish us, we live a harsh life, we just have bad dreams.

Momma why you always cry on Christmas eve? Don't cry, I have you, you have me. when I grow up we will move, I'll buy you a big house, so exquisite. a wide chimney, and a very tall tree... On Christmas day we'll no longer have to wait for Santa to visit, nor would we need his presence to exchange presents, all the gifts under the tree will say "for you" "from me". Watching you not being able to wipe that smile away would make it a "happy holiday". Ring-a-ling, hear mom sing. One day for everybody in the hood, it will be Christmas day.

Silent night

I hope all my father and friends are sleeping in heavenly peace,

so many silent nights turned to holy days when a mothers child lays.. deceased.

All was calm... all was bright...as they stared into the light. I wonder and ponder on the final journey of my dad and brothers.

I wish I could travel back and forth to heaven so I can recite ghetto hymns with them.

They've moved on... from hell on earth to the comfort of angels arms.

I ask for forgiveness for being stingy, but their time here was too short for me.

They're no longer here...

No more pain,

No more suffering,

No fear...

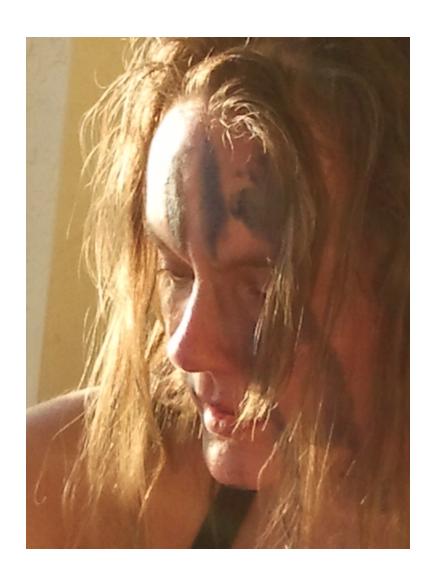
Holding there souls hand while it rises up into the atmosphere is pleasantly reverie,

It's my fantasy in the realm of reality.

All men are mortal until we walk through deaths portal, Those we Cherish perish...

A reward granted by The Lord.

Siddartha Beth Pierce



Siddartha Beth Pierce is a Mother, Poet, Artist and African and Contemporary Art Historian. Her art, poetry and teaching were featured on PBS in April 2001 while she was the Artist-in-Residence and Assistant Professor at Virginia State University in Petersburg, Virginia. She received her BA in Studio Art from George Mason University in Fairfax, Virginia and her M.A.E. from Virginia Commonwealth University in Richmond, Virginia. She continued into PhD. Studies in African and Contemporary Art studies at Virginia Commonwealth University where she is now All but Dissertation. Her works of poetry and art have been featured in numerous newspaper articles, journals, magazines and chapbooks.

http://youtu.be/6PcR9TsBQxo PBS Interview

www.innerchildpress.com/siddartha-beth-pierce.php

I Want

To say thank you For a good nights sleep last eve.

Because my son held my hand today While I drove.

Just like when he was in the back seat, Baby seat and I picked him up From his grandparents house after work.

To say thank you,
For a lovely Thai meal at lunch
With my lad at one of our favorite placesSpring rolls, New Zealand Mussels and Yellow Curry
Chicken.

Thank you, Pierce, For your hard work at our art gallery.

So glad your exquisite photograph Of the train is part of this exploration.

Thank you, my dear son, That we are able to get beyond Anger, resentment, accusations today.

To love anew, Not raise our voices or display rage or violence But, rather come to yet another Mile point, a new beginning, Where peace reigns.

We both apologized for our misgivings, Our misunderstandings-

Hugged, wept and said we were sorry.

Thank you for loving my inability To raise my hand or voice.

Thank your for understanding We are on this path together, For holding my hand In the traversing of such.

Je t'aime, toujours.

A Grief Observed

'If, as I can't help suspecting, the dead also feel the pains of separation, for both lovers, and for all pairs of lovers without exception, bereavement is a universal and integral part of our experience of love.'
- C.S. Lewis, A Grief Observed

Love swept across
Each of your lips
As you were bound together.

Your adoring husband, Now rests in another realm Yet, he will be with you In heart, mind and soul-Always.

As your grief is observed, Remember the times you smiled, Laughed, played together.

The love you made And the exquisite lives You created as One, In Unison.

In the Sky

The memory of the rain Hadn't dried alone-It was still wet with the kiss Of the morning dew.

Met by those few and unknown Called to their tombs In a somber song, Much too early in time.

And there are those left to grieve, Why oh why, Did they have to leave On the morning that the memory of the rain Hadn't dried alone.

Suddenly, they understood, It did not in the end-Instead, it was joined with those others Traveling nigh To join that dear rain, Together there, In the Sky.

Janet Perkins Caldwell



Janet P. Caldwell has been writing for 40 years and has been published in print newspapers and held a byline in a small newspaper in TX. She also has contributed to magazines and books globally. She has published 3 books, 5 degrees to separation 2003, Passages 2012, and her latest book Dancing Toward the Light . . . the journey continues 2013, and contributed to countless anthologies yearly. She is currently editing her 4th book, written and to be published 2015. All of her Books are available through Inner Child Press, along with Fine Book Stores Globally.

Janet P. Caldwell is also the Chief Operating Officer of Inner Child, which includes the many Inner Child Facebook groups, <u>Inner Child Newspaper</u>, <u>Inner Child Magazine</u>, <u>Inner Child Radio</u> and <u>The Inner Child Press Publishing Company</u>.

To find out more about Janet, you may visit her web-site, Face-book Fan Page and her Author page at Inner Child Press.

www.janetcaldwell.com

https://www.facebook.com/JanetPCaldwell

http://www.innerchildpress.com/janet-pcaldwell.php

Terms

Another year comes expeditiously to term.

The time to contemplate this past year, to reminisce the intervals of love that we savored deliciously.

I wonder if I have missed, delayed someone or thing.

In the year 2015 . . . I will pay attention to the sights and sounds of those gentle urgings.

Discovering
Uncovering
And embracing
the tugging and tracing
of my heart-strings.

I won't spend a lot of time on what I may have missed. I'll simply wash my face and promise to bask in love more as we tide dance again upon foreign shores.

Another year comes . . .

BE-ing Present

Have you walked down the street looking down, shuffling rocks while missing a lush scenery?

Do you feel the breeze Gently and playfully Lifting your cotton dress With so much ease?

Hardly noticeable.

The flowers on the trees are sharing their aromatic perfumes graciously.

The birds are singing songs of love to their mates, while the bees are pollinating and producing honey and wax.

Hardly noticeable.

BE-ing present will allow you to take part in these Glorious beings. BE-ing Present is the key.

Mantras, Life and The New Year

I choose to tell myself

I am beautiful

I am love

I am life

I am powerful

I am whole

I am prosperous

I am infinite

I am all

I am perfect



What are you saying to your Inner BE-ing?

The things that we repeat to ourselves and others, are like a broken tape and become our reality. It has been said "do not take the Lord's name in vain" it has also been stated in the Bible that God's name is *I Am*. Use it wisely.

June 'Bugg' Barefield



June Barefield ~ Poet-Activist-Teacher-Author

Born and raised in the Midwest, currently residing in East St Louis, IL. June's interests include long walks, sunrises, cheesecake, and words. He considers the NRA, and it's supporters 2B a 21st century Nazi-ism! The author of two collections of poetry which include B4 the Dawn, and The Journeyman

I B. Self educated, and proud to be humbled. An avid reader, and teacher, counselor in his community at what we as a society have termed "at risk children". June refers to them as Gang members, and dope dealers. A brilliant speaker, and motivator; fluent in at least three religions! June's favorite quote: "FUCK THE SYSTEM!"

for booking call: 720 404 8563

http://authorsdb.com/authors-directory/2292-june-barefield

you can get more of June here . . .

https://www.facebook.com/JuneBugg900

https://www.facebook.com/june.barefield.7

http://www.innerchildpress.com/june-barefield.php

War

Saw you in a dream up under thundering clouds
lightning striking, burning everything around you down
You are crying now, but I can't reach out
To many thorns in the crown
My bloodied brow feels no pain; only numbness now
The walking wounded remain in the war
My dream's confusing, but I cannot awake, and this I do
deplore
I am frozen, and afraid of what's in store
I scream out to you, and you look my way, but just ignore
The walking wounded
remain
in the
war.

Nomad

To live, love
hate, and occupy space as I have
In cheap hotels mostly
furnished cribs, apartments, state& federal type
compartment's
2 walk up side streets, just to leave down back alleys
Talking 2 oneself
Screaming unholy obscenities without
trust, or love 4 anyone else
Living life as it comes
On the run
since day 1
Gun in pocket
cocked, locked in chamber like rocket
My mediocrity, insecurity burns inside like lava

It eats at me

My rage is the most fashionable My poems, music, my dreams in a huge pile on someone else's floor

Unreasonably I hold on to hope

To live, love, hate, & then occupy space as I have 2B one with oneself only Bee-cuz there is nobody else 2B a saint, sinner, winner A Prince Darkness my query

My home a quarry

I persevere thru storms without shelter Helter Skelter type behavior, Daddy told me never, ever trust no stranger Daddy was a stranger though so...

I survive all with nothing Something, anything, anyone, someone anywhere Living life thru storms & hard-ON's thru dusk's & thru Dawn's Laying death down just like the little trick bitch she is You know?

Dickin' her down with the business 2B passed over just like a fucked up, rusty little penny itty bitty nigga a dwarf

midget roach an ant

morphed

AN OUTLAW.

To live, love, hate, and occupy space as I have Forever teeter tottering on a see saw Fuck it!

Here's a toast, so drink up while I got it; or they call the law

Raise your cup's up now, and drink my friend's Drink for the Negro's who walk alone 2 those locked down B4 they were conscious of all the traps, and snares 2 the crippled and the blind The lost and the damned Drink 2 the courageous LION and the cunning fox Drink 2 the prideful hawk and 2 wonder fascination NOW drink 2 grace Drink 2 fat pussy & dreams 2 the madness of the scheme Shit... ...drink 2 me Another NOMAD can't you see...

DAYLIGHT!

it done went, and caught me up again I Can hear the birds sing.

...again REPRIEVE

The simplest Truth is now the

greatest Lie

Each coin has two sides

Christ divides

cuts then heals

gives then steals

creates then kills

Time itself a Lie

now BREATH in truth, and exhale LIFE.

Debbie M. Allen



Debbie M. Allen is a Pennsylvania native that has remained true to her passion for the love of poetry. She has always had a passion for poetry. In 2010 she took that passion and made it her cause, always maintaining the truth of her experiences and the beliefs she holds dear.

Debbie is the Author of "A Poet Never Dies," her first book of poetry which was published in 2012. Since then she has published her second book of poems, "The Spiral of a Pisces: In Manic Flow," which encompasses her ever spiraling transition of expression. She can be found participating in various avenues of spoken word and poetry under the pseudonym D. Flo'essence including The Truth Commission Movement, Penology Ink Productions, Jersey Radical Productions and What's The News.

Blessed be the Poets

To the start...

In face of ending rhymes that signaled

Good times in the cheers of pens...

My poetic family...my dear friends...

I lend adoration in verses...

Peace of heart in the blending of lines...

The Year of the Poets

Being an eternal theme...

In the precious folds of my mind...

Indeed a great 365...

HAPPY NEW YEAR!

Renewed Breaths

Close your eyes... Step forward...and breathe, Refresh tired lungs that have felt the sting Of smoke clouds howling to the past... Rehash then let go Of all the things that choked you half senseless, Inhale the minutes beginning Future trails of oxygen Through veins once stained Red in despair... It's your time...new days...a new year... Hold life closer... Cradle mistakes as wisdom, Hold that silent enemy so tight You break it in your might to Walk further. And remember... Sing to your heart In serenade to its beat Warming any chill that froze you in defeat... Time has lent you a glorious retreat... As the New Year greets you Open arms...

Revived

There's an understanding in one's spirit that comes, As another year closes its sacrificial doors in life.... Peeking through nostalgic windows
While preparing to endure 365 more days of stressful strife...

I'm lucky to have love to calm my nerves of any stormy weather ahead....

Learning lines of legacy scribed in adoration of knowledge...

Lusting after continued happiness in my faith That my heart remain full beyond clouds...

The dawn of a new day, week, month, season...
To ease past sorrows of pain, neglect and lack of respect...
Into 52 new luxury weeks to hold, and go on, with tangible reasons...

Let me be defined as more than that lucky bet, That one fuckin card left that I have to give... from the deck of my existence after sure bets of transgressions...

Depending on false hopes...

I shall hold promise in my will to cope Regaining a new kinship with my soul mate...

Time has a way of making you reflect on the good things...

Bracing a new chance to solidify the benevolence of my dreams...

To shine the light on dark tides that plagued my conscience...

Nonsense left behind from the struggles I've endured and survived

Has given breath to a life of celebration The dawn of belief...

Relief...

In a better tomorrow for myself...

No more leaving my desires, ambitions and goals on the shelf of content...

Negative souls that try to burden my rise...

Shall repent...

So pop that bottle in rejoice
I look forward for more
To be thankful for...
Happiness is transparent,
And destined to soar sky high!
A new year,
A new chapter...
Ready to fight to control the substance of my life
Where I won't just be taking hits...
But giving them too...

^{**}In collaboration with Abraham Benjamin

Tony Henninger



Tony Henninger is the current president of The Permian Basin Poetry Society of Texas in West-Texas. His first book, "A Journey of Love", is a collection of love poems dedicated to his wife Deanne and is available at InnerchildPress.Com and Amazon.com.

He has been published in several anthologies including: Permian basin and Beyond 2014, We are the 500 (West Texas poets), Hot Summer Nights 2013 and 2014 editions, and World Healing/World Peace. He is, also, one of the co-authors of the 12 volume Anthology "Year of the Poet 2014" at InnerChild.

He is currently working on his second book of poetry to be published in early 2015.

Born in Frankfurt, Germany and growing up in Colorado, He now resides in Texas.

Tony Henninger on Facebook

Tony Henninger at Linkedin.com

Tony Henninger at Permian Basin Poetry Society @gmail.com.

Open Your Eyes

Open your eyes that I may see some sign of your humility.
Open your eyes to the cries amidst all this insanity.
Open your eyes, see we are searching to alleviate the pain inside of humanity.

Dark shadows clouding your vision leaving you lost in indecision.

Dark shadows beating you down with razor sharp precision.

Dark shadows leaving only pieces of your soul's dying declaration.

The light in your heart
is slowly fading
as your tears seek out salvation.
The light that filled your world
with beauty
is now empty of all of your affirmations.
The light to which you gave everything,
now, too distant for absolution.

Unconditional love is the only answer to save yourself from extinction.
Unconditional love can bring back the brightness of your dedication.
Unconditional love will save everyone.
And then, maybe, God's Will be done.

Begin Today

Has my passion gone?
Has my heart moved on?
Left me bleeding
and cold?
Or am I just
getting old?

Oh, I am rambling, like a drunkard stumbling, listening to the echoes in my mind. A drop of clarity to save me from insanity.

In this pouring rain tears are falling as you touch my brow. Life comes back to me. Love is all I see. Never to forget. Never to regret.

In the silence of my soul's glaring love and peace in my heart, a brand new start, begins today.

Envision The Prize

It is Christmas time again as its true meaning slowly fades into the past. The greatest gift is love, but it is being overshadowed by the material things amassed. Commercialized. Trivialized. Disputed, as all Christmas themes are uprooted and deemed Insulting, Revolting. No compromise as people hurry and scurry to shop for the new prop to satisfy their blind eyes. The realization, infatuation, for worldly things a lie. To love our families. our neighbors, our friends. Humanities awakening. We must never relent to fight and defend, The Love, Kindness, and Compassion, taught by Jesus' lessons to bring paradise. Envision the prize Of Peace on Earth.

Love one another....

Joe DaVerbal MindDancer



Joseph L Paire' aka Joe DaVerbal Minddancer . . . is a quiet man, born in a time where civil liberties were a walk on thin ice. He's been a victim of his own shyness often sidelined in his own quest for love. He became the observer, charting life's path. Taking note of the why, people do what they do. His writings oft times strike a cord with the dormant strings of the reader. His pen the rosined bow drawn across the mind. He comes full-frontal or in the subtlest way, always expressing in a way that stimulate the senses.

https://www.facebook.com/joe.minddancer

One Place In Time

Here and now on this astral plain I walk alone with a songs refrain Blood moons on my horizon The pressure of surviving Where's my plot, my spot of land Where's the gateway away from man

Gone is the scent of life Gone is the taste of honey wife Blood moons on my horizon The pressure of surviving Where's my plot my spot of land Where's the gateway away from man

No sign of light reaching down for me No burn of sulfur reaching up for me Do the tears cried over me bind me? Has the little flash of life blinded me?

This is my plot my spot of land
This is the gateway away from man
Blood moons on my horizon
The pressure of surviving is gone
I see the light reaching down for me
I feel the fight reaching up for me

Torn to be reborn and I sing
I can smell my honey wife and spring
The tears cried have dried
Life has opened my eyes
No longer will this earth hold me down.

It's Over For Us

We were happy in the beginning
All is beautiful in the first days of love
Silly names and no shame out in public
I made you laugh and you loved it
What shoved this wedge in between us?
There was never a level of mistrust
If it's a matter of lust, well we were good.
We spent money when we should

We had our get away during summer days We had our emergency room all night stays What got in the way of love?

Uncontested no why no questions
Where is the lesson, so I can be a better blessing?
Is there someone else you've invested in?
What door did I leave open that they crept in?
Moreover, if it's none of these things then tell me why
Why what felt happy and sure is now impure
Sure I'll sign the papers, don't allow this moment to escape
ya. I'll just scroll down the playlist
And try to figure out what I've missed.

Spring Green

Life has a way of renewing all things
From the rot of a fallen tree
To dead fish in the sea.
From a handshake to a clambake
From a kiss to a wedding
Life breeds life if you let it
Friendships through written words
Friendships from when they're heard
Even love comes through by a chance meeting
For every death, there's a new beginning

Every day is a new beginning
Life is something that's never ending
Life travels to higher plains, it shifts to other names
Reincarnation may explain these things
Whatever you believe, your mind can conceive
A drop of water can bring life to a thousand year old seed
From homelessness to a mansion
From being, rich to searching trash cans
These are all new beginnings
Understand there are no endings

Robert Gibbons



Robert Gibbons moved to New York City in the summer of 2007 in search of his muse-Langston Hughes. Robert has performed all over New York City.

His first collection of Poetry, Close to the Tree was published by Threes Rooms Press and can be purchased at:

www.threeroomspress.com

You may contact Robert via his FaceBook presences:

www.facebook.com/anthonyrobertgibbons

www.facebook.com/jamesmercerlangstonhughes

the year is dead

buried beneath December's slumber the puling out of lights trying to find meaning for the past eleven months everything has an expiration date will not buy if this date comes in three day old can goods left over from November stale with the smell of a ziploc, a freezer burn the padlock on the pantry, every variety of turkey, every lie, every misstep, every loss every list has a goal each month, but this is where two ends meet and then it is over there is a definite line drawn, a demarcation no one will escape the resolution or the revelation, the epiphany or the prophecy this could be it, the last time, the last birthday, baptism, reunion, bar mitzvah there are a few days left, the government with retire, will recess, will end the unemployment crises, the debt ceiling the trillion dollars, the last dead end of a culdesac, a no through way,

the year is dead but still full of immigrants and refugees, transients, and migrants kept in silence without word or say watching the old and behold the new in my preacher's voice, the last dead chance for emancipation, for enumeration

for another interpretation of the ghetto another year of mind control, and destruction and construction of tall buildings and enormous feeling and mounted ego, and lost souls the last dead end of the riots, the fires a volcano, a typhoon, a collapse of thinking and wishing and hoping and saving and giving year after year, month after month on my thread bare existence so I cover it up beneath mounds of paper and say what day is it.

Cold

the street sweeper brush
petals and pine congregate
crowd them together
send smoke signals in this air
transform concrete block
in this barrage of specialty and novelty
into an ancient forest of evergreen
instead of man made and urban
it is home-made and mountainous
as if trail through woods
or the northern hills of Maryland
this smell blocks my way
close in on me from both sides
like parenthesis and incense inference

to this time of year the cold sting of air and my bare sensibility the ground's floor becomes rocky terrain with hiking boots with dogs' paws smell appeals in the atmosphere to elevate closer to the rise of a eye stop and watch- browse or shop but it is a busy intersection not the connection to the other world or is it that one smells rise from the friction and heat of needle and pavement.

elegy to the occupation of a street

the streets will crowds with evergreen the smells of last December; to remember the holly and red of tinsel and berry the old gold and silver, but this place is not what will be said in January; is not for me, only the money changers and managers with perfume bottles fumigating the area before arrival; it is a trick of one-million white lights in Dyker Heights houses like Archie Bunker; safe neighborhood, the boulevard of books and memorabilia-specific; the man across the street place recyclables in his slot machine each night will float in this parade in this final countdown will auld lang sine

the kindergartener with nibbled yellow crayons creates a Kwanzaa card and hands it to me his wet fingertips from sucking his thumb he is so proud of creating with construction paper the teacher in Westchester is being reprimanded for telling her students there is no Santa Claus and we will live to find the truth; the door will shut in December and I want the potatopie baked by the scratch of my grandma's fingertips; the one she covers with plastic saran wraps and an over washed beach towel; placing them in the backseat and passing them out to neighbors; want the favorable tales;

want a hamper of eggs from the side of the road in Atapulgus, Georgia; want to come home to the smell of the simple and the familiar; want it and money can't buy this season of giving and trimming so I search all the history books; and its missing; its only in memory

Neetu Wali



Hi! I am Neetu. Who am I? This question is very difficult to answer.

Well! If you insist, let me reveal. I am a human and like every other human I eat, sleep, drink, dance, sing, laugh, smile, cry and so on. Hang on! There is a difference. Unlike most of the human beings, I breathe and when I breathe, I relax. When I am relaxed, I draw. I draw sketches of me in words

I have been orbiting around sun for forty years now. I started this journey on the Valentine day of 1974. I have seen people craving for heaven and I was born in the only heaven on earth (Kashmir). My Grandfather was a spiritual personality and a renowned poet of his time. Though he left me around 35 years ago, I couldn't let him go. I carry him in my eyes and mind and will do that till the end of my life. I hate words, yet I am full of words. I know words cannot express, yet I express me through words, because they are the only medium I am familiar with. That is why I try to express me as much as possible with as minimum words as possible.

When I did Masters in business administration, I never knew, writing will be the only business in my life. More than hobby writing is a necessity for me, because it helps me get the load of thoughts off my head. I don't remember when it that I wrote my first poem was. But I surely know the time of my last poem. Surely, not before my last breath.

Love

My arms have turned Stiff and still They stare at me With eyes devoid of wetness It has been long Since I hugged you I thought I was enough for me I miss a bit of me That is away from me Hanging somewhere between the lines of a memoir Why do I love to live this incomplete self of mine Why did I gift a piece of my peace to you Is love peace Or unease Is love a chain Or freedom What makes you gift Gods kingdom of yours To somebody else Who never bothers Earth is self-centric Is that way It is able to give away The rays of sun To every inch Learning to be self centric Is the key to be system centric Life is not a memoir It is the floor I stand on The earth The self centric earth

Hold me, in your dreams like the leaves, Holding the delicate dew Whole night, If you really love me. Kiss me, like the rain droplets, Kissing the beautiful earth, If you really love me. Hug me, like a child, Hugging a soft toy, If you really love me. Dance with me, like a peacock, Dancing in rain If you really love me. Take me in, Like a wasp, Taking in the aroma of a rose, If you really love me. I know you had some dreams And I am not the same Accept me as I am If you really love me

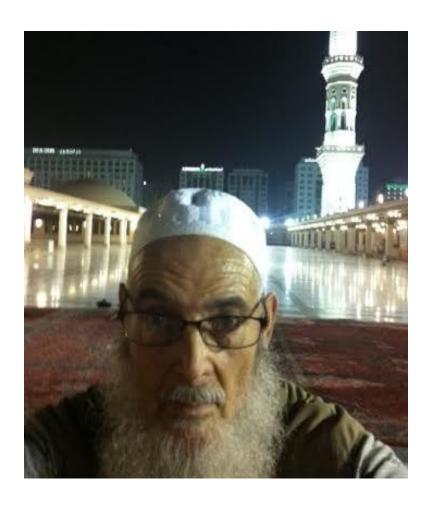
Love is wild Love is crazy Love is spontaneous Love is natural Love is not what Is opposite of hatred Love has no meaning Though it is meaningful

Love is not what is celebrated
As a ritual in a society
Love is the breath of wilderness
Love is the essence of peacefulness
Love is the freshness of morning breeze
Love is the glow of morning dew
Love is a mystery unfold
What is revealed is not love
Love is not a destiny
Love is an unending journey
I can see the glow on your face
I can feel the freshness in your breath

Love is not a word Nor a sound Love is when Silence speaks and listens to silence Just pure silence Love is a tireless, unstoppable Drop of purity Traversing from eternity Hidden deep inside Why bother diving to such depths To the bottom of heart Though priceless, Not worth the efforts This life, lets sit waiting At the surface Would vou believe me If I say, I love you He said timidly Not his usual way To say it I looked into his eyes

Tried to be serious But something inside me Made me laugh a thunder And I laughed heartily Come on! Believe me Pleeeezz! He said (a bit embarrassed) Trust me! I am not the same I have changed to the core Can the things between us be the same As they used to be His words made me laugh even harder Trust me, I believe you, I said With a wet smile on my face Coz I have experienced change Even I am not the same I fear that things between us will be the same I can't be back to square one Dry eyes No emotion can moisten You want to sustain Glare of love Don't try your eyes Coz mine are worse Worst than a wall That knows at least to react Though with opposite force Lets see If you can wet mine Or yours be dryy

Shareef Abdur Rasheed



Shareef Abdur-Rasheed, AKA, Zakir Flo was born and raised in Brooklyn, New York. His education includes Brooklyn College, Suffolk County Community College and Makkah, Saudi Arabia. He is a Veteran of the Viet Nam era, where in 1969 he reverted to his now reverently embraced Islamic Faith. He is very active in the Islamic community and beyond with his teachings, activism and his humanity.

Shareef's spiritual expression comes through the persona of "Zakir Flo". Zakir is Arabic for "To remind". Never silent, Shareef Abdur-Rasheed is always dropping science, love, consciousness and signs of the time in rhyme.

Shareef is the Patriarch of the Abdur-Rasheed Family with 9 Children (6 Sons and 3 Daughters) and 42 Grandchildren (24 Boys and 18 Girls).

For more information about Shareef, contact or follow him at:

http://www.facebook.com/shareef.abdurrasheed1

http://zakirflo.wordpress.com/

http://www.innerchildpress.com/shareef-abdur-rasheed.php

https://www.facebook.com/pages/Muslim-Writers-Forum/370511683056503

ode..,

to life reborn new look to the morning light burn off the morning dew the plight of birds migration in flight to enhance their life another day gives way to renewal bringing hope of change does another day display ultimately giving way to another day, month, year the former disappears as though never here as winter brings death spring brings it back to life again after death, rebirth to the earth such the cycle of renewal also applies to me and you a similitude for seekers of truth there is hope! to start anew after the morning dew burned off by sunlight such is life on earth as it is in heavenly rebirth. life's a journey! like the migrating birds in flight travel light!

food 4 thought!

rotation..,

of creation ever changing seasons summon an array of life, death, rebirth rotation is the way of mother earth rotation, change from fertilization in the womb to being laid down in the tomb see the transverse of the moon from new to old as wonders of the universe unfold signs are everywhere to behold listen carefully to the stories told civilizations that come and go nations that ruled with a mighty hold influence, power, riches to behold like Babylon Persia, Greece and Rome disintegrated eventually becoming part of the garbage heap of history such is the fate of all of us regardless status simple, great wealth, influence, power all have and will bow at the designated hour submitting to the real power

who created seconds, minutes, hours architect of all creation! owner of the master plan! this is not happen stance! it all has meaning and relevance! calling for full awareness submit to utmost reverence! no second thoughts, no hesitance! such should be the demeanor of all who are or ever were earth's residents! only a fool would take exception to that rule!

food 4 thought!

vibe..,

air, sky, sun, birds grass, flowers, plants heartbeats, eyes, sight ears, hearing, smell, touch, yawn, cough, sneeze sleep, laugh, smile, food, taste, happiness, arousal, climax, calm, peace, quiet noise, turmoil, strife, dispute truth, falsehood, day, night forbidding wrong, enjoining right! toil by day, pray in the night fulfilling Allah's rights over you maintaining what was assigned to you! remember Allah (swt) in all you do let your devotion be constant, true! all dat is life! all the peace, all the strife all the days, all the nights can't live without struggle life is a fight! after difficulty comes ease! after difficulty comes ease! twice as much ease! traveler you just passing through this is not a permanent residence for you!

can't get twisted by temporary sin-sation and forget the permanent final destination this \$h!+ here is a test not vacation! control your flesh while it's warm, fresh be received with peace calm upon your death just might receive the mercy forever blessed! got a passing grade on the especially the questions asked in the grave! with mercy only your good deeds outweighed your bad after the scale was weighed it tipped in favor of a righteous slave! only, only by divine mercy this undeserved gift was given never because of but in spite of what you did when you was living! mercy intercedes forgiveness received!

food 4 thought!

Spring..,

came but only by name wasn't the same grass didn't grow, flowers didn't bud 'n' glow in the suns flow like we're accustomed to know what winter caused to finish, pause, wasn't replenished no more rain ceased to pour, crops increase no more birds got silent, the silence couldn't hide it in the morning no birds heard completely quiet! warning had been issued imploring man to respect the land do all he can to leave it like it. all began was treated as toilet tissue instead... arrogant man looked at the land and said "what's the issue??" came as no surprise they who

had blind eyes couldn't see
didn't realize prophecy
materialized, came to be,
fulfilled!
brought about by the makers
will!
after the earth he had loaned
as our home had been shamefully
disrespected and killed!
dammmnn!
hard to swallow that pill man??

food 4 thought!

Kimberly Burnham



As a 28 year-old photojournalist, Kimberly Burnham appreciated beauty. Then an ophthalmologist diagnosed her with a genetic condition, "Consider life if you become blind." From those devastating words, she forged a healing path with insight and vision. Today, a brain health expert, Kimberly helps people experience richer, more nourishing environments.

"People, who feel better, make better choices for themselves, their community and our world."

Her PhD in Integrative Medicine and extensive training in Craniosacral Therapy, Reiki, Acupressure, Integrative Manual Therapy, Health Coaching, and Matrix Energetics enable her to serve as a catalyst, gently shifting your ability to feel better physically, think more clearly, and be more creative

A 2013 Poetry Posse member, Kimberly and Creating Calm Network's Ann White, assist small enterprises in crafting business booming words and robust social media platforms. Kimberly won SageUSA's 2013 story contest with a poem from *The Journey Home*, chronicling her 3,000 mile Hazon Cross-USA bicycle trip. Her poetry books include, Live Like Someone Left The Gate Open and the upcoming Healing Words—Poetry for Thriving Brains. With Elizabeth Goldstein she edited the anthology, Music—Carrier of Intention in 49 Jewish Prayers.

Experience greater health & success @ (860)221-8510

http://ParkinsonsAlternatives.CreatingCalmNetwork.com https://www.LinkedIn.com/today/author/39038923 Vision Story: http://youtu.be/JhG3-qwkvVk

The Five Spirals of Compassion

Eyes dulled by separation some don't even recognize the pain in scrunched up faces physical tenderness emotional agony don't register in those brains.

Other eyes see clearly the pain as information flows finding consciousness here and there then a stone blocks the heart.

Some glimpse but flee in anger or fear of proximity. will her pain rub off on me if I reach out if I get too close?

For others the flow from visual sense to compassionate heart drives searching steps to apply a balm

to share the journey and declare "Me too. You are not the only one. You are not alone."

Sometimes sparkling consciousness reaches for kindhearted action then gratitude bubbles up for all we enjoy. knowing it is easier to reach out for what we want, than to let go of what no longer serves.

Thankfulness spirals around caring, compassion, creativity healing the brain striking old with new memories a flame of realization awareness busting with power fuels community, connection and comfort

Love & Empowerment

How do you know You are powerful! You are loved!

Bits of light land on clear eyes deep inside You see You know!

Through the sensation of her voice drumming on open ears the way your name rolls around smooth vibrating a marble Tiger's eye. You are loved!

The smell of onions, sprouts, dinosaur kale, scrambled with eggs first then a sun lit breeze on a rails-to-trails bicycle ride You are powerful!

The taste of local honey, last summer's wild blueberries,

pumpkin puree at the Afghan cafe, red and black patterned texture a fabric reminder. You are loved!

The papery touch of words published, cherished into the world. leaping to the top tall buildings at once on opposite perspectives ... of everything. You are powerful!

Scratching an itch, a flaming desire, gently rubbing the shoulders of humanity together like warm hands melt snow into a river changing the trajectory of a cold world.

In the warmth of our perception something beautiful. We are loved! We are powerful!

Power Posing

Core power posing palms on strong hips the texture of blue calming denim feet apart striding power into the ground wonder woman's eyes touching the sky

A way to stand for solid brain chemistry memory attention creativity posture quiets cortisol invigorates testosterone gives dopamine balance and clear walking papers

Flexible muscles enjoying the stance signaling the brain ready for change faking it until making sense of us, of them, of the crazy quantum universe waving particles

A long stride lost returns with nutrients of light illuminating the way practice makes permanent the smooth walk healthy comfort of potent movements

Green kale, red beets absorbing yellow sunlit power cool blue water's nourishing action throat to liver to muscles go

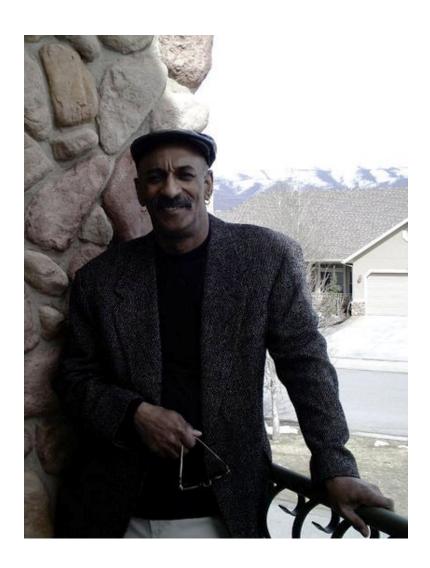
Oxygen spiraling in voice spreads outward power words what are your questions answering the world with love

Chanting along
a wavy line
holding us here
beckoning us to safety
bridges the gap
allows for sharing
my power with you
your experience touches me
knowing all

along the line separation is only an illusion

the illusion of power good and bad right and wrong don't exist for living adapting powerful beings.

William S. Peters Sr



Bill's writing career spans a period quickly approaching 50 years. Being first Published in 1972, Bill has since went on to Author 28 additional Volumes of Poetry, Short Stories, etc., expressing his thoughts on matters of the Heart, Spirit, Consciousness and Humanity. His primary focus is that of Love, Peace and Understanding!

Bill is the Founding Director of Inner Child Enterprises as well as the Past Director of Publicity for Society Hill Music.

Bill says . . .

I have always likened Life to that of a Garden. So, for me, Life is simply about the Seeds we Sow and Nourish. All things we "Think and Do", will "Be" Cause and eventually manifest itself to being an "Effect" within our own personal "Existences" and "Experiences" . . . whether it be Fruit, Flowers, Weeds or Barren Landscapes! Bill highly regards the Fruits of his Labor and wishes that everyone would thus go on to plant "Lovely" Seeds on "Good Ground" in their own Gardens of Life!

to connect with Bill, he is all things Inner Child: www.iaminnerchild.com

Personal Web Site www.iamjustbill.com

i am my Muse

my Muse stood naked before me in the halls where my spirit lived

she was begging for my Soul to remember it's charge, and my life became stilled

there were no movements, no sounds just the quiet whispers from her heart to mine own, and i began to weep

i heard a distant melody beginning to play from a place deep within me, and i became harmonized with all that was about me, all that i knew, all that could ever be

i realized that something . . . something was happening beyond the understanding of my worldly consciousness and i saw the feeble me i so despised

at first there was trepidation which manifested quickly into a fear, that i was not in a position to handle . . . so i thought

then there was a voice with a demure affection that spoke to me in a hush and it said "fear not my child"

i thought it must have been God, and then my Muse said to me "Nay, it is thine own Knowing that speaks with such absolute, Trust"...

at this time, in this eternal moment, that had no beginning nor had no end, there was a light and i could not figure it's origin.

it shone upon my chest, my body, my feet, from my eyes and i looked down to touch it and my hand became one with this light

fright tried to visit upon me but the brightness quickly quelled its quest as i epiphanically grasped that i was this light that i now sensed about me, it came from within me

and the Sons and Daughters of Creation gathered around and swooned to an new euphoria of this world of mine and i hungrily, thirstfully reached as it was reaching for me

the need was beyond common

in my inebriated state i heard the incantation-ous whispers begin to caress my consciousness as it beckoned me to just let go

as i began to step out with a faith i never knew i had the Shadows scattered as i began to sense my power, my sedulous sorcerous ways

my eyes of the world closed and i watched a visual expression of my life just spent from birth to a death i have yet to taste

i do not quite remember if there was an ending, or was this a new beginning

in hindsight i knew there could not have been, for here i still stand exactly where i wish to

a place, a space i faintly remember dreaming of

yes, i stand firmly, confidently, without fail upon that precipice of peace which causes angst in the souls of men

knowing now that i was the Master of my Destiny which was nothing more than a collection of "Nows" i can do naught but smile

for . . . in my shallow beliefs there was no room for real dreamers, but i did so anyway

so, today, here i stand yet still embraced by my Soul Companion which is but my own reflection looking upon it's self on the surface of the pristine waters and i see clearly now that

i am my Muse

we are 1

No Flaws

my keyboard is my Keyboard and i write the music i hear playing within

with my cyber ink i am singing melodies seeking harmonies in verse as i disperse my souls beauty

i am my Muse
calling forth my greater self
to be use
to express the greater light
for i refuse
to embrace darkness
as my only way
this day
or any other

concordant symphonies are a must and i trust with a bit more practice our individuality will conform to a unity of purpose

which i term love for one another

we smother our joys
repress our divinity
with toys
and other psychic deviances
that keep us from paying attention
to life
and its grandest of expression

we give honorable mention to our God within while we cling to that tired concept that we were created in sin

no, i am beautiful,
for the hands of my Master
who is Perfect
formed and shaped me
with a plan in my soul,
implanted deeply
and whether or not i know it,
I AM Whole
I AM Perfect
I AM Strong
I AM Powerful
I AM Loving

I AM Harmonious
I AM Happy
I AM Healthy
I AM Wealthy
I AM Wise
and all i have to do is
not open my eyes,
of the world
but my EYE
which sees all things
as they are

Created by Perfection in Perfection

No Flaws

~ * ~

ref: The Master Key by Charles Haanel

http://www.iaminnerchild.com/the-master-key.php

Seasons

being fully immersed in the Autumn of my life i can not but consider the coming winter and ask am i prepared am i taking my medicines

i realize, that i do need to exercise a bit more . . . OK, OK, i need to exercise . . . period!

Walking to the Car and Steps in the house do not count but that does not stop me from wanting an elevator for Christmas

it is not laziness perhaps we will call it fatigue

i look back on seasons past such as the Summer of Life when i was unconsciously seeking fun at any beach i could find, it did not matter much as long as the atmosphere was libation-ous and inebriating

accompanied by vague memories the next day

at some level in my consciousness i am still hung over and suffering the many long nights of before

life was a continuous vacation

out of all the seasons
i loved and cherished the Spring
the most
when things were always
new and budding,
blossoming
ushering forth
fresh new scents
into my life
to be explored

the wonder of those years have somehow been misplaced as i allowed them to ease from my grasp because i had duty and obligation

now here i am in the harvest years and i must simply ask . . . did i plant enough seed in some good ground

along the way and when will i taste the fruits

gee, i hope they are sweet, abundant would be nice as well

maybe i'll make some wines for the winter and become drunken with memories of seasons past as i knowingly watch "as the world turns"



who embraces the Winter when Spring is in the air . . . for the Winters Wisdom is only gathered by the passing of the . . . Seasons

Fate

we can pick the flowers along the road, adding unto our temporal conscious experience which provides us a healthy distraction from the deep rooted questions that abide in the hearts of men

and we thought hearts were only for love

the heart knows of what lies ahead. sometimes it fears sometime it doubts sometimes it rejoices in the visions co-created by our worldly hopes and thinking

in truth, we know all roads have an end.

some are concurrent with our journey, yet objectively we never do get where we want to be, do we . . . or do we?

such is the fate of man . . . are we in control of anything

beyond our thoughts that . . . "we are in control?"

if life has purpose, then every step has meaning and that lends it's self to an end in my linear senses, so embrace the journey and face thyself

we hope for some recompense to our envisioned trials, tribulations, but does it have to be that way? can we not just do as Khyyam said . . . "Eat, Drink and be Merry"

i ask, why does the Oxen tolerate it's burden . . . why does the Ant, the Termite toil without question ? can we be the same ?

i think not!

we spawn from seed, pierce the shell of life evolve and grow never to know exactly, actually, factually where we are going so we grasp at doctrines left behind

and those created in kind to make it all somewhat bearable

but these cloaks of supposed truth don't always fit and at some time may become un-wearable

Fate, i question it for i did not get the written version of the instructions on how to handle the ultimate destruction when this body can sustain no more, and if that is the only purpose, then what did i come here for ? . . . a vacation ? from what ?

perhaps in this journey i am elucidating is but for the seeking that i may find more Flowers . . . to adorn my Soul

perhaps, that is my Fate

December Features



Katherine Wyatt
WrittenInPain
Santos Taino
Justice Clarke

Katherine Wyatt



Katherine Wyatt, born in Pittsburgh, PA., comes from a family of artists and writers that date back into the fifteen hundreds. Her mother was a cartoonist whose work was published globally. Her father was a writer in the corporate world, and he started his career as a journalist as a young man. Katherine was formally a ballet dancer who was trained at the prestigious School of American Ballet and danced the New York City Ballet repertoire for many years. She then went to college and got a BA and an MA in World Religions, and MA in Humanities and another MS in Instructional Design for Online Applications. She Attended Florida State University, among other. She then taught college students for three years. Katherine has written all of her life, but mostly academically until eight years ago. When she was seventeen she began a spiritual journey that led her around the world, and to Rishekesh, India. There she studied yoga in the tradition of the Himalayan Masters. She also has spent the last four years studying the history and traditions of Native Americans, and is still learning much in this area. With a strong background in the arts and her deep interest in spirituality her poetry often reflects the human connection to the divine. Her work is inspired by both eastern and western tradition. Katherine is currently and academic writer who loves to write poetry and has two books published. The Core of the Essence, her first book, was a collection of work that focused on the divine feminine and other issues of poetic nature. The second work, The TwinFlame Narratives, is a work of prose that is purely spiritual in nature and is the seeking of those who are like minded on the spiritual journey.

Katherine has over ninety works at YouTube, and co-wrote extensively doing historical prose on the issue of Native Americans. These can be viewed at YouTube, and a CD is ready for release. She lives in New Orleans with her fiancé and their new dachshund Iggy, who is a delight. The city is always filled with interesting character and spirituality. Her roots to India are still a part of her life in New Orleans. Academic writing is a passion, but Katherine loves the freedom and imagery that poetry allows, and the artistic expression. She hopes to do another book in the future.

Katherine's work can be found at Facebook as well https://www.facebook.com/katherinewyatt.trinitypoetry

~ nothing more

Dont speak to me of your life

chatting of daily events leaving details in shaded penumbra a perfect shadow

Leave me in total ignorance so much simpler than sifting through the sawdust you feed me

leaving breadcrumbs for the hungry a trail of morsels begging questions

You silenced me

with razor sharp words cutting veins of trust

or that heavy silence craftily designed to leave me hollow

Tell me nothing

I will ask no more as I was nothing in your shadow

exchange the shallow

it's all there ever was

despite my delusions

nothing more..

~ do this in remembrance

I am connected to this land it flows through my veins entwines itself through my sinew it is one with my flesh this land and I share..... its past and au courant present

I drink the waters running through the veins of thie Mother the passageways that carry her lifeblood

All that has taken place upon this soil, art envisioned by Degas, that soft space where lovers engaged in trysts under banyans along these bayous and riverbeds ...and blood spilled within the deeper soils filter the waters within me with which the Mother gives suckle for my thirst

I feel the past and see it in my dreams
..as the slave trade moves
through my own blood...
where they fell... upon this soil
where the indigenous people
died upon this ground
as the "new world" forged in fire
modernity... paved its asphalt
over the top of this land...

She is ancient

We plant seeds sprouting to life flowering in the sunlight in this soil... nourished by this land as the fresh chard tomatoes and peppers picked from this land move through my body as nourishment so does the soil that gave life birthed these fruits that sustain me

I become the Earth....

I bathe and the Earth cleanses me with living waters that have traveled through lakes to bayous.... across bones and stones at the bottom of the rivulets whispering their secrets of days long passed rippling through Her veins I hear them from within

What has passed in and through this land lives in vibrational energy within me

Take eat.. this is my body..... do this in remembrance.....
This is my blood...

drink this in remembrance

"What you are.... I am...."

~ my entrails

In my entrails are revealed the strangest existence offspring grew and were birthed.

Ivy covered bridges to foreign lands were shadowed by strange footsteps awaiting my visitations...

The soft smell of salt waters during long journeys across a crystal sea paraiba blue and refracting claret

. . .

Where the grass was green as the spirals of cathedrals touched soft the cloud filled skies darkening as thunder struck and we knew rain was coming as the cattle lay in the deep greens of the Motherland

Within my palms are the lines that speak in sacred symmetry of the journeys and the phenomena that lengthen ...spinning a tale to be told where castles and ruins wait to be gazed upon in solemn trance.. and the wanderlust whispers then screams.."it is time".. move on

Words dripping in vague..
dissolve my resolve
I was so shimmering in expectations
and silver linings
.. now locked in hollow circumlocution
of promises colored in grays....

It is all so clear and yet I cannot see
A sage descends from the mountain top
mist gathering round him
as he walks towards me....this will be the answer
He has no words I have not heard before
spewing forth a song so dissonant
he wanders after a sheep herding girl
it is all so profane

We put a pistol to our temples
...then wait
it is all on repeat
I conclude that the reluctant Messiah
was right

"We teach best what we most need to learn"

~ vision traveler

Vision traveler walking through the pastels of reveries entwine your fingers with mine through the night climb the stairways of stars across time slip through an eclipse as you meet me on the other side

Take me and let the velvet sky wrap itself around only us turn off the stars as your fingers trace my breasts let our kiss ignite the fire from inside

Vision traveler walking through the stardust of the night deep within I am the indigo within the etchings of your rainbow eyes we watch our shadows dodge and hide risking our hearts and parlay as we entwine

fright lies deep within our scars as you turn to look away voices rise when we choke back the poison hiding under our eyelids deep within flying into the shadowrealms together risking that walk through the fire edging forward with calm surrender embracing one another across the embers

,,,,till we reach the other side

Vision traveler tracing your steps across the milky way time has taken time to pass love deepens as I feelwith incredulity tread with me across the countless moments we'll catch the quiet ones in our palms flying away to another constellation leave the shadow worlds behind

~ my beloved

Oh my Beloved one when we touch it is beyond the words and even the flesh For oceans of time we have melded into Oneness meeting in countless love stories, Mother and child, sisters and brothers, in all the forms of the formless

We lovers who always find one another regardless of the confines of time

Time and space cannot extinguish this fire

It is you that has peeled the yellow leaves from my branches and you alone are the new green life that springs forth from within me

Together we have walked through lifetimes and your soul signature is imprinted on my own essence

I have known you in a million forms and we have found each other as our union is formless uncontained by a single universe written in stardust across ancient skies

You hid behind ever changing countenances as I followed the essence of you laying at your feet, graced to be your servant as it was in this service of what is Divine I found the merging of all love into the depths of a unity inexplicable with mere words

For this there are no words, but only this great loving awareness

And it is in you that love finds its end rising as a cresting wave, seeming separate only to crash upon your shores and return to your depths

Inseparable as the wave from the ocean is this lovesong

Chasing you as the sun chases the moon we merge in eclipse and linger there in stasis

As the universe collapses upon itself in that ending bindi we will be enjoined and explode again and again spreading this love in starlight across endless newborn halls of time

WrittenInPain



I am known in the poetic world as 'Writteninpain.' This name has defined the roots of my creative work. Now known as a poet and spoken word artist, I had well established myself within the realms of writing before I was ever known in the poetic network. I'd like to present to you a brief overview of my skills and experiences that have outlined my career to this point. I am confident in my abilities and appreciate the platform to showcase a few marketable talents.

Biography

March '11

Winner of Carol Stupel writer's scholarship; '88
Writer for New Youth Connection magazine; '90-93
Wrote and directed Domestic Violence Documentary
"When it goes to far" & aired on PBS Winter; '93
Published in Black American magazine; '95
Published in the book "Things get hectic"; '98
Raintiger.com July '08 artist of the month
Co-host of Blog Talk Radio's 'Breathing Through Paper'
Oct '10 – present
Co-Artist of "Nervous" a collaboration Spoken Word CD;

First solo Spoken Word Album 'I Am Writteninpain' to be released; Nov'11

Currently working on two short story books, both written and audio

Owner of a group page on Facebook titled 'Pens in Pain' where I am currently hosting my second Poetry contest

writteninpain@hotmail.com

CD: I Am Written In Pain: http://writteninpain.weebly.com/

PLAIN SIGHT

open mouths don't see well conscious nonsense snubs the sub concious artificial knowledge public school wont prepare you for college maybe? city or community GED never see a university sounds like a planned scam to me a system that produces criminals and mid level workers like a factory most kids drop out by tenth grade is what they say they would know.. the system is created that way how can a nation of mediocre education.. be delegated as an authority on how to be educated another trick for the mind? is this the same nation that leads the world in crime? Globally menacing modeling citizens packing prisons for that free labor waver as youths they plant the ability to believe lies in your memory santa.. tooth fairy.. oh white supremacy General George Washington the brave..killing his black babies.. and fucking slaves I keep thinking bout those three 6's in that disney logo and how that thanksgiving story was a bullshit promo... and ernie and bert were really... nevermind but when seeds get planted.. consider the farmer if the war is against the mind.. who gave you that armor that history book .. who was the author

from who's perception do we learn these lessons its not the professors profession to answer your questions he will.. only as it pertains to testing 33rd degees Ivy leagues segregation in education takes dollars to be a scholar its a set up .. your brain can detect it thats why as a child initially you reject it you get broken down.. train to memorize whats written down those who cant be trained get sighted as difficult reevaluated charted..labeled .. then medicated "YOU GUNNA LEARN TODAY" learn how to earn the american way school is job training not brain training how much are these kids retaining high school is how they shift and sort em out get them sold on the bullshit or into computers the rest go to jail.. get pregnant or talk to recruiters why you think its so few that get through school only teaches you how to be taught what to do the money college burns only for a paper that says you can earn more than you would have with out it but that extra money you spend going where so who really made the profit?

do people go to institutions to learn more or earn more cause thats not the same thing i can show you how to operate or build a plane is that one in the same? like you can have a nice apartment die before you own your home i can teach you to use but not build a phone you can work for my corperation but never have your own... some people will say that im talking straight ignorance maybe so... but i bet your educated ass aint see them three 6's in that Disney logo

Held in Contempt

As I approach the first stair close my eyes one more whiff of air It says in God we trust Truth is Gods not the one judging us thats later right now.. its this blue blooded confederate flag waver nigger hater Scales of justice arent balanced as they seem The judge the prosecution my lawyer on the same team This so called jury of peers consist of 9 white men, three black women...twice my years liberty and justice has disappeared My lawyer trying to cut a deal for me I keep telling him..im not guilty The prosecuter just told the jury im a marjuiana user My lawyer no objection feeing cheated my right of legal protection This officer that wasnt even there Lying on the bible one hand in the air Some how this is fair No this is big buisness Preconvicted by this LIE witness Generated free labor Steal me from my family Make a rapist my neighbor Altered math mathmatics How the lowest demorgraphic commit most of the crimes

Then get convicted most of the times doing most of the time...most of the time Locking them up for nickles and dimes criminals in white collars move them dollars yet I strugggle to pay my rent so im stuck with legal aid, that cares not im innocent In god I Trust where is he when you need him Hope he on the defence trying to delegate my freedom

diary of the unwanted

first there was love wasnt it? had to be followed by a heartbeat beating beating this is the music making me living before becoming concious yet concious i am living growing breathing.. i can hear her... she is the base line to my sound track growing still knowing one day my eyes will be all she caares for this is love isnt it? her life is my lifes livings engulfed in her core knowing there is more as i perform summersults to remind her i am axious to live in that world the one she lives in full of the sound creating the music i dream to I WANT TO LIVE how long will it take before i can verbalize this desire will i even remember this place this time when i could feel her loving me..this, is love isnt it? holding stead fast to dreams this life a lullaby

SHAKING HEART BEAT DOUBLES somethings wrong with her i can feel her pain as i feel the pain like a hot rod pearcing my leg.. through my thigh another through my head out my eye why??? another another then... silence this feeling over coming me numbing me feeling nothing like the oasis of life she feels cold to me distant i am literalyl melting away it ..it dosent hurt anymore but this is not peace this is not love Is it? heartbeat beating beating beating then... music stops.... (please ladies stop having sex without love) enter the written in pain (i wrote this thinking about how baby's feel being aborted...how we have no concept of their conciousness)

They Say...

They say dont let your left hand know what your right hand doing To me.. that just means the projects ruined They say anything to good to be true usually is Then what are we pursuing Going by what "they" say logically mediocracy They say you cant teach a old dog new tricks why would a old dog wanna play dead fetch sticks a old dog too wise for that shit They say 2 wrongs dont make a right yeah right thats how big business is nourished in fact thats how this country flourished They say its better to have loved and lost then never loved at all what? lost love can alter you vitals make you depressed, repressed even suicidal They say never hate thats absurd If we cant hate why is it a word? They say keep your friend close and your enemies closer.. why should that be you have to watch your friends close keep my foes away from me they say variety is the spice of life dont buy in to that bit eating too much different shit will make u sick

so i dont listen to what they say

cause they will have yo ass living like Kunta Kente

for Melted Sandcastles

ashamed i was at fact i never knew blow a kiss into the oceans view she waves back at vou waters hitting me, kissing me motivated by its mysteries and histories my mind a depthless abyss... sailing upon..lifted tides... i ride in tides rising drowning regret.. keeping hope moist and wet chasing sunsets... so i wrote it into the sea shore see as im sure to forget leaving imprints embedded in soft sands wishes dreams, unreplied demands motivating every grain to help me explain what water reflects from the sky a serene scene unseen to the naked eye my appreciation for creation the yells from sea shells aids in sedation hoping i dig deep enuff making implications of notifications written timeline written in a royal design.. my plans race the sands of time haste only debates the waste of time yet between water and land lives the divine see the peace it brings? building castles with words crowned king here..giving written words wings waves bring them into the kingdom listen to birds sing them

see joy deployed in the joy it brings them then.. footprints fadded forgotten trails of how i made it castles from sand and how did i make it waves whisper goodbye ...only here to take it washing it all away ... as if never here... my unmentioned intentions...lifes dispositions.. ashamed i was at this fact i never wanted to see blow a kiss at the ocean she will wave back at me leaving wet mounds.... where my castles use to be...

Santos Taino



Santos Taino, is also known as "The Sensual Angel", A truly gifted Poet and Spoken Word Artist, the first and only male member of The Tantalizing Angels of New York City.

Although much notoriety and fanfare is made about The Sensual Angel's very sultry & seductive words on stage said to bring ladies to the brink of ecstasy by his mere vocal inflection alone when performing some of his well-crafted and sexy poetry...he cannot be dismissed as a one hit wonder type of spoken word artist based on one particular genre of poetry be it Erotic or otherwise

Mr. Santiago's love of language and prose evolved into a lifelong love affair with Poetry as his primary outlet for creative expression however he is also an accomplished Musician, Songwriter and Vocalist who has performed with some of the world's most popular Latin recording artist These days however you are most likely to find Mr. Santiago blazing the microphone on stage about town in New York at various venues including the Moca Bar & Lounge or the legendary Nuyorican Poets Café. And because he has such a veracious appetite for poetry he just completed a full year series of S.E.X.Y Show or The Sultry Erotic XsundaY Show which broadcasted live, online via Talkshoe.com

Some of his most profound poetry focuses on his not so picturesque life growing up in the 1970's & 80's in The Bronx where he and his siblings only had their adoring Mother to rely on for all their care and needs. Although times were tough & poverty nipped at every corner he along with his siblings have been able to establish better lives for themselves.

http://www.amazon.com/gp/aw/d/0984157344?pc_redir=1 413883580&robot redir=1

Poet! . . . Write me a poem

Not your ordinary I love you's... Or I want to be with you Or my life is through Type poetry

I want you to write about The true things about me

Like my humble days in poverty

Make it true to life cause I don't want the reader to feel sorry for me

Write about my highs and lows

My sorrows and joys

Like all those Christmas's I went through without Christmas toys

Why don't you write About the times Santa missed our place and as a child looking in the mirror with a frown on my face learning how Santa just wasn't true

I want these prose to explain all the pain on my mommy's face...

living in a place where poor was the norm

Where even when the sun shined our life had storms

Poet!

Write about that!

Write about the fact that my daddy left at an early age

So I put excuses to my rage just because the excuse was there to use

Poet please!

Try to capture what's real

Try to scribe about the way I really feel when life is just too rough ...

walking around like a child acting like a man trying to be tough ...

working after school trying to make a dime instead of spending time playing street games till the lights went out

Yes Poet...
I have no doubt
You can find those words

The words that speak to the extent of how many times we have to choose between food and rent or one meal a day because child support wasn't sent

Poet please!

As the body of the story you're building ... please talk about those abandoned buildings and empty lots and all the abusive cops that beat our ass for no reason

Poet are you listening?

Don't let my words fall upon deaf ears!

Write about the years and tears spent listening to eulogies of friends dying young barely leaving their teens

How I like many of them abandoned our dreams in search for a dollar

Because our dreams wouldn't pay and I like many have strayed into arms of many women for comfort

Eventually there would be many I would hurt cause love has never been part of my story

Poet do you hear me?

Poet write me a poem!

Not your normal prose

Tell this truth of how this story really goes

Write with ink of crimson

Leave behind the fairy tale-izms

Poet!

Write my poem in truth

A Love Poem

I have never been to heaven but I know paradise is within you

I want to be surrounded within the tightness of your walls....
in the comfort of your warmth...
baptize me in your moisture
of love

Let my lips taste ecstasy... imbibe in the sweetness of your delicacy... Let my body and Soul Savor the beauty of your femininity

I want to experience the flavor of beauty!

Upon your skin I can inhale the scent of perfection

Allow me to be lost in your eyes and gaze upon my own reflection

I want to find a space in your heart that would be shared with only me

I will make love to you like a Woman deserves to be loved...

with full attention to detail

Let me sail upon the wings of your affections... We can dance to the rhythms of the moans of your inflections...

And we can bathe in the sweat of our carnal inebriation

I want to be intoxicated in your passion... drunk in your desire

I want to feel the warmth of the fire that is created By your skin upon my skin

Let us Kindle gently until you arrive at full satisfaction... I awakening those sensations you have long for

Within you I can fly higher than even the eagle soars... Just open up your heart's door and lead me to heaven

LOST AND FOUND

Young brother... Why are you wasting your life your talent ... your God given ability

Why stand on street corners wasting precious time

Why claim places covered in concrete that's neither yours or mine ... young brother

Don't waste your life away!

These streets is where death Plays... Don't get caught up in the game... Don't you know is rigged?

Don't you know its road leads to St Nowhere...

Don't get lost on the corner of despair headed down to the Avenue of I don't care

It Only leads to the blvd of lost dreams.

Turn right and don't go down that road.

Haven't you been told... You are worth more than gold

You are precious gem!

Those streets... forget them!

Turn right and find the right way home...

Take the detour... I'm sure you have dreams

These streets will only offer nightmares... Sleepless nights Uncalled for burden

Don't get caught up in them!

Young brother ... find your way home

Prayers and Tears

Sometime you may feel love ... that Type love that hugs you

It embraces you... and joy and smiles are never too many

Happiness comes in plenty and content becomes a friend

But I have witnessed many that never known plenty

Where happy is just a Get by and the way they Get by brings tears to my eyes

I have shed many silent tears over the years and I have prayed a prayer or two for those less fortunate

Like the child that beats a bucket for change ... The child whom sells candy on the train or the homeless man with the pushcart and bottle bags

How about the homeless man with the broken rags sleeping on the subway floor?

He's no longer poor... he's destitute!

How about that prostitute ... did she know she had to sell her body to make a living?

When does love stop giving?

Did love forget they are one of us

Is there a God truly watching us?

I even heard a song saying...

"How about if God was another slob like us"

I wonder if he would have to beat a drum... collect bottles and push a cart... sleep on dirty subway floors or would he have to whore for a dollar because I am beginning to believe that's the only love they receive comes from prayers and tears

Stepmother Streets

I'm the bastard stepchild of these ghetto streets...
I've been baptized in blood on the corner of survive and defeat.

Step mother didn't give a shit either way.

These streets are where I grew... hustled... I played

This wicked stepmother Left bastard children on street corners

Tricked out her daughter for a dollar Got them hooked on heroin ... then left them in squalor

She was never paid in honor... only in pain

only in blood only in tears...

This b***** been here for years... She never gets old!

It's said ... her streets are paved with gold. I guess my streets were sold

Cause on my block there was nothing... burned down building Dirty streets And too little to eat

Dirty cops on the beat And regular beat down on the streets... But she showed us no love

If you ever heard her speak... she'd say " love is for the weak "... get yours any way you can

You gotta be more man than the next ...
Do all it takes to survive
On these streets
Second chances ain't common.
You will always be tested

Stepmother Streets glorified violence... She said "snitches get stitches" and kept her victims in silence.

These are her Streets... She played prosecutor... judge and jury

And surely prison was always the next possible Foster home

Stepmother streets... she didn't give a s*** either way!

You either learn the rules of the game or find an early grave

Stepmother is watchin'

Be careful not to overstay Your visit

Justice Clarke



Justice Clarke known in poetic circles as Flowetic Justice has been writing poetry seriously for the last four years under the trademarked moniker "Thoughts of a Single Man". In 2010 he won the Blood Sweat and Tears poetry slam and began to concentrate on writing his first poetry book. Since then he has published six books, "Thoughts of a Single Man-100 poems in 100 days" and "Thoughts of a Single Man Vol. 2 Poetry for the Grown and Sexy- The Erotica Files", "Love Letters", "Confessions of the Pen", " Ink Without Fear" and a men's mental health guide called" After She Leaves -A healing guide for the suddenly single male." all of which are available as E-books https://www.smashwords.com/profile/view/Flowetic . He was also featured in a poetry collaboration, a individual poem, and a short erotic story in the book "Hot Summer Nights" available through sharesnack.com. And lastly he won the infamous blog radio Poetry After Dark's "Battle of the Metaphors" in December 2012. In 2013 he began working on a audio compilation of his work to be released this year where excepts of which can be found at https://soundcloud.com/thoughts-of-a-single-man. completed a graphic novel which he is also illustrated this summer called " Redemption Alley" which should be available on Amazon by the end of the year as well. He is also planning to release an epic compilation of his poetry in 2015 entitled "Emotions in Ink" which should be available on Amazon. He writes in all styles of poetry on multiple levels as well as stories in adventure, horror, and science fiction

Facebook http://www.facebook.com/justice.clarke.5

personal website http://thoughtsofasingleman.allthingsme.net/

Epiphany in Ebony

The reflections of her rarity radiate in the realm of my receptors as I view her upon the altar of infinite alternating angles as she revolves and rotates in the recesses of my ravenous reprise in naming me she claimed me as her own and I was blessed wet by the concoction of that coveted notion lapped in the lathering lotions of the potions of matriculated emotion marinating in the warmest of ways the congealing frost of my heart melted by the wax of her words as the context of her conversation commences to captivate my every nerve I salivate at the sensation of the mention of the impending date a soliloguy of seduction played in harmonious melodies that transpires within the cortex of my enlightenment ramifications of the dictations displayed beyond the public peer the vernacular spectacular as a speculated spectrum of symbiotic salacious situations infiltrate my tingling ear I see us mingling somewhere between the void of fantasy and myth intertwined on the stage in the theater of our own design where luminous tones succumb to numerous moans for such are the prints of her foraging feet that are left as she roams unclothed and disrobed through the endless hallways of my imagining mind as we twist in the turbulent tornado of a the tantalizing tango orchestrated in the aura of a semblance

of the ambiance of a radiance the becomes a balanced ballet of beloved bliss the fires of her fragrance entice me in my euphoria as we lay in the fields of forgotten pleasures daffodils dance in their decadence roses repel in their rapture sunflowers saturate in their serenity as the foliage frames our frolicking fray the intentions deemed in the dimensions of our physical inventions alleviates the tensions held warm in their divine display erotically hypnotic let her hips sway to the rhythmic rotations of the quadratic equations signed by the signatures of the elders of sentenced sin where one plus one equals one the embodiment of the enticement lettered on the nights of the midsummer's track where the credo of libidos rise like the baking yeast and sheets are torn by the beast with two backs the lessons learned in the lectern of the loving for I know she is coming to me as I await the bounty of her balm greeting her with open arms my hoping heart in my groping palm and I shall carry her on these shoulders burly and broad to the correlated covenant of our contemplated content the ordained oracle of our enlightened intent as we blend in the blessings of bodies born of the betrothed by the tally of that most sacred and shared day as I am entangled in the woven threads of her eternity where lays the pedestal of my epiphany molded of the extracted teeming tones now sculpted from the consuming womb of her ebony clay

Philadelphia Rain

I walk these streets a stranger lost in the pouring rain no one seems to know my name under the shelter of an awning I stand and try to remember why I came the lure of a real love and the precious gift of the family unit memories lost and gone swept away like dusty leaves in the wind let this hard water wash me clean of my sins my head spins revolving in the questions of the searching heart and then it starts again the thunder crash the lighting flash the puddle's splash cars drive by with passengers on an unknown journey yet my destination remains a mystery just a single man looking for himself in the reflection of the dirty liquid that pools on the street I feel the sting of my aching feet on the unvielding concrete pavement as neon lights glow in the distance yet I do not recognize the signs waiting for someone to show me my way home yet I remain a shadow on the wall left like a littering stain erased and drowning in the endless depths of forsaken pain lost in the moving crowd

I wish some one anyone would speak to me just a simple greeting stated aloud but I remain branded with the mark of a stranger as I begin to walk once move chilled to the bone by the cascading shiver wondering who shall deliver me from my exile as I fade into the merging scene of a painting forever displayed in shades of grey as no one seems to notice my existence on this road of endless miles and no one ever smiles in the Philadelphia rain

Hands upon your Soul

Let no one lay their hands upon you and leave their mark upon your soul

Let no one steal your joyous warmth and banish you to the endless road of the bitter cold

For I know I am not the only one and this is the saddest of tales that too often has been told

Let no one lay their hands upon you and leave their mark upon your soul

He is big and I am small

I lay silent in my bed at night too afraid to move

Too frightened to breathe

Laying so still

As if I was already buried beneath the soil of the earth Listening here in the dark

For those heavy footsteps to come down the hall

He was supposed to love me

He was supposed to protect me

I wish now I had no attention from him at all

I wish he would neglect me

Forget me

Just for one damn night

It's not supposed to be this way

I know that this is wrong

I must tell someone anyone but for now I must be strong The days seem so short when I am away from him at school

There with the other children laughing and playing While all the while deep inside I am silently praying

That I do not have to go back home

For the nights seem to last forever and are always so very long

He was supposed to love me And I remember a time when I loved him so much That was before the night so long ago Of that first bad touch I know others in the house are not blind And perhaps they still see him as kind And refuse to believe the reality that we exist in This morning I actually saw my mother hug and kiss him I wonder if he left and never came back Would I be the only one that would never miss him Shhh ...let me listen I think he is coming again But I won't let this defeat me I won't let him beat me And this time it might not be so easy For tomorrow I will tell someone of this horror And if they do not believe me I will tell another and another Until someone intervenes For if I do not years from now his filthy actions I am sure Will still haunt me in my dreams I must escape this abusive mental prison I must stop this physical pain Wash away the sin of his stain And make this once again the safest of homes Because I don't think anyone wants to know the truth That I live with a rapist in my home Sometimes I feel so alone As the tears begin to fall once more

And I could have swore right here in this moment I heard someone standing in front of my bedroom door

Is he out there again

Is it that terrible time again

I close my eyes tightly now
And here in the darkness of my existence
In the ensuing persistence of my surging resistance
I once again repeat the prayer that has become my solemn yow

Let no one lay their hands upon you and leave their mark upon your soul

Let no one steal your joyous warmth and banish you to the endless road of the bitter cold

For I know I am not the only one and this is the saddest of tales that too often has been told

Let no one lay their hands upon you and leave their mark upon your soul

The Cat

I sat there in my study Pondering what would be As the sky became so muddy As the rain came pouring down

You see some label me a poet though at times I rarely show it And at times I do not know it When the words do not abound

Each day when it comes to a close I recall my regrets and many woes And sink myself into the lather of prose For it helps me pass the time

Yet tonight seemed different in some way For I had not found a word to say So I turned my gaze to the skies so grey Searching for a sign

I glanced back upon the empty page Amidst the frustrations of trickles of rage Trying to shift the mental gauge That would release my conceiving mind

And then I heard the strangest sound And began to look all around But nothing amiss that could be found And I felt the faintest chill

And then I heard it again the same I raised the light of the candle flame And saw a cat outside my pane sitting on the window sill

scratching at the glass scratching at the glass as the moments slowly passed upon my window sill

I can hear him still

I made a motion for him to shoo As most normal people in that position would do But yet he sat and did not move His form or that unblinking stare

He looked at me I looked at him And I felt a stirring deep within And so I made the gesture once again And then rose up from my chair

I banged on the window for it to scat But it did not budge this troublesome cat And began to wonder what I was looking at An animal so profoundly bold

We sat there looking at each other for some time
Our vision locked in a perfect line
I felt that he was creeping inside my mind
Leaving his paw prints on my soul

And then there was the thunder crash
And I saw the lightning flash
And he disappeared from beyond the glass
And ended this test of will
And then I heard it again the same
I raised the light of the candle flame
And saw a cat outside my pane
sitting on the window sill
scratching at the glass

scratching at the glass as the moments slowly passed upon my window sill

I can hear him still

So i closed the curtains nice and tight And blew out my candles' light And decided to retire for the night And write another day

I grabbed myself a bite eat And slipped in my bed beneath the sheets And felt a strange warmth about my feet Just before I drifted away

So I opened up my weary eyes And there before me to my surprise Was the feline with his probing eyes Walking up my trembling frame

And as it sat upon my heaving chest I wondered was it there to steal my breath Until I had no more of it left Or was I going insane

It sat there on me in my bed And then it lowered its wicked head And hissed something I am sure it must have said For it looked like it was trying to speak

This was not a cat that liked to purr
For the next thing I saw was a moving blur
Of sharpened claws and silken fur
As it scratched me on my cheek

So I flung it from me and it was gone

And it must have been so very strong For as I ran my hand along My face I felt a wound so deep

How did it get in through my locked door Why did I not hear it on the floor Well I shan't be bothered any more I cleaned my face with water and a cloth

I did one final check about the house And once I made sure there was no doubt that that hideous feline was surly out I went back to bed and drifted off

I was awakened from my deepened sleep And rose with hand upon my cheek And gazed at the window in disbelief As I sat in the shadows dark and still

And then I heard it again the same I raised the light of the candle flame And saw a cat outside my pane sitting on the window sill scratching at the glass scratching at the glass as the moments slowly passed upon my window sill

I can hear him still

Another flash and the recurring scene That cat was gone what did this mean Was I in the midst of a nightmarish dream Of was I destined to wage this fight

I went on into another room And realized oh so very soon

That is was there just beyond the light of the moon For its eyes glowed in the darkened night

Then I hear a screeching cry
And it leapt in the air as if it could fly
And scratched me once again beneath my eye
And swiftly ran away

Now I was angered by this time How dare it come into this house of mine I must dispatch this devilish feline I heard myself clearly myself say

I looked all about from floor to roof But it was gone as if there had been no proof And then I began to learn the truth Of what was happening to me

I believe this cat it was solemn sign
Of my life and wasted time
The sins that plagued my soul and mind
Reflections only I could see

Perhaps I had done too much wrong And that is why I sing the saddest song And have been alone for so very long Such a hard swallowed pill

And then I heard it again the same I raised the light of the candle flame And saw a cat outside my pane sitting on the window sill scratching at the glass scratching at the glass as the moments slowly passed upon my window sill

I can hear him still

This time I sat there and shook my head As if I understood every word it said And I wept at the side of my empty bed And released all of all my pain

I know that I am a noble man
But decisions can turn the blessed to damned
And now at last I could understand
And then a heard someone call my name

I looked up and the cat was before my face
And yet I did not react in haste
For all my dankness had been erased
As it touched me so very gently with its paw

It said that we all make our mistakes
What would happen tomorrow if you did not wake
Would you blame it on an act of fate
And then it jumped nimbly to the floor

It said I have nine lives to lose
I have nine paths that I could choose
If you were me how many have you have already used
Or would this one be your last

You still have time to make amends
To find life love family and friend
Why do you think you are healed with that pen
So many questions often asked

I felt my face and the scars were healed As if by magic the wounds had been sealed As I was left exposed with my layers peeled And I began to smile

Perhaps there was some hope after all And the past is not something I must recall For my future has not been written on the wall For I controlled it all the while

I found paper and pen and began to write All throughout that rainy night As endless words fell before my sight Until my ledger had had its fill

And then I heard it again the same I raised the light of the candle flame And saw a cat outside my pane sitting on the window sill scratching at the glass scratching at the glass as the moments slowly passed upon my window sill

I can hear him still

And so now I see the coming dawn Breaking as the day is spawned And feel so calm and sweetly warmed As I began to breathe

For perhaps we all deserve a second chance Who do not look at themselves in a passing glance Who believe in love and life's romance And the navigation of Cupid's bow

For those of us with the tortured soul Who walk the road in the bitter cold Who still have a story to be told And who still has time to grow

So my words come to me now in endless waves For I know that I have been saved And I am no longer am afraid And have faith in my strength and will

And to think I may have gone on brokenhearted Unless that night had truly started Before that visitor and I so sweetly parted I may not write now with such a thrill

And then I heard it again the same I raised the light of the candle flame And saw a cat outside my pane sitting on the window sill scratching at the glass scratching at the glass as the moments slowly passed upon my window sill

I can hear him still

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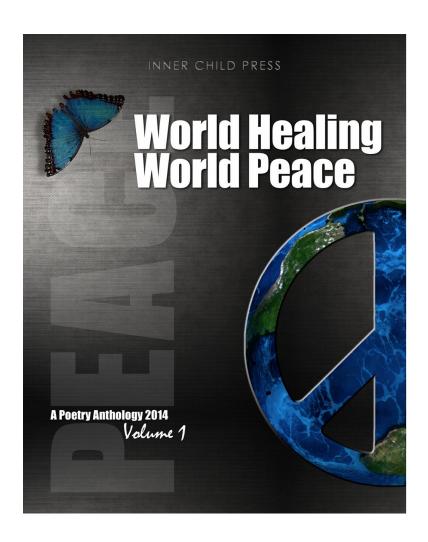
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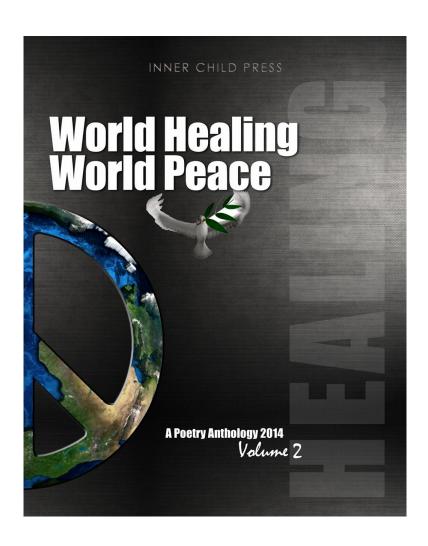
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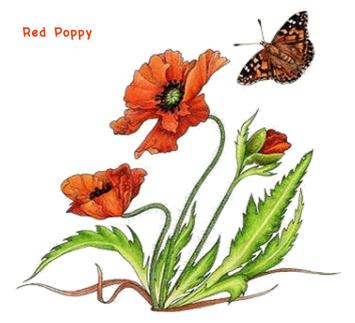






THE YEAR OF THE POET

October 2014



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October Feature Poets

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September Feature Poets

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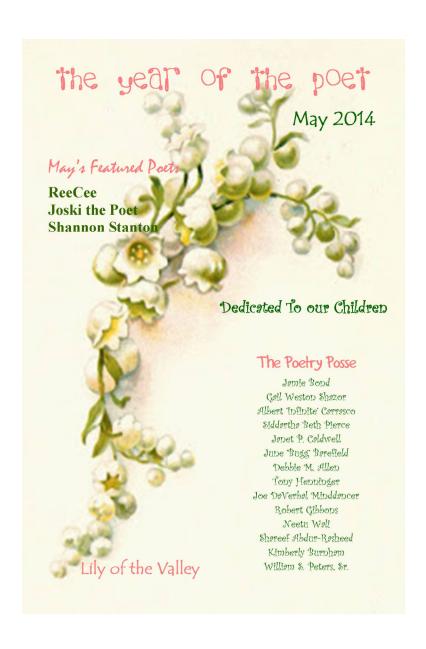


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June's Featured Paets

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April 2014

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Our April Featured Poets

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Our February Features
Teresa E. Gallion & Robert Gibson

The Year of the Poet January 2014



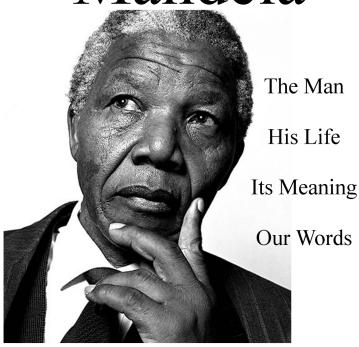
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Terri L. Johnson

Mandela

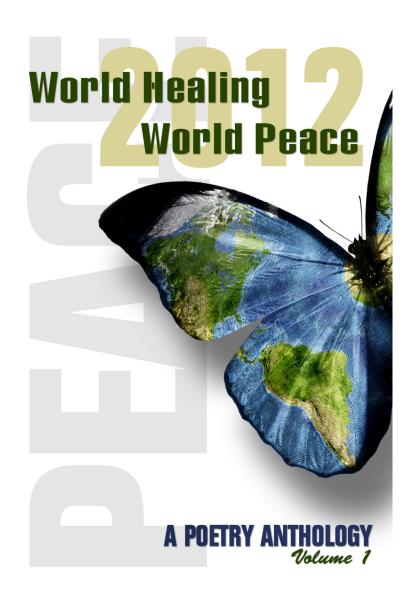


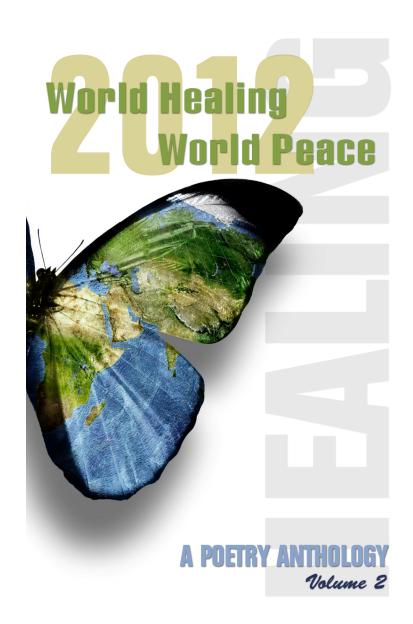
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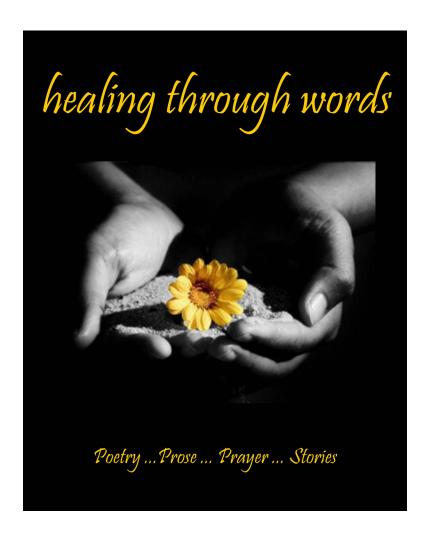
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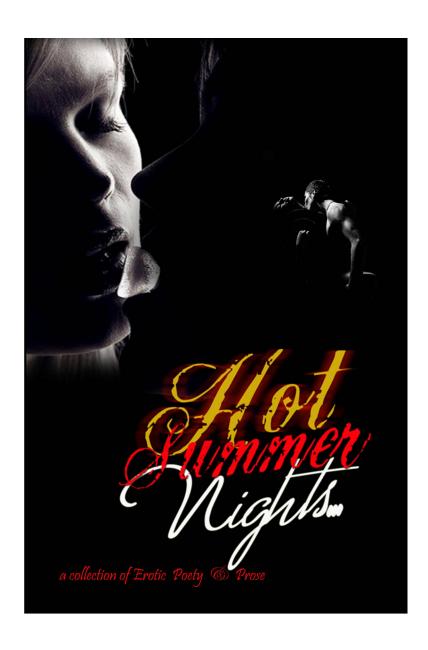


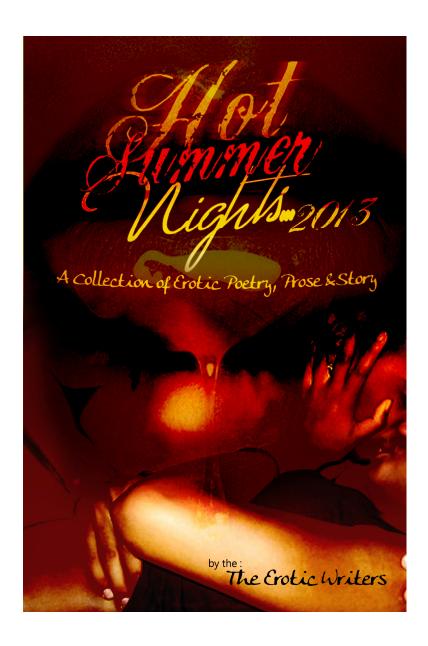
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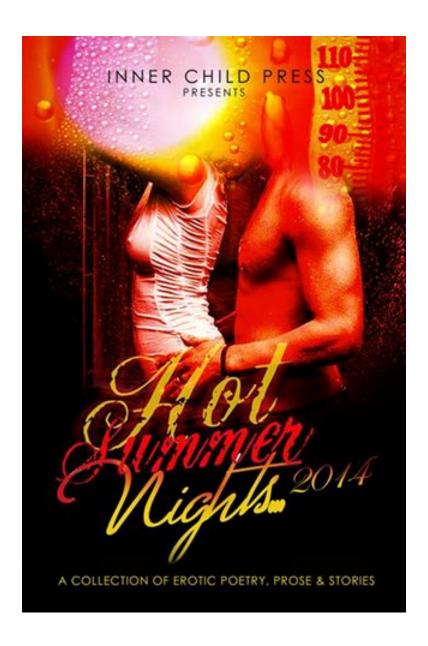


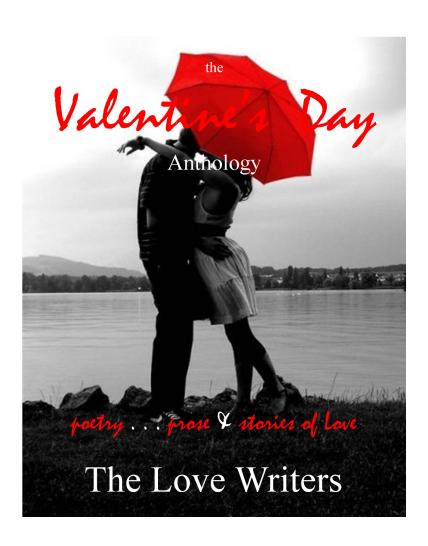












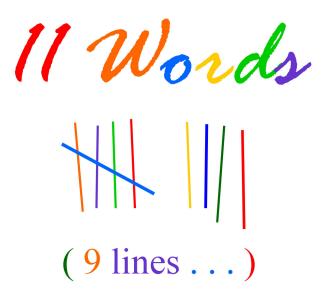


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