THEY AR OF THE POET II

February 2015



FEBRUARY FEATURE POETS

Iram Fatima * Bob McNeil * Kerstin Centervall

The

Year

of the

Poet II

February 2015

The Poetry Posse

inner child press, ltd.

The Poetry Posse 2015

Jamie Bond Gail Weston Shazor Albert 'Infinite' Carrasco Siddartha Beth Pierce Janet P Caldwell Jackie Allen Tony Henninger Joe DaVerbal Minddancer Robert Gibbons Neetu Wali Shareef Abdur – Rasheed Kimberly Burnham Ann White Keith Alan Hamilton Katherine Wyatt Fahredin Shehu Hülya N. Yılmaz Teresa E. Gallion William S. Peters, Sr.

General Information

The Year of the Poet II February Edition

The Poetry Posse

1st Edition: 2015

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Dedication

This Book is dedicated to

Poetry . . .

its Patrons,

the Spirit of our Everlasting Muse

R

the Power of the Pen.



Foreword

Greetings to our Family of Readers,

Welcome to February 2015 Edition

I personally am so excited about what we were able to accomplish in 2014, and so looking forward to what we propose to do in 2015 with the continuation of this effort, The Year of the Poet.

If you are not familiar with our humble beginnings, it started with Jamie Bond and myself having a discussion in 2013 about our commitment to Poetry and Publishing. We had resolved to publish a book a month. Well, Gail Weston Shazor got wind of our dream and wanted in. Of course we could not refuse. From there it took of with others being added to the effort such as Janet P. Caldwell, Albert Infinite Poet Carrasco, Tony Henninger, Siddartha Beth Pierce, Shareef Abdur Rasheed, Neetu Wali, Kimberly Burnham, Debbie M. Allen, Robert Gibbons, June Barefield and Joe DaVerbal Minddancer. What a year we had.

The primary focus of this effort transmuted into broadening Poetry's reach into other poetry circles as well as new readers. I think we have been quite successful in accomplishing that vision as a group of diverse writers came together each month to share their words. We also went as far as to feature additional poets each month to include some wonderful writers and visionaries.

See our Web page a Inner Child Press to see them all.

http://www.innerchildpress.com/the-year-of-thepoet

Again, this year we have made a few minor adjustments as we have expanded the core group, The Poetry Posse. This year's lineup is as follows:

Jamie Bond
Gail Weston Shazor
Albert 'Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
Jackie Allen

Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur – Rasheed
Kimberly Burnham
Ann White
Keith Alan Hamilton
Katherine Wyatt
Fahredin Shehu
Hülya N. Yılmaz
Teresa E. Gallion
William S. Peters, Sr.

Take some time, and sit back and enjoy our humble offerings this month and this year.

All previous Publishings of The Year of the Poet are available for a FREE Download at: http://www.innerchildpress.com/the-year-of-the-poet

Bless Up

Bill



Preface

We are here we are in a new year and we have expanded our poetry posse. I am so excited to be a part of it. If you recall last year, the Year of the Poets book covers each month were themed on the monthly flowers, this year it is Precious Gems Stones.

We celebrate the majestic mindsets within the monthly publications of themes, writing prompts, causes and of course free thought; with a driven purpose to enlighten and empower the readers within the diverse unity of our ink.

As you will see too; there's a wonderful light shining thru each writer that allows you to see, feel their shine and relish in their love for the art of speaking on paper.....

Enjoy and Thank you

Jamie Bond

Thank God for Poetry otherwise we would have a problem!

~ wsp

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Poets, Writers... know that we are the enchanting magicians that nourishes the seeds of dreams and thoughts... it is our words that entice the hearts and minds of others to believe there is something grand about the possibilities that life has to offer and our words tease it forth into action... for you are the Poet, the Writer to whom the Gift of Words has been entrusted...

~ wsp



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Poetry succeeds where instruction fails.

 \sim wsp

Jamie Bond

Jamie Bond



The Year of the Poet ~ February 2015

Jamie Bond aka UnMuted Ink is an authoress, radio show hostess, poetess and spoken word maven.

She is; as she says "google-able" if you type in itsbondjamiebond or unmuted ink; you'll find her on various social networks. Born and raised in Brick City aka Newark, NJ. Jamie Bond has been recognized publicly by her peers in various genres for her poetic influences. Her Poetic resume is extensive and her spoken word performances go far beyond 1,000 stage appearances globally. Best known for her networking and marketing skills; her future goals are to become more grounded as a liaison for a variety of fundraisers, activism, volunteering as an advocate as she uses her pen and voice to empower and raise the consciousness of those around her.

Her Motto

Help me to help you to help us... BUT if helping you hurts me, then I can't help you!

http://www.facebook.com/IBJB.BrickCity

The DNA of me

The DNA of me is the art of me I'm from a generation of a generation Of writers psychics and artists Land owners and freedom fighters

I come from a long line of Educated educators Teachers, social workers, Humanitarians and trendsetters Hustlers And get off your ass Go getters....

My bloodlines filled with hard work that'll pay off Heavy eyelids, ashy elbows and slick ass palms We got a lot of love and no room for tragedy We come from Nipmuk/ Penobscot and Mohawk tribes Traced way back to before the 1800's on both sides I know where I'm going cuz I know where I came from ;)

Paternally I originated from A long list of Moore's, Brown's, Matthew's, Wofford's, Wyatt's and Correlle's from North Carolina districts A long line of Master Masons and Eastern stars and All God fearing Loving homes and fast show cars We call em green collar dollars workers

Maternally I Come from Reeds, Walkers, Jones, Ward's, Wyatt's and Freemans All from the New England Massachusetts regions

The Year of the Poet ~ February 2015

I come from a stable lineage of strong women Who didn't need to be needed but appreciated it Of common sense above greediness Play writers, authors and high achievers

The DNA of me is a sure thing My destiny has sturdy branches within my family tree A call to service be it in hospitals, hospitality or military service

I come from the slaves that camouflaged with the American Indians

The blend of my family is a sight to see from black albinos to

Pecan tanned, woolly red hair, freckles, dimples or Green eyes, Blond hair and moors with dark skin

I come from broad shoulders, strong backs, Survivors, the medicinal providers The shamans, the patriarchs and matriarchs And paladins of families

The DNA of me
Is in everything I do, spyt, think, speak and ink
Jamie Bond aka tribal name Autumn Breeze
You can call me Unmuted Ink ♥

WELCOME2AMERICA

Welcome to America where we got backassward laws Where the judicial systems so broken they're beyond flawed

Where even with a doctorate jobs are still scarce Where your chances of gettin shot by a cop are higher than becoming a millionaire

Where we don't love ourselves and display hate for each other Where the higher the sentence appointed coincides with your skin color

Where woman have rights to killkeep
And put a kid up for adoption
And the only thing a father has is court appointed payment options

Welcome to America
We are looked upon as property in an oligarchy nation
for entertainment purposes
We are tortured
to mollify their humor

The Year of the Poet ~ February 2015

And they play monopoly with our future
Police officers are being replaced by storm troopers

Where we exist hustle backwards and still can't make a living that we can live with

Where in less than a min
we got 100 trayvon martins
Being murked by zimmermans
Coupled by a fascicle
of Eric Garners
& Deing Wike Browns on our blocks
Being wrongfully gunned down
and trounced by the cops

When we got brothers and sisters in the hole pending falsified cases constantly Due to privatized prisons in the form of quotas called occupancy guarantees

This ain't no past time this is a passionate speak our souls spyt in caps and bold fonts consciously

Textual Relationship

He never tells her loves her without being prompted to respond

Calls her when he wants sex but never just a random how ya doin text

Star struck for the back shots She's stupid ... cuz she jocks this dude like she's a groupie

Then she says he never takes her anywhere She complains she's never met any of his friends I'm like wow!

How come you tryna flip a booty call you're a free hooker to this dude He doesn't give a shit about you He ain't even taking you to a drive thru getting you a happy meal!

I'm like does he give you money? Does he feed you? Pay a bill? She said nope, but sometimes We go half on a hotel I'm like wow! So you don't think you could do better huh?

The Year of the Poet ~ February 2015

She goes I love him I'm like riiigghhhtttttt What's his favorite color? What size shoe does he wear? Where does he live? How many kids?

If something happened to him who would you tell?

How do you love a dude that you don't know much about Look wake up Not trying to bust your bubble But ummm NAHHH You a booty call ma That's it And if you're happy with that Then it's okay too But just understand this, You're not in a relationship If the only time you hear from and see em is for sex Then keep it moving Get yours and bounce Find a mirror quick cuz you're looking stupid to yourself

You're sitting over here Acting infatuated and love sick What you have is a purely textual relationship Where you find this muffuka at on craigslist??

Jamie Bond

If the only time you see him is at a motel Within 3 hours he drops his boxers' hits the box

Then he sticks and moves like a boxer and bails on ya Look yall she got the nerve to look shocked! ohhhh boy!!!

Like what the hell?? Oh well....♥

Gail Weston Shazor

Gail Weston Shazor



The Year of the Poet ~ February 2015

This is a creative promise ~ my pen will speak to and for the world. Enamored with letters and respectful of their power, I have been writing for most of my life. A mother, daughter, sister and grandmother I give what I have been given, greatfilledly.

Author of . . .

"An Overstanding of an Imperfect Love"

&

Notes from the Blue Roof available at Inner Child Press.

www.facebook.com/gailwestonshazor www.innerchildpress.com/gail-weston-shazor navypoet1@gmail.com

Gail Weston Shazor

Story

This is my Story HisStory His sings to me Sing-song words His whispers my name Like his was magic Twirling my limbs with sweetness His arms stretched wider Than dreams I filled my lungs with his scent His smelled like love should HisStory HisStory In daylight his passes As if I am not there How quickly his is more important It's as if my body is not there I hold my head down And stir the pot for her HerStory Her calls me gal With the hard edge Of metal on iron Her loved me once Before the babies came Before the babies died There was no milk in her breast And I was too small Her hold me to her emptiness And her smell so sweet With death clinging to every inch of her HerStory HerStory The headaches came

The Year of the Poet ~ February 2015

Her sing song painful locked inside the room Like a calf born backward And her no longer hold me As she fades from HerStory HisStory His sing song fades from the lost rhythm I stay my story Because his and her can't live without me One to love, one to hate I rub my belly in the warmth of the kitchen His baby Her pain I sew the sack together from the cloth I have already picked out the big rocks Heavy rocks kept in a tree With the ribbon from her old dresser In his room, stolen I know their sing song will quiet When we are all tied together HisStory HerStory MyStory **ItStory** Will all end with 4 rocks In the love sing song water And we will all finally be free

Gail Weston Shazor

It isn't Over

Four score and just yesterday There was a role we had to play That is assigned to us by they To keep us prey All freedoms were delayed And all our dreams to slay It's only through standing that we may Dare to hope all efforts to allay Each generation we defray Disenfranchising decay Although hangings and marching fill our dossier Like black butterflies we hold sway And our voices will be weighed Against unending disarray Hoods are no longer worn by the KKK They sit in the offices of Fannie Mae Money now leads us astray Darkness can give to the sun's rays We have to learn the right way to disobey And prove the plan is not brick but clay By putting tools in our attaché We can give them hell to pay

Once We Were Kings

Once we were kings
Presiding over arid lands
And verdant forests
Wearing crowns of gold and diamonds
Then the oceans ran with blood

Once were slaves
Sold into financial freedom for others
Corralled and trained under the whip
Forced to endure unspeakable tragedies
Then the rivers ran with blood

Once we were freedmen
Barely whole and mostly halfs
So polluted a gene pool
That we could never be africans again
Then the trees ran with blood

Once we were negros
Learning to make it in a Protestant world
Developing, designing and discovering
Still making it better for our new slavers
Then the jungles ran with blood
Once we were blacks
In dropped back cadillacs and platform shoes
Smooth and showy militants
Or we sold bean pies and the "Call" on corners
In our power black suits
Then the ghettos ran with blood

Gail Weston Shazor

Once we were african americans
In suits and ties and power dresses
Instead of making room for others
We forgot our soul blackness
Then the right to rule runs in the blood

Albert 'Infinite' Carrasco

Albert 'Infinite' Carrasco



I'm a project life philanthropist, I speak about the non ethical treatment of poor ghetto people. Why? My family was their equal, my great grandmother and great grandfather was poor, my grandmother and grandfather, my mother and father, poverty to my family was a sequel, a traditional Inheritance of the subliminal. I paid attention to the decades of regression, i tried to make change, but when I came to the fork in the road and looked at the signs that read wrong <> right, I chose the left, the wrong direction, because of street life interactions a lot around me met death or incarceration. I failed myself and others. I regret my decisions, I can't reincarnate dead men, but I can give written visions in laymens. I'm back at that fork in the road, instead of it saying wrong or right, I changed it, now it says dead men <> life.

Infinite poetry @lulu.com
Alcarrasco2 on YouTube
Infinite the poet on reverbnation

Infinite Poetry

http://www.lulu.com/us/en/shop/al-infinite-carrasco/infinite-poetry/paperback/product-21040240.html

Albert 'Infinite' Carrasco

Home

Every day it's hot You hear the sound of four wheelers and dirt bikes On local roads unpaved

You can hit the beaches in isla verde Con mi gientes And ride the waves

At nite you see the punto ochos And the corollas carrying on Listening to reggae tong Looking tight

Hollering at the freaky tonas Although I prefer Mark anthonys otra nota

I can nude bathe in the back of my house In a hammock Or lay on a sabanna on the floor

Gaze up at the steamy skies Or stare at the trees Watching mangos fall

Wake up in the mornings To the beat of plena Or the smell of cinnamon Being stored in avena

The dialect I hardly hear in new York Is the basic language you hear When my people's talk And that's Spanish

Carne guisado or arroz con pollo A famous tradition When a Spanish woman is in the kitchen And what's on the table Before we say grace

I'm taking a trip to the mother land I miss my people and my culture I'm going back to my place

Puerto Rico,, my home.

Infinite the poet 2015

Albert 'Infinite' Carrasco

Shattered dreams

I came into the spoken word game to share knowledge on the life of murder and cain, I go hard not to claim fame but to represent the heaven sent that perished from hell on earths fame. Infinite is a mourning griot. I miss my kin that was taken away, that's why when it comes to ye word play, I carp diem...seize the day. I call this pain purple rain, cause this is what it sounds like when thugs cry, when thugs die, I spit wisdom, and go through perspiration but water never falls from my eye. Its nothing about ego or testosterone, it's just after my father died my ducts went dry to bone. Without tearing, the hood knew I was crying cause slugs would be flying. I got tired of seeing my men being lowered in the dirt but they kept on dying. Getting used to death isn't a good thing...I'm used to it, so I now cherish every moment with my friends like its my last because there was times I was with my men one minute, then a few minutes later I'm getting calls saying they've passed. Most of my days I deal with the pain, then there's other days when I can't compress it in so I visit the graves of my kin and talk to em... guys please guide me, show me the right direction, help me with decisions, send me a sign that you're here with me listening!

We grew up poor in a bad time. The Reagan era, bricks upon bricks were shipped across water with a deadly recipe that shocked and awed urban communities in many cities. Crack. The party drug of 83 and 84 turned into the most addictive drug I ever saw before. These partiers were no longer partying they started selling their body or robbing to bass or make coolies and woolies from rock and shake from baking soda risen cookies. They got caught up in a condition called addiction, they're stealing from parents, begging for money from friends and family, they multitasked... cause at the same time they neglected their

husbands or wives and children. All hustlers were hustling for supremacy and ownership of corners, bodegas and lobbies to control the flow of phlebotomy currency. Users and pushers were constantly returning to the essence, new fiends and new hustlers faces were now present. See I left the game and haven't looked back since not even a glance, but still till this day if you offer a poor brother a million dollars for their soul after two three or years, two or three years later they'll be some weeping mothers. The thought of being rich overshadows the reality of death. Its 2014 and it's still the same way. Although the game is tabu. everyday I walk the streets I see déjà vu, the same game, just different crews. History is repeating over and over, I guess infinite will be writing forever as the bearer of I'll street blues...

Infinite the poet 2015

Albert 'Infinite' Carrasco

Veterans

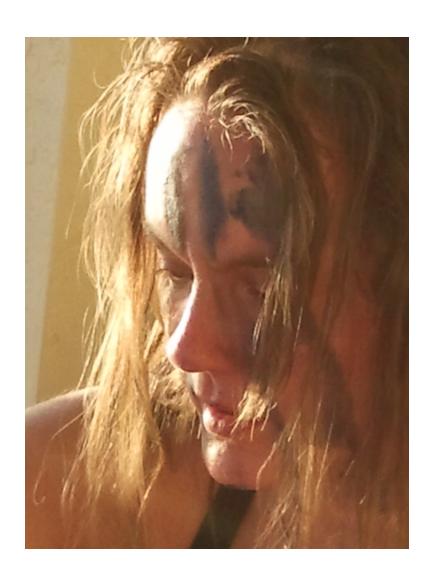
Some came back vets, some didn't come back at all, the last thing anyone heard about them, was that letter or a final phone call, after years at war, and after this one life threatening battle the next day they didn't make role call, bombs bursting in the air, bang ga lores, banging galore, stepping over dead bodies to aim at charlie, retrieve their ammo cause they can no longer shoot at nobody, missing limbs, or no torso just legs in camo, for tripping over trip wire, and being riddled with shrapnel. Some come out 730 for seeing blood fall out of so many allies, dog chains they recovered about 730, some look for a way out from the unexplainable, they went in as healthy as can be, they come out addicted to poppy seeds, some make it out with an honorable discharge, they walk around with combat boots and fatigues, when they hear a gun discharge they jump to the ground, call in for a med e vac but there's no walkie talkie or anyone around, after a few seconds they realize there not at war anymore, march up to the corner store to drink away the war of vesterday, I know this well, my grandfather was an alcoholic veteran, my dad after his tour, came out addicted to heroin, my uncle came out fine god blessed him, after 19 years of enlistment. I know many people just like them, some are able to tell me their story, some got military taps, and are buried in calverton's military cemetery

Our veterans alive are heroes so treat them like so!

Infinite the poet 2015

Siddartha Beth Pierce

Siddartha Beth Pierce



Siddartha Beth Pierce is a Mother, Poet, Artist and African and Contemporary Art Historian. Her art, poetry and teaching were featured on PBS in April 2001 while she was the Artist-in-Residence and Assistant Professor at Virginia State University in Petersburg, Virginia. She received her BA in Studio Art from George Mason University in Fairfax, Virginia and her M.A.E. from Virginia Commonwealth University in Richmond, Virginia. She continued into PhD. Studies in African and Contemporary Art studies at Virginia Commonwealth University where she is now All but Dissertation. Her works of poetry and art have been featured in numerous newspaper articles, journals, magazines and chapbooks.

http://youtu.be/6PcR9TsBQxo PBS Interview

www.innerchildpress.com/siddartha-beth-pierce.php

Siddartha Beth Pierce

Where?

I wonder is it From whence I came.

Once upon the Mayflower, Once at Jamestown, too.

It seems my family traveled To the New World In a myriad of ways.

Though, originally, England, Ireland and Wales Is where we were raised.

Ere Ibeji

Twin sculptures made For the plentitude of such births in Nigeria.

Although, the mortality rate Is often high.

Sometimes, one or both Do not survive birth.

So, sculptures are made to bless their beings.

Represent them throughout many lifetimes.

The sculptures are ritually cared for, Bathed, dressed and bejeweled.

The mother carries the sculptures With her in a sash.

And each sculpture is passed down through The family line to be remembered And revered.

Siddartha Beth Pierce

Ashanti Akua'ba

I purchased an Ashanti fertility figure in Washington, DC, While pregnant with my son.

The figure is meant to bring A Beautiful Soul
Into the child

Mothers of the Ashanti Culture Typically care for the sculpture Before and after the birth Of their child.

Once the child is born, Mothers often rub the malleable heads Of their infants, Because a high forehead is considered A sign of Beauty.

The sculptures are often commissioned.

There should be no errors or marks on their construction For fear, these may appear on the live child.

Many months after the birth of my son, I noticed a quarter sized mark on the right lower leg portion Of my Ashanti Fertility figure, Which I had not seen when I purchased the sculpture.

Ironically, to this day
My son has a birthmark on that very same part of his leg.

Janet Perkins Caldwell

Janet Perkins Caldwell



Janet P. Caldwell has been writing for 40 years and has been published in print newspapers and held a byline in a small newspaper in TX. She also has contributed to magazines and books globally. She has published 3 books, 5 degrees to separation 2003, Passages 2012, and her latest book Dancing Toward the Light . . . the journey continues 2013, and contributed to countless anthologies yearly. She is currently editing her 4th book, written and to be published 2015. All of her Books are available through Inner Child Press, along with Fine Book Stores Globally.

Janet P. Caldwell is also the Chief Operating Officer of Inner Child, which includes the many Inner Child Facebook groups, <u>Inner Child Newspaper</u>, <u>Inner Child Magazine</u>, <u>Inner Child Radio</u> and <u>The Inner Child Press Publishing Company</u>.

To find out more about Janet, you may visit her web-site, Face-book Fan Page and her Author page at Inner Child Press

www.janetcaldwell.com

https://www.facebook.com/JanetPCaldwell

http://www.innerchildpress.com/janet-pcaldwell.php

Janet Perkins Caldwell

For My Mother

I sat and watched, as water turned to ice. I can see my breath; my thoughts always race back to you, to us.

Unaware, we danced and splashed in the water. Life has taken a different turn for you and me.

I somehow thought we would always be solid, as that old tree. Roots deep. People change and people die. I'm feeling a little lonely and wondering why?

You were my teacher, my best friend. I was there with you 'til the end.

A Mother/Daughter, who can explain? The bond between them strong, at times filled with pain.

I leave this spot and bid you farewell, when the ice turns to water, You know I'll be there.

12th of Never

Talk to me of yesterday, of things undone, I still need you. Stay. Please, just the way you were.

I remember the departure, that October morning. We always loved the autumn and could scarcely await to go outside. Our skates still here, the key to them lost.

I asked you out to breakfast, with Steve you wouldn't, couldn't, saying to me that you didn't feel well.

I looked around the room, failing to notice you held your chest in a discolored fist.

The doctor had explained the pain away. Possibly pleurisy, prescribed breathing treatments and antibiotics which weren't kicking in. (not to mention my Valiums). With a niggling-naggling I went to breakfast with my latest flirtation. It was a striking day, The 12th of never.

Janet Perkins Caldwell

I welcomed the oily smells of the greasy spoon, yellow eggs and something to pass for meat. I was lulled by the background chatter of other patrons, whisk scraping bowl, the awful in-between of a knife poised to resize my portion of contentment. Midbite, I sensed that descending Blade, knew exactly where it would sever. I lashed the driver-sheik, had him race that cool roadster XKE, arriving too late.

I watched the paramedics try to stun you back. You twisted, jerked like a broken marionette. "Clear!" they shouted again and again, the only spike when they applied the volts. Otherwise, a flat line. You wouldn't open your baby blues.

They carried you on a gurney, covered you with a stiff sheet
(I grabbed your exposed toe to pray, "God, please take me instead. He has two sons: a daughter, another on the way."
Inadayinadayinaday), ensconced you in that big white, wheeled cube, screaming cherries on top.
The last hasty parade.

Once, people used to question the tolling of the bells, ancestors of our modern rubber-necks, the technology changes, sirens now, but still that morbid curiosity.

The ambulance left a pitiful wake, flotsam, a handful of inquisitive neighbors, your pregnant wife, the tributary of tears I still leak when the days grow longer every year.

I lived on, but nothing mattered. I drank myself insane. Maxed it out, body, mind, waxed it old, made myself weary, died, wanting to join you.

A new life stirred, earsplitting to be born.

Weep for the Child

Tears fall down my face for a child with no name. A child filled with anguish suffering disgrace. How could they have lied and treated her so; Why didn't they love her just let her go?

Buy her new clothes fill her with song Mess her up more you can't be wrong!

She grew up with walls forever all around. The music you played she couldn't hear a sound.

You look at her now with disgust in your eyes; You can't see her though she wears a disguise.

Hand-made by you so carefully sewn; With coagulated drops all her own.

You thought that you knew her but there's no way that you could. She's not what you think behind the mask stained with blood

Author Note: The poems above represent a tormented childhood including a lot of family loss. This was the culture that I lived in, thank heavens for maturity, clarity and freedom.

Janet Perkins Caldwell

Jackie Allen

Jackie Allen



My name is Jacqueline D. Allen, otherwise known as Jackie. I grew up in the Cumberland Mountains of Appalachia, one of ten children. As a child, of a coal miner and a stay at home mother, I told stories at night to my younger siblings in an attempt to lull them to sleep. That was the tool I used so that I might return to my homework, uninterrupted. Much to my delight they begged me to bring the "books" home so that they could see the pictures for themselves. As delighted as I was that they loved my stories, it was difficult to endure the disappointment on their faces when I told them the truth: I had made up all of the stories that they had so loved.

Many years after those early seeds of story telling began, after college, after work, after raising my children, I began to write poetry. I find writing poetry the creative fabric from which I am able to weave whole cloth from both truth and fiction. Inspired by real life events, memory, imagination and enhanced by the sheer joy of playing with words, my poetry satisfies my need to be creative.

And, if ever there are days when I wonder why it took so long for the writer in me to reveal itself, I simply pick up my pen, or in most cases, go to the computer, and begin writing yet another poem.

The Mystery Behind the Doors

Fears rumbled like mounting hunger and as The morning sun oozed, tar melted the path. On a dare, I entered the sanctum, the one Room Pentecostal Holiness Church of God.

There a glorious fever was in full swing.
Trembling, I sat down on an aged worn plank~
Walnut, seat stained, the bottom lot where
Stood the whitewashed building, anon...

Where nearest to the door, with eyes agog, I swatted flies, and wondered if I should leave. Mesmerized, I saw people shouting, saw foot stomping, saw the laying on of hands.

Dancers shook tambourines... they like holy Rollers, receiving the gift, they spoke in tongues. I wondered if interpretation might soon help Calm the frenzy of my lack of understanding.

I waited, to no avail. I waited the handling of snakes The kind whose rattles tell their name, they With forked tongues, tainted with evil poison... They still in their baskets. And, in anticipation

I almost fainted. The pitch-level increased. And I Prayed in silence: "O great God, of the Universe, Grant they their wish, may they remain unharmed, And may I not be identified as unbelieving guest."

Cow Pen Hollow's Miracle Child

The fire was burning, the tin tub was full Of bubbling water, and Momma was stirring The laundry with a long stick, and the lye soap Was attempting to do it's job. Outdoors.

The rooster and the chickens were Scattered here and there as they ate The shelled corn that I, a six year old Had brought down from the barn.

Momma must have wondered why the wind Had to blow so hard, and in my direction. But blow it did, and one errant ember Landed on my long, red hair.

The morning was blustery. The sky was Blue and the sun was shining hot overhead. And life in the mountains, though hard Enough, it was still the same for most.

Of course Momma couldn't have known That a spark could move so quickly to Where it did. But that little ember caused My long hair to go up in flames.

My parents had married young. Momma stayed Home with me, and my Poppa worked In the coal mines. They doing the best they could With what they had. Which wasn't much.

I had been playing over near the clothesline, A safe distance away from the makeshift Outdoor laundry room, just out from the house, Back up in Cow Pen Hollow.

Jackie Allen

I heard the mooing of the cows
Begging to be milked, and the frogs
Were a hopping over near the stream
From where Momma had hauled the wash water.

When Momma saw the gust of wind coming My way, she was unable to halt it's path Or to call out a word of warning to me, to Perhaps, prevent what was about to happen.

Just a moment ago, all was well, The clothes on the clothesline were Flapping in the breeze, and I knew Momma had just one more load to go.

Yet in the time it takes to blink,
The wind and an ember combined
To create such havoc. For where I was
A flying spark of inferno suddenly lit on me.

I tried to run, but it was simply futile, For the burning embers fiercely rode on the wind.. They tangled my hair around my chest and about my neck And engulfed, I must have been a blazing sight!

The farmyard animals began to call out To one another and joining in the chorus Of fear and anxiety, they sang a song Of desperation and of mourning.

Momma cried out, too, and rushing, she tried To no avail to put out the fire. But the mountain Breeze whipped and stirred up my hair... A worse storm, she'd never seen.

Even the birds sitting on the clothesline Dropped their droppings and flew away, Hoping to flee that awful sight, fleeing for A more pleasant perch on which to sing.

It took forever to get my little body Down on the ground and to retrieve The bed sheet drying on the line To smother out my flaming hair.

And, there I lay, smoldering and moaning, And writhing upon the ground as the world Around me seemed to stop still. For a moment I wondered if I was still alive.

Smoke, embers, tears, singed Hair and horror merged with Momma's prayers As my Granny came running From the house, hysterically nearly collapsing.

Finally, as if in answer to prayer, the Wind died down, and with me wrapped And swaddled in a sheet, Momma and Granny Gently picked me up from the ground.

There was no need to call for help. No one lived nearer than several Miles. And, tucked back in the Hollow, my folks had to be self reliant.

So, with me whimpering, and barely Making any noise, for I was in shock, Granny managed to drive the 25 crooked Miles over the mountain to the hospital.

Jackie Allen

No telephones, no ambulances, no men Around to help, just the barnyard animals, Huddled together. The noises they did make! Were they also in shock?

Granny prayed and Momma prayed that The brutality of what happened would Not have dire consequences but they Knew that knew I was in God's hands.

It seemed it to take forever, traversing over The mountain, the narrow winding roads, With coal trucks taking up the better part, And Momma holding and stroking my hand.

Granny tooted her horn. She drove like a crazed Woman. Though she'd never had a license To drive, now she granted herself the right to do What she needed. To get me the help I needed.

Finally, after what seemed like decades, we Arrived safely, and then, Granny and Momma Turned me over to the doctor who, despite his look Of shock, began to lovingly care for me.

The details of what it took to bring me back To life, are best left in my medical files, far too personal And far too painful for me to recount. But suffice it to say That on that day, I could easily have died.

Through the decades my memory has faded somewhat. And though Granny and Momma are no longer with me, The scars on my chest and neck remind Poppa and me That I'm still the Miracle Child of Cow Pen Hollow.

A Vision Beyond the Mountains

I remember the mountains, And of course, my youth, too. And the days when I attended The local high school.

My breakfast consisted of biscuits, Sausage and gravy. Mornings Left little time to get properly dressed. But I wasn't lazy.

My naturally wavy hair demanded Its own independent "hair-do." Without knowing it I was a fashion maven. I confess, it's true,

For daily I had to select
The image I wanted to project~
Such a stress, determining the costume
I would finally select.

It most certainly had to convey The person and the way I wanted to be perceived On any particular day.

Perhaps a singer, an artist, or a writer? No careers of banality for me. I was a confident teenager, With a multiple personality.

Jackie Allen

Now, after many disparate careers, And just as many years I've finally claimed my full name As an artist, a poet and a writer.

And, now I am patiently waiting for time To discover just when and how best To bestow, upon me, the fame I've earned from practicing my craft.

Tony Henninger

Tony Henninger



Tony Henninger is the current president of The Permian Basin Poetry Society of Texas in West-Texas. His first book, "A Journey of Love", is a collection of love poems dedicated to his wife Deanne and is available at InnerchildPress,Com and Amazon.com.

He has been published in several anthologies including: Permian basin and Beyond 2014, We are the 500 (West Texas poets), Hot Summer Nights 2013 and 2014 editions, and World Healing/World Peace. He is, also, one of the co-authors of the 12 volume Anthology "Year of the Poet 2014" at InnerChild.

He is currently working on his second book of poetry to be published in early 2015.

Born in Frankfurt, Germany and growing up in Colorado, He now resides in Texas.

Tony Henninger on Facebook

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Tony Henninger

The Freedom Of Artistic Expression

In our melting pot culture
Art comes in various forms and styles.
Some give us feelings of wonder.
Some can give us tears or smiles.

Some you can hear.
Some you can see.
Some you can touch.
Some you can read.
Some can make us mad as can be.

So much to appreciate, to learn, and to engage our ever-seeking mind.
Broadening our horizons.
Giving meaning to Mankind.

The freedom of artistic expression keeps our culture bright and vibrant. Without Art, it would be dark and numb. Our lives would become stagnant.

Just as through religion, science, and philosophy, we try to understand our short-lived lives.

Art makes us look deeper inside ourselves.

Art is an amazing part of being alive.

The greatest artist of all is the Creator of our Universe. And what an incredible piece it is. Without the Freedom of artistic expression, my life I would surely miss.

The Crowded City Bus

He's riding around town on a crowded city bus. Nobody notices him. Nobody makes a fuss.

Staring out of the window, watching the world pass him by. As each person disembarks, he slowly waves a goodbye.

Some wave back to him and give him a bright smile. Soon to be forgotten again, but, he is happy for a little while.

So is his ill-fated life, lonely and beginning to fray. Riding around on the crowded city bus as time passes day after day.

Until, one day, there is an empty seat on this crowded city bus.

Will anyone notice?

Will anyone make a fuss?

So, where do the homeless go?

Do we really care to know?

Rarely are they heard or seen.

Fading away as if they had never been.

Tony Henninger

Though tragedy can befall any of us no matter how hard we strive.

One thing we should always consider is the importance and relevance of ALL life.

Now, when you see a homeless person on a crowded city bus, notice them and engage them. Care enough to make a fuss.

For this could be you....

Music

Listening to music makes my body sway. It gets my foot to tapping and takes me far away.

Like a dream I float along on its river-like serenade. Like flying on wings of notes as one after another is played.

Music gives me inspiration. Its secrets are for all to hear. Music makes me feel alive every time I lend it an ear.

Without music, my life would not be whole. Music is a part of my heart and the deepest part of my soul.

Tony Henninger

Joe DaVerbal MindDancer

Joe Da Verbal Minddancer



Joseph L Paire' aka Joe DaVerbal Minddancer . . . is a quiet man, born in a time where civil liberties were a walk on thin ice. He's been a victim of his own shyness often sidelined in his own quest for love. He became the observer, charting life's path. Taking note of the why, people do what they do. His writings oft times strike a cord with the dormant strings of the reader. His pen the rosined bow drawn across the mind. He comes full-frontal or in the subtlest way, always expressing in a way that stimulate the senses.

https://www.facebook.com/joe.minddancer

Lost Culture

Raised around yelling and the telling of tales The selling of wares was a means to survive I didn't realize we were poor It did not matter who gave us what for Those were cultural chores The neighbor next door was as much a parent As any adult and respect was granted It was demanded, commanded and given That's the culture in which we were living A child was a child and in a child's place The culture these days, I view as a disgrace Misplaced values does not a culture change The basic culture is still the same But it isn't is it, we got out of the business Left it in the hands of the show biz kids The media wiz, other cultures fears Our culture of discipline was different than his Majority rules make minorities tools We're coerced into believing our culture is cursed But think first; it's been mostly diluted Perversely polluted, the style of dress is a mess I must confess in my youth we were no less Just not soulless, foul mouthed young ladies Disrespectful young men The elderly treated worse than they've ever been And this is by kin, that's the culture we're in Now it's spreading and effecting all men. This culture of sin, This culture of get in where you fit in. It is what it is, this culture of mind your own biz But in this society of follow the leader The culture is producing some less than stellar teachers.

Hereditary Woes

I have my Fathers eyes, my Fathers voice
I wish I had his size, but heredity follows its course
I could alter the reality of my destiny
Hit the gym and do reps repeatedly
Bulk-up and falsify the real me
I'm still destined to be the size of my Mother

I was born a skinny brother; A trait passed down it seems. I notice this grand scheme of things Even in my offspring. The dough made long ago still lingers Down to the shape of the fingers

I guess my ancestors weren't singers
None of us can carry a note
This doesn't trouble me though
What bothers me so, is that I can't change a thing
This genetic swing of the pendulum
This seems to be pre-wired cerebellum

This blend of Father and son and son
This blend of Mother and daughter then that one
That one child that seems at odds with the rest
The dough didn't rise I guess, not enough yeast
Too small a piece of the original blend
An odd donation from moms' special friend

Joe Da Verbal Minddancer

Questions begin, lessons to fend them off Biology 101; two dark plants can produce a light one Two dull minds produce a bright one Which really doesn't apply, but it helps squash the why Will my eyes see a future me, will it skip a generation or three Can I only be a product of my heredity?

Ethnicity In Review

What's good my brother,
What it do, how you living.
Yo what up cuz long time no see?
What it be like how you be.
Language is not a marker for ethnicity.

Neither twisted hats, nor sagging pants No dreadlocked hair or fists in air No exaggerated squeeze in tight jeans No tattooed flesh, no Kool-Aid colored weave Style is not a marker for ethnicity

Soul Train, B.E.T, Head bangers ball on MTV. LED ZEPPLIN, BOB MARLEY, DRAKE and FUNKADELIC What you blast on your stereo won't tell it You can't smell it by the weed, or some collard greens Music or food is a more cultural thing, a matter of taste

As a human race, we are ethnically divided Separated and guided by the lay of the land Ethnicity provided by the shape of man The size of lips the color of eyes The shades of skin, no real surprise

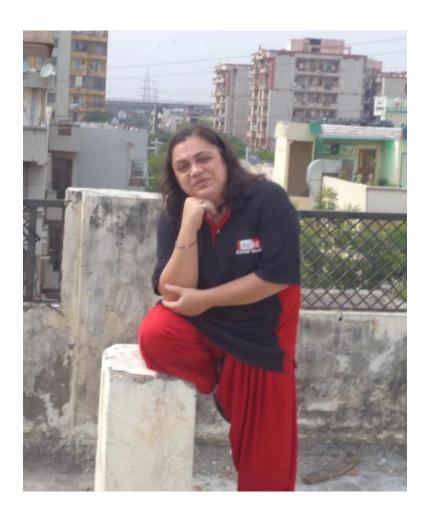
Did you realize some deny their ethnicity? They go to great lengths to disguise what you see Curly hair gone straight, straight hair gone dread Thin lips gone thick, wide nostrils disappear A fear of one's self, a distain for another

Joe Da Verbal Minddancer

A condescending what's happening brother
We are but a specific breed
Animals on a plant with a taste for a specific feed
To diversify is to progress, to stay in borders is incest
Stereotypical views, got this whole world a mess
Bred out or bred in bottom line it's the skin
Retail has the ethnic aisles big cities have their China towns
Where can your ethnicity be found?

Neetu Wali

Neetu Wali



Hi! I am Neetu. Who am I? This question is very difficult to answer.

Well! If you insist, let me reveal. I am a human and like every other human I eat, sleep, drink, dance, sing, laugh, smile, cry and so on. Hang on! There is a difference. Unlike most of the human beings, I breathe and when I breathe, I relax. When I am relaxed, I draw. I draw sketches of me in words.

I have been orbiting around sun for forty years now. I started this journey on the Valentine day of 1974. I have seen people craving for heaven and I was born in the only heaven on earth (Kashmir). My Grandfather was a spiritual personality and a renowned poet of his time. Though he left me around 35 years ago, I couldn't let him go. I carry him in my eyes and mind and will do that till the end of my life. I hate words, yet I am full of words. I know words cannot express, yet I express me through words, because they are the only medium I am familiar with. That is why I try to express me as much as possible with as minimum words as possible.

When I did Masters in business administration, I never knew, writing will be the only business in my life. More than hobby writing is a necessity for me, because it helps me get the load of thoughts off my head. I don't remember when it that I wrote my first poem was. But I surely know the time of my last poem. Surely, not before my last breath.

Neetu Wali

Lone Traveler

I am
A lone traveler
I won't stick to even
The dust beneath my feet
I won't carry with me
Even the most beautiful of
Scenes that I pass by
I won't be attached to even
The most concerning of companions on the way
Sometimes, I may feel lonely
But I know, this is just a mirage
Can't stop me from walking alone

May God
Grant me some courage
This ocean of life
Not difficult to cross
In the direction of waves
I only know my inner compass
That only knows to swim in the
Opposite direction
Knowing how difficult it is
To experience life in truth and reality

Give me some morning breeze
Give me some dew
Give me a bit of light
I want to wake up again
A butterfly of dreams
Let it fly
Give me some vision
I want to open my eyes again
Let the buds bloom
I don't want to take the bait
Give me back the child in me
I don't want to wake up again

Love and Friendship

Why do you upset me How dare you touch me Don't cross your limits We are just friends Don't steal me Of the best of my friends She said. Her eyes bleeding chaos He was listening As if with his eyes They were wide open His heart broke And so did The glass in his hands Desperate to bleed So did his hands What the hell?? She ran towards her Stop! He shouted Don't you dare touch me You are just a friend You know what? I am fed up of being just friends You don't want to lose your friend Well! I already have lost mine And my love I never got in back

Don't worry
I can wait
Till you realize that
Friendship is no relation
It is the spice of every relation

Yes, my hands are aching No more grabbing of empty sheets I want you by my side When I open my eyes in the morning My eyes regret a blink When you are by my side

Neetu Wali

Eyes

Two containers
Collecting droplets
From the ocean of time
Evaporated by the warmth of time
And off they fly into
The sky of the heart
Some of them come back
With a hint of salt
And others return
To form a rainbow

Two classy glasses
Bright like diamond
They open like
The pages of a book
And close like
A priceless treasure
A bit of redness
Lots of depth
A bit naughty
And a story

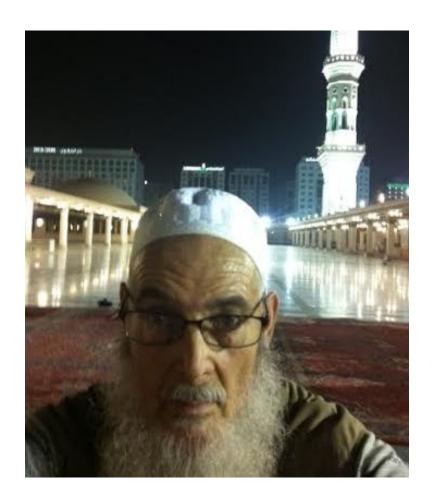
She was very beautiful That smile on her face Made her even more beautiful Terribly engrossed she was Into herself

Like a spider trapped into
Its own web
Every day she grew more beautiful
And with it even crazier
The world outside grew uglier
Every day
Till one day
She decided to leave the world
And merge into her beauty
May her soul rest in beauty

Neetu Wali

Shareef Abdur Rasheed

Shareef Abdur ~ Rasheed



Shareef Abdur-Rasheed, AKA, Zakir Flo was born and raised in Brooklyn, New York. His education includes Brooklyn College, Suffolk County Community College and Makkah, Saudi Arabia. He is a Veteran of the Viet Nam era, where in 1969 he reverted to his now reverently embraced Islamic Faith. He is very active in the Islamic community and beyond with his teachings, activism and his humanity.

Shareef's spiritual expression comes through the persona of "Zakir Flo". Zakir is Arabic for "To remind". Never silent, Shareef Abdur-Rasheed is always dropping science, love, consciousness and signs of the time in rhyme.

Shareef is the Patriarch of the Abdur-Rasheed Family with 9 Children (6 Sons and 3 Daughters) and 42 Grandchildren (24 Boys and 18 Girls).

For more information about Shareef, contact or follow him at:

http://www.facebook.com/shareef.abdurrasheed1

http://zakirflo.wordpress.com/

http://www.innerchildpress.com/shareef-abdur-rasheed.php

https://www.facebook.com/pages/Muslim-Writers-Forum/370511683056503

Shareef Abdur ~ Rasheed

habits..,

die hard especially harmful but must strive to set the alarm to go get that which is true not talking but doing the do with the creators help you'll win through feel brand new take a different view about you! forefathers left legacies beneficial? not necessarily! got to discern what's good from the bad regardless what background we had sometimes hate can be handed down from Great Great Grand to now do we take it to embrace for blood's sake or say a mistake's a mistake stop it in it's tracks, forsake all that's not based in fact! a seeker of truth speaker of truth could be the legacy that identifies you long after you die sadeeqa (charity) Jar'riah! the gift that keeps on giving even when we're no longer living!

food 4 thought!

and..,

the people suffered through another day same 'ol' sameo what can you say? that's the game the bastards play this is the MO the devil's way in the good "ol" US of A sooo it's the same 'ol' sameo vou and i know sooo well many live a living hell! how many you know ain't doing so well? but to listen to the story the spokes folk of glory tell the impression in spite of blatant oppression is 'Oh Well" "this is a democracy they say, everybody gets a play in the good 'ol' US of A" It's your call today depending on how good you play.. "The Game" regardless your color, social/economic status, name... "All for one, one for all in the good "ol" US of A" so they say but if you live in it from day to day in the hoods shrouded in dark clouds that speak a different tongue know all to well the yolk that's hung around the neck of old 'n' young who rarely get respect try to make it through with the government check they give you in a hood with no resources for you

Shareef Abdur ~ Rasheed

libraries, parks, rec' centers, schools, if they used to now stay boarded up or closed after dark no mo money in the budget, they say but ain't a war, prison, police equipment they wouldn't pay for. and the election time rolls around again and everybody's "your friend" and "You vote for me i promise we'll spend to get what ever you need" "You hear me?" don't ya'll worry it's gonna be okay after election day in the good "ol" U S of A!!

food 4 thought!

S.O.P

Standard Operating Procedure

making.., victims perpetrators perceived as violators when their life's relieved executed without mercy as loved ones grieve the news they receive designed to destroy the reputation of the newly deceased with some negative press release meant to deceive, it's the mark of the beast! take attention from the dirty deed made intention to set the killer free do whatever it takes to make that be such is the M.O of the powers that be in the land of "Instititionalized White Supremacy" who preach the words about human rights these purveyors of hypocrisy

Shareef Abdur ~ Rasheed

who preach and speak democracy as they seek to take your dignity removing it surgically from right under your nose and you don't even know that's how that goes as they keep you enslaved from the cradle to the grave as we sing Kum bye aye we shall overcome oneday in the good 'ol' U.S of A

food 4 thought!

Kimberly Burnham

Kimberly Burnham



As a 28 year-old photojournalist, Kimberly Burnham appreciated beauty. Then an ophthalmologist diagnosed her with a genetic condition, "Consider life if you become blind." From those devastating words, she forged a healing path with insight and vision. Today, a brain health expert, Kimberly helps people experience richer, more nourishing environments.

"People, who feel better, make better choices for themselves, their community and our world."

Her PhD in Integrative Medicine and extensive training in Craniosacral Therapy, Reiki, Acupressure, Integrative Manual Therapy, Health Coaching, and Matrix Energetics enable her to serve as a catalyst, gently shifting your ability to feel better physically, think more clearly, and be more creative

A 2014 Poetry Posse member, Kimberly and Creating Calm Network's Ann White, assist small enterprises in crafting business booming words and robust social media platforms. Kimberly won SageUSA's 2013 story contest with a poem from *The Journey Home*, chronicling her 3,000 mile Hazon Cross-USA bicycle trip. Her poetry books include, Live Like Someone Left The Gate Open and the upcoming Healing Words—Poetry for Thriving Brains. With Elizabeth Goldstein she edited the anthology, Music—Carrier of Intention in 49 Jewish Prayers.

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Kimberly Burnham

Weighty Matters

There is only so much weight from the past soon becomes unbearable why do I keep books and blankets within reach today a gift from a good friend my grandmother's quilted warmth as I sleep under my past

Waking to see what has changed morning following night habits continue new paths offered on old plates customs from my culture community hearts open to fresh progress while holding tight the ways it has always been done by me and mine

Familiarity soothing cluttering my thoughts still room for a deep breath eyes ahead on the posts a clean page an adventure unique

Weighty matters
lift with consciousness
poetic lines of hazel light
nighttime dreams gently surfing
waves of change
shimmering into actions
made tangible passed
along into the bright morning

Kimberly Burnham

Before

A linear existence each day pushes the next unknown ahead defining my existence

The drums beat on May day should we stop the ritual Green Tara on the mantel a human mandala circling chants

Before we were Buddhists we were pagans dancing and drumming we leave the mandala for early morning mountain tops jumping over fires freeing our souls with so many ways up

Five generations stretching back through the years Mormons praying in England and Scotland, in New York before crossing the plains challenges met with courage that blood flows in my veins

Now as I sit with those at Sinai adopting a new yet ancient tradition my own as I pray under a talis an ancient language to the God of my ancestors

Pride in my heritage the stars and strips given up to fit in saying eh to a liberal life in Canada

The child of a country at war in Vietnam living in Europe no one understands I am not to blame for the country of my birth before I was a small gringo child in Colombia

Kimberly Burnham

Shape Shifting in Time and Space and Home

A chameleon, blending, rearranging letters: each lemon, heal con me, my reptilian brain keeping me safe, always scrutinizing, do I fit here?

How do you put on a Jewish kippa? articulate a Mormon prayer? Just watch where do you put a garden party's dirty paper plates? Just watch how do you buy a German subway ticket? Just watch.

I imagined myself able to talk to anyone, anywhere. You and I have something in common. Did you live in Latin America as a child? Europe? Asia? Canada? Work in Italy? Germany? Hong Kong? I can talk to you. Do you eat meat? Are you vegan? Gluten-free? I can talk to you about Japanese food, my favorite raw vegan, San Francisco's Cafe Gratitude, Thai food from Toronto's Coco Peanut.

"Canadian's may not know who they are, but they know for sure they are not Americans." But, I am both, a gringo, gaijin, illegal alien, foreigner, landed immigrant, EU resident, global nomad, third culture kid, with two passports, fluency in four languages, and so many more allegiances to the comfort of home.

I can talk politics, democracy's republic, parliamentary systems, a benign dictatorship, and healthcare in socialist countries. I can talk to you, the far socialist left and the red religious right. I can find the middle ground.

And so, I can talk to anyone, except about who I am, really deep inside and where I am home.

Not a pretender, an imposter, a fake, I am just many things. I have earned a living, collecting insects, saving drowning children, teaching English, massage therapy, integrative manual therapy, craniosacral therapy, and matrix energetics.

Kimberly Burnham

Equally comfortable as an esoteric energy practitioner, neurology specialist and vision expert. Reinventing the face of neurodegenerative disorders: Parkinson's and bigotry through the vulnerability of sharing my own story: faith and vision recovery.

Yes, I can be a cold blooded reptile, a chameleon and a warm, fuzzy teddy bear, still searching for my niche, while I live here in time and space, breathing home into my body. Ann S. White

Ann White



Amazed and inspired by her own life, Ann White has lived the life of a grasshopper buffeted about by wild winds, yet always landing safely and creating a home wherever she finds herself.

Highlights include working with astronaut Frank Borman, sharing a hot dog with Ross Perot, enjoying a coffee with Florida Governor Chiles, and attending a ballet with Imelda Marcos. Ann has also survived childhood sexual abuse, one terrorist coup, two burglaries, one rape and countless misadventures — making her grateful for each of life's moments.

An international management consultant, board certified family attorney, rabbi, grief counselor, and trauma chaplain – Ann has worn many professional hats.

These days she spends her time in her enchanted cottage and chicken farm by Lake Michigan in Sheboygan, Wisconsin with two very weird dogs and six quirky hens.

Ann is the author of *The Sacred Art of Dog Walking, Living with Spirit Energy, Code Red – a Stress Rx for Trauma Workers*, and *So You Want to Be a Radio Host*. She has also been featured in numerous anthologies. She is the coowner of The Creating Calm Network Broadcasting and Publishing Group along with Kimberly Burnham.

Ann produces and hosts several programs on CCN as well as officiating weddings and distributing Young Living Essential Oils and It Works! Body Wraps.

You can find her at: www.HealthandWellnessbyAnnJWhite.com www.CreatingCalmNetwork.com

Ann White

Earth Song

Be quiet

Stop shouting, stop pouting, stop fighting, stop righting Just stop

Hush

What do you hear?

Listen...can you hear it now?

The heartbeat of the world....beating a universal rhythm The life force of the universe

Can you feel it?

Pulsing with your heart – drumming a cadence of oneness Shhh – can you hear your heart? – can you feel it beat inside of you?

The miracle of your life – pulsing in harmony with the beat of the earth

The rhythm of the crashing waves, the dance of the stars and moon – the chirp of crickets and frogs

One beat, one dance, one earth, one song

So why are you shouting and pouting and fighting and righting?

Be amazed!

The flutter of butterfly wings ignites wild winds around the globe

The water kisses the sky in a vague horizon of oneness You walk on the earth, your feet caressing thousands of years of life, and death, and renewal

Stand in awe of the power...of this song – sing your own song with harmonious notes

Join with others in this chorus of life – celebrate our diversity and sing out our sameness

Sing - Dance - Celebrate - Love

The World is Like a Giant Box of Color Crayons

The world is like a giant box of color crayons and we are the crayons

The first thing we crayons do is break out of our box Who can be creative standing upright like little soldiers all neat and tidy in that damn box

Now we are free – look at us

What amazing colors

Together imagine the pictures we can draw

Be wowed by the kaleidoscope of hues and patterns wildly whirling

Dance with the doodles we design – what fun we can have Peel back the paper – it's okay to share our naked selves And as we get old, and crumble and break – how wonderful that we can still make vibrant colors

Tattered and used, we are alive with beautiful hues to share Oh sure – there are those who color neatly within the lines And others who scribble madly, so madly that pieces of wax fly about in the mayhem

Some prefer rainbows and others, black and white But we share the tapestry of the design – each leaving our mark

Ann White

Little boxes

I refused to be defined by little boxes...

Check the one that applies

Male or female

Married, divorced or single

Rent or own

Young or old

And I refuse to be white when asked my race

I am not white – white is the color of fresh snow

I am not that color

Nor am I flesh – whose flesh?

Dark flesh, light flesh, freckled flesh

Do these little boxes make me the same as you or different? I am part of humanity and yet, I am similar to wolves in my wildness

To hens in my enjoyment of scratching the earth for tiny treasures

To birds in my love of flight and song

To you in my heartbeat

Are there little boxes for these things?

Am I good or bad and who's keeping score?

Am I rich or poor and what is the measure?

Tear up your standardized forms and burn those little boxes.

Come hold my hand and let's form a hug that includes trees, and bees, and furry things, and feathers.

Banish boundaries – lines of demarcation – countries and religions – bury the "mine is better than yours"

Come touch my heart and let me touch yours – they beat in sync with the rhythm of the universe.

Come lay with me on the damp night grass so we can watch the starry sky.

Are those boxes so important now that we can see forever?

Keith Alan Hamilton

Keith Alan Hamilton



~Keith Alan Hamilton~ is an Author who writes a spiritually philosophical blend of poetry and prose that's often further pictorialized with his Smartphone photography. Keith is the online publisher/editor of three blogs which includes The Hamilton Gallery ~ Online.com Blog, the Keith Alan Hamilton.com Blog and the NatureIQ.com Blog. Keith is also an exhibited artist, a fervent promoter of other artists and a professional Information Specialist/Investigator (Private/Corporate Sector – LPI).

Keith firmly believes, "The true act of creating art, is for it to be used for the everlasting benefit of all humanity" by using art to create change.

Driven by that belief, Keith's mission is within the spirit brought forth in his book series Nature ~ IQ: Let's Survive, Not Die! to see the value of proactively working together to improve the overall well-being of humanity. So people become more willing and able to help themselves and then do the same for others. To exemplify this mission a portion of the proceeds from the Keith's book series and his Art Store are donated to help support promising research into the cause, treatment, and management of MS, Fibromyalgia, Diabetes, Cancer, Hydrocephalus and mental conditions (Bipolar, Depression, Autism, etc.).

HUMAN COMMUNITY STEW

an American ethnicity THEM in the know say I ain't got one even though America can be my nation and based on genetics the color of my skin I have to check off as my race hmmmm whatever happened to that identifier THE HUMAN RACE ~ then we would not have to decide if the president of the USA is either black or white or something else 'cause it would then be up to our acts and deeds our service to humanity that should define us

as far as that ethnicity thing I was born and raised in America I'm a little pinch of this or that

all important ingredients added to what makes up a stew my grandfather called *COMMUNITY*

WE THE PEOPLE

experiencing this mixed up blend of diversity interacting physically and cognitively as this HUMAN COMMUNITY STEW with an emergent cultural flavor of complexity born of WE THE PEOPLE living and breathing each day within a portion of shared land while still being a part of THE HUMAN RACE ~ progressively learning what freedom truly is or is not and too what freedom has still not fully become ~ especially

Keith Alan Hamilton

for many of our brothers and sisters as to equality and rights being a normal reality of liberty and that WE THE PEOPLE represent so much more than ethnicity culture and nation

WE THE PEOPLE are
THE WHOLE HUMAN RACE ~
a little pinch
of this or that
all important ingredients
added to what makes up a stew
my grandfather called COMMUNITY

HUMAN COMMUNITY STEW

peace out

a global culture

people people everywhere sprinkled like salt over an apple along the surface of the planet ~ a home they call earth a designation spoken in many languages while living in different nations with differing beliefs and opinions ~ this evolved heritage mixed with tradition brings forth a colorful blend of rich and various cultures throughout the world like a rainbow arched across the deep blue sky

people people everywhere rubbing shoulders while going on with every day matters under the framework of nation and shaped by ethnicity and culture

Keith Alan Hamilton

while associating with other nations shaped by their own blend of ethnicity and culture ~ this interactivity mostly civil can produce friction contributing to a certain amount of social unrest a fractured condition that ain't always so rosy or cozy ~ fueling disagreements aggression retaliation perceived oppression protest revolution acts of war and terrorism that sadly leads to the spilling of blood on the ground freely flowing down the streets pooling in dark alleys which give off the familiar stale stench of a slaughterhouse

people people everywhere yes ~

We. the people together on a planet orbiting inside the universal space called Nature as a species this human construct within the process of reflective consciousness is the link the bond the glue the emergent spiritual realization of an interconnection and interdependence fully capable of cementing the focus of We the people on one ~ singular purpose the key element of a living breathing humankind as this actual ever evolving global culture this whole flavored by various cultures and ethnicities the ultimate common ground for all to take a stand on ~ united ~

Keith Alan Hamilton

the stimulant for helping We the people to concentrate less on the discontent stirred by differences and the apathy of indifference that gives birth to the uncaring behavior of intolerance ~ and concentrate more on the preservation and survival of We the people

THE HUMAN RACE

therefore instilling the foresight the wisdom of envisioning the benefit gained through helping each other help ourselves survive into the future by living and contributing to a global culture We the people

people people everywhere

peace out

really ~ really

I see you do you see me ~ ~ really ~ really I can see the wisdom the benefit in experiencing who you are standing alongside you for a while seeing perceiving from your perspective the beliefs morals values that are reflective of your way your heritage such empathy on my part will not only broaden the experience of who I am but for eternity it will enrich my soul

I see you do you see me. ~ ~ really ~ really for who I am

Keith Alan Hamilton

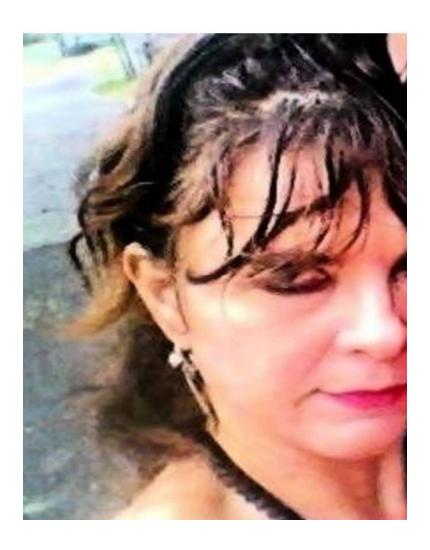
take the time while you still can lift the blinders from your eyes then look into mine see past my skin shed the fear the predisposition that standing in my shoes for a while seeing perceiving experiencing the beliefs morals values that are reflective of my way my heritage won't rob you of your identity such empathy on your part will not only broaden the experience of who are but for eternity it will enrich your soul

I see you do you see me ~ ~ really ~ really

peace out

Katherine Wyatt

Katherine Wyatt



Katherine Wyatt, born in Pittsburgh, PA., comes from a family of artists and writers that date back into the fifteen hundreds. Her mother was a cartoonist whose work was published globally. Her father was a writer in the corporate world, and he started his career as a journalist as a young man. Katherine was formally a ballet dancer who was trained at the prestigious School of American Ballet and danced the New York City Ballet repertoire for many years. She then went to college and got a BA and an MA in World Religions, and MA in Humanities and another MS in Instructional Design for Online Applications. She Attended Florida State University, among other. She then taught college students for three years. Katherine has written all of her life, but mostly academically until eight years ago. When she was seventeen she began a spiritual journey that led her around the world, and to Rishekesh, India. There she studied yoga in the tradition of the Himalayan Masters. She also has spent the last four years studying the history and traditions of Native Americans, and is still learning much in this area. With a strong background in the arts and her deep interest in spirituality her poetry often reflects the human connection to the divine. Her work is inspired by both eastern and western tradition. Katherine is currently and academic writer who loves to write poetry and has two books published.

Katherine's work can be found at Facebook as well https://www.facebook.com/katherinewyatt.trinitypoetry

She can also be found at Reverbnation and SoundCloud\
https://soundcloud.com/katherine-wyatt-trinity
http://www.reverbnation.com/katherinewyatt?profile_view
__source=header_icon_nav

Katherine Wyatt

~pictures

I send her pictures of shot gun houses in the deep south where the slaves lives and where there are ghosts everywhere

She paints them in aqufer watercolors.. in Germany

She sends me pictures of her landscapes cities preserved through war and throughout time how carefully they hold history in European cities

We gather the details of our lives sharing them across time as if space did not exist

She sends me pictures of horses Clydesdales in the snow Behind me there are thoroughbreds in stables racing for money how our two cultures measure worth is strikingly dissimilar

we reach across time and space connect sharing our worlds mundane as the sharing makes it all exquisite

~my sister in Russia.... sister at a distance

Sister, can you hear the wind breathing through the trees into you into me
Sister I needed someone to help me believe in goodness that soft pure love offered with no conditions....

We stood beside one another a world apart holding one another's backbones trying not to fall

Perhaps it was too much for such distance or to overcome the obstacle course we both had set in front of us

Sister, can you feel the breeze blowing through the center of me where I put you to keep you safe ...I hear the metal and the whistles in the distance the sun is setting as the train disappears over the horizon with you aboard, no longer within my visions

Katherine Wyatt

There is no solace in emptiness only the wondering of what the lesson was .. and if I missed it... yet again

I am mystified at the tender frailty of human bonds

I have always held them
as everything
when the reality is
we are born and die alone
anything in between
is fragile
passing like the winds
breathing through us

...leaving only impressions

~foreign to me now

Dustdevils swirl within my solar plexus winter is a cruel chill it moves through me a ghost ... so cold

The verses fail and fall turning to frost on this barren landscape Reminiscence is not a friend... and my words were not enough to nurture a love plausibly invisible

My own love... only mine and you were a conception born of dreams foreign to me now

We fall in love with love accidently loving once or twice in a lifetime arching our backs in the moonlight howling lone wolves as the trance fades and we are left alone shattered

Katherine Wyatt

You were too close to my realities

Those words themselves reveal the depth of my own delusions.....

I exhale to release the stasis only leaving space for forward momentum

Fahredin Shehu

Fahredin Shehu



Born in Rahovec, South East of Kosova, in 1972. graduated at Prishtina University, Oriental Studies.

Actively works on Calligraphy discovering new mediums and techniques for this specific for of plastic art.

Certified expert in Andragogy/ Capacity Building, Training delivery, Coaching and Mentoring, Facilitating etc.

In last ten years he operated as Independent Scientific Researcher in the field of World Spiritual Heritage and Sacral Esthetics.

Fahredin Shehu is a highly *Noted* and *Acclaimed* World Renowned Poet, Author, Teacher and so much more. He graduated from Prishtina University with a Degree in Oriental Studies. In his continuing Education he received an M.A. in Literature. and a PhD in Sacral Esthetics.

Fahredin hails from Rahovec, South East of Kosova and has been embraced affectionately for his acutely gifted insightful poetic expressions by the Global Poetry Community. The depth and knowledge of many spiritual aspects that affect Humanity subtly shines through in his work. *Pleroma's Dew & Maelstrom* are very graceful works that serves to add to the accolades of this much celebrated Poet / Author / Philosopher.

http://www.innerchildpress.com/fahredin-shehu

Fahredin Shehu

The Grape Berries

See the grape berry out of which the mildness of the dew dribbles the Goodness descend from heaven there where I see my image while it reflects a longing only for a smile ... of an blue-eye Angel and while it falls in the grass leaf of emerald color this miracle that takes its greenness out of whiteness of the heavy clouds in the end of September from the eternal press again we squeeze the grape heavy of abundant syrup soaked up from Albanian sole sometime ago, today and always

The value of Love

The value of Love is known only by separated the sweetness of a beautiful word is known only by those offended the happiness is known only by the one in soreness for the sick even a fresh water is bitter the one who learned the limit of the pain the one learns how to Love for Eternity and a day more

Fahredin Shehu

Opal

Have you ever designed?

a transparent box to protect my shine, my beauty, my magnetism and my power.

Have you ever touched?

The skin of an orphan infant And felt his warmness From the light of the rainbow colors Emerging from his heart

Have you ever thought?

You are a cosmos that embraces The entire Universe and unify Back with Human

So hard dear so hard...

Hülya N. Yılmaz

Hülya N. Yılmaz



hülya n. yılmaz was born and raised in Turkey but has been living in the U.S. as a university instructor since she earned her liberal arts doctoral degree from The University of Michigan. During her studies, she gave birth to her life source – a daughter who is now a mother herself. yılmaz authored a then groundbreaking research book in German on the literary reflections of cross-cultural interactions between the West and the Islamic East. She has a chapter published in a research book and presented her smaller scholarly projects at various national and international conferences. A few were published in academic journals.

A member of the Academy of American Poets, Dr. yılmaz authored with Inner Child Press, Ltd. her debut book, *Trance*. In this book of poetry in English, German and Turkish, hülya offers a venue for deliberations on identity formation and assertion within a multi-cultural context. Her narrations then alert readers to the urgent need for a re-visit to the often-unquestioned patriarchal mindset across the world. Several of her other creative work continue to appear in other Inner Child Press, Ltd. publications.

A licensed freelance writer and editor and a member of the Editorial Freelancers Association, hülya n. yılmaz served as editorial consultant for a large number of literary manuscripts, having published several book evaluations and critiques. She has also extensive experience in literary translations between English, German and Turkish in any direction – an example of which is present in *Trance*.

Links:

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Hülya N. Yılmaz

a woman of Anatolia

thousands of years
numbers of civilizations
splendor in built-in riches
artifacts
nature
social, economic, religious reforms met the onset of 1923
Mustafa Kemal in Turkey – the infant republic's first
president
over night, the gentle father of his country for her people

she led a prosperous life since enviable by the then world powers jealous of his immense success from the ruins of the Ottoman land

women became free not in public merely but also in their privacy

in her unrivaled bosom
the honor the pride of countless cultural icons
immersed in precious peace-filled diversity
self-differing faiths settled safely inside her
attained in his honor her long overdue legacy
tolerance
acceptance
co-existence ruled

decades later...

-

corruption
disruption
deconstruction
religion's unreligious re-construction
of a merciless tyrant raped and is still raping her
unrelenting in its destruction of her glorious past
harmonous present
having robbed her of her dazzling future

monstrosity rules today with its brutal violation of Turkish women's fate with no drop of hope for any left behind to date

Hülya N. Yılmaz

exclusive memberships

it's a learned thing nothing to be proud of, if gone awry and as time is an esteemed witness these matters too often go amiss

parents, grandparents, great grandparents lead the way they don't want us to ever go astray as fast as the revolving door can sway they scatter us all on a multi-tiered tray we thus journey as scattered selves into which we are made though we return to our source as the one that we are meant

"our culture is extraordinary," has always been the firm claim,

"learn our rich heritage, live up to its age-old fame, wear your ethnic pride always all over your untainted build, have the inferior assume the massacres' guilt blame and shame"

it's a learned thing nothing to be proud of, if gone awry and as time is an esteemed witness these matters too often go amiss

the marginal and the mainstream human

modern history finds them of despicable minor status today:

Turks in Europe

1961 saw them rolling in as blue-collar workers after their government sold them for that infamous red carpet

its equally manipulative counterpart spread under their feet

they first became street sweepers attended public toilets and god-forlorn alleys of crime literary pens among them were brushed aside too long when out of the scores of oppressed marginal selves entrepreneurs with the crisp mainstream green came along oozing ambitions into the parlamentarian powerhouse although minor in impact yet language and mind intact those foreign voices then changed into a well-known fact

back at home for several centuries

their ancestors had under their reign civilizations galore the great great great great grandchildren of those rulers

remained oblivious to the ills of their life-seeking own unaware how they are now trapped in the fangs of marginality

on the capricious pages of a modern-day European tragedy one that has been writing for decades for the world to see of their twofold abandonment by the hardcore humanity

Hülya N. Yılmaz

Teresa E. Gallion

Teresa E. Gallion



Teresa E. Gallion was born in Shreveport, Louisiana and moved to Illinois at the age of 15. She completed her undergraduate training at the University of Illinois Chicago and received her master's degree in Psychology from Bowling Green State University in Ohio. She retired from New Mexico state government in 2012.

She moved to New Mexico in 1987. While writing sporadically for many years, in 1998 she started reading her work in the local Albuquerque poetry community. She has been a featured reader at local coffee houses, bookstores, art galleries, museums, libraries, Outpost Performance Space, the Route 66 Festival in 2001 and the State of Oklahoma's Poetry Festival in Cheyenne, Oklahoma in 2004. She occasionally hosts an open mic.

Teresa's work is published in numerous Journals and anthologies. She has two CDs: On the Wings of the Wind and Poems from Chasing Light. She has published three books: Walking Sacred Ground, Contemplation in the High Desert and Chasing Light.

Chasing Light was a finalist in the 2013 New Mexico/Arizona Book Awards.

The surreal high desert landscape and her personal spiritual journey influence the writing of this Albuquerque poet. When she is not writing, she is committed to hiking the enchanted landscapes of New Mexico. You may preview her work at http://bit.ly/1aIVPNq or http://bit.ly/1aIVPNq or http://bit.ly/1aIMLGh

Teresa E. Gallion

Home Visit

I enter the forest and the trees speak, branches extend their arms, leaves take my hands. They all whisper in my ear, *you are home*.

We hold the entrails of your birth deep in our roots. This is your heritage. Come to us when you are weary, sad, feel alone, full of joy, your belly overflows with laughter.

Your soul has rested here many lifetimes. The body belongs to that thing called human. Your spirit belongs to the forest, a most sacred place on earth.

Come claim your birthright. It sings in these woods, runs in the meadows, dances along the trails.

Whenever you want to rest, come here and lean against this tree. Your mother resides here, keeps your birth blanket warm.

Cultural Fragments

Running up and down the black tar of summer barely six, just finished first grade, ready to embrace a southern summer.

Hot and humid, sweat beads match the giggles of simple child's play, marbles, spinning tops, checkers, dominoes.

Stomachs full of grits and eggs, children of poverty, rich in love and spirit, sheltered from the real world as much as possible.

Loss of innocence is harsh sometimes, a picture of strange fruit hanging from a tree. God only knows where the boys got the picture but we all know it is forbidden and promise not to tell anyone what we saw as we cry under the acorn tree.

And the afternoon shower comes teasing the red clay dirt, dull sweet scent pulling you. Mama's not looking, sneak up the hill for a taste before Papa tells, those kids gone up the hill and you know they eating that dirt.

Teresa E. Gallion

A Piece of Me

Everyday is Sunday and joy rolls down my face. Release from an 8 to 5 dance with politics and bureaucracy buried mercifully in the sand.

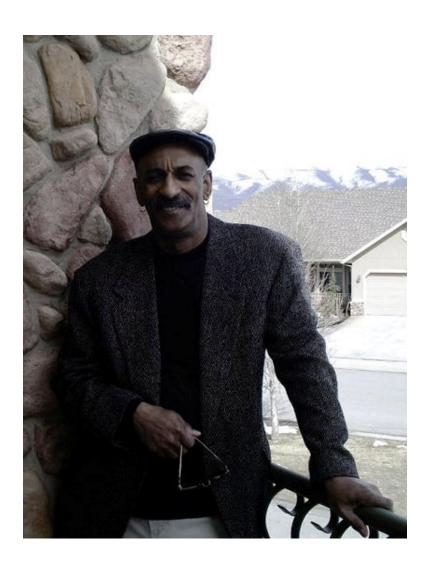
Now the wild woman plays every day, meditates in grassy meadows, walks sacred trails, hugs giant cottonwoods as sexy as sequoia, frolics in high desert streams.

There is no great love rolling down the last highway I am driving. It all resides within me. The reality of that fact hits when your wisdom notes turn to salt and pepper on your head.

You know you arrived whole, many healed broken pieces and gratitude bleeds from your veins, washes your face in sacred light. You see clearly, the only thing that matters is the present moment.

William S.
Peters Sr.

William S. Peters, Sr.



Bill's writing career spans a period quickly approaching 50 years. Being first Published in 1972, Bill has since went on to Author 28 additional Volumes of Poetry, Short Stories, etc., expressing his thoughts on matters of the Heart, Spirit, Consciousness and Humanity. His primary focus is that of Love, Peace and Understanding!

Bill is the Founding Director of Inner Child Enterprises as well as the Past Director of Publicity for Society Hill Music.

Bill says . . .

I have always likened Life to that of a Garden. So, for me, Life is simply about the Seeds we Sow and Nourish. All things we "Think and Do", will "Be" Cause and eventually manifest itself to being an "Effect" within our own personal "Existences" and "Experiences" . . . whether it be Fruit, Flowers, Weeds or Barren Landscapes! Bill highly regards the Fruits of his Labor and wishes that everyone would thus go on to plant "Lovely" Seeds on "Good Ground" in their own Gardens of Life!

to connect with Bill, he is all things Inner Child: www.iaminnerchild.com

Personal Web Site www.iamjustbill.com

i am the fruit

i am the fruit of the spirit of my ancestors
from the seed they planted
in the gardens of their dreams
their hopes . . .
as they suffered
and toiled
sweated
and bled
and cried
to nourish their prayers
for the day
their tomorrows
and our "Here and Nows"

my soul has yearned to taste this fruit
this offering
for which so many
sacrificed and died
in the hot balmy day of the fields
in the cold dark nights
of some one else's wilderness

we still made it through
with the hungry babies crying
and no time for sighing
and our unwilling complying
for the Lorde He was trying
testing our mettle
testing our character
of our visions
and
of our pains

and i . . .
i am the spirit of my ancestors
and that spirit is sweet
for i was planted and nurtured
in the spirit of forgiveness

i am the Spirit of love!

May i honor this spirit with my character my works and my dreams for my children's tomorrows with love . . .

for in the fruit resides the seed

and . . .

i am the fruit!

Grandmas Hands had Magic in them

this morning i woke up
just as flaky as the biscuits
served at breakfast,
but i was all right
with that
because my thoughts were
swimming in
that fresh home churned butter
and sweet Alaga syrup
just like at Grandmas
when i was a small
Savannah boy

she taught me that way

there is nothing in the morning that a cup of coffee and some quiet contemplation of the self and the day can not fix

you lace those moments with a love connected conversation and the meal of life is always palatable

Grandmas Hands had Magic in them

My Grand Father's Garden

My Grand Father, My Father's Father was a simple man. There seemed to be no thing complex in his life . . . at least from my perspective as a child, and later on "young adult'. He seemed to enjoy the plainness and peacefulness of life. We endearingly called him "Gramps". His name was Ellis Wanamaker.

He enjoyed such things as sitting in his Rocking Chair in the shade under this humongous Pine Tree in his front yard. Very often you could find him playing his Acoustic Guitar and smoking his Corn Cobb Pipe simultaneously. I credit him with inspiring me to later on in life enjoying playing the Guitar, though not very good. I however do own 3 of them, a 6 Sting Acoustic, a 12 String Acoustic, and a 6 String Electric.

The thing my Grandfather loved most in his life was his garden. He actually had 2 of them. He had a fairly sizeable one in the back yard. As a matter of fact, there was not a back yard, just garden. He also had a friend named Mr. Kersey who also was an Avid Gardener / Farmer who owned a large amount of land of which my Grand Father shared. Gramps' other garden was really big. Of course as children we did not appreciate it that much. Probably because we were obligated to share in the family tasks of tending the garden. I guess it was fair, we of course enjoyed it's yield.

Gardening is a lot of work. You have to plow the land to create rows, straight rows. You have to seed or plant the seedlings. You have to water the garden. You have to pull the weeds. You have to fertilize the garden. You have to pick the fruit. My Gramps had just about everything you can imagine! Tomatoes (Jersey, Plum, etc.) White Potatoes,

William S. Peters, Sr.

Sweet Potatoes, Eggplant, Okra, String Beans, Lima Beans, Snap Beans, Peas, Yellow Corn, White Corn, Collard Greens, Mustard Greens, Kale, Cucumbers, Cabbage, Lettuce, Broccoli, Cauliflower, Onions, Watermelon, Peanuts, Green Squash (Zucchini) Yellow Squash, Acorn Squash, Butternut Squash, Strawberries, Cantaloupe, Honey Dew Melons, Grapes, Peaches, and on and on and on. Quite a bit of continual work. It seemed like every day, there was something to do. Don't get me wrong, there were very few days where you spent excessive time in the garden, except picking season.

You see, my Gramps knew his craft well. He was well organized. He had it down to a science. He was a Gardenologist. The point I am making is that now, when I look at life I recognize many principles of my Gramps Gardening behavior in my life and my faith. First and Foremost, There will be no Fruit if you don't plant any seeds. . . for real, unless you steal it. But before you plant and seeds or seedlings, you must prepare your soil in your garden. If you remember, this is just the beginning of a very long and arduous process to yielding a "Good Fruit or Harvest"! We must water our Gardens . . . We must pull the Weeds . . . We must Fertilize our Gardens of Life . . . and almost finally if we are diligent, we can now Harvest. But still there is more . . . You must wash off the dirt from your Fruit . . . the dirt of the world! And lastly, then your fruit / harvest is ready for presentation and consumption.

Just 1 quick and final query . . . what good is your harvest if there is no one to share it with. My Gramps had us, and for his efforts, dedication to his avocation, and HIS LOVE, we always had smiles on our faces because of HIS LOVE. Sounds like God!

February 2015

Features



Iram Fatima

Bob McNeil

Kerstin Centervall

February 2015 Features

Iram Fatima 'Ashi'

Iram Fatima



Iram Fatima 'Ashi' is Indian and living in Saudi Arabia. She is the Managing Editor of Reflection Magazine.

Iram Fatima 'Ashi' was born and raised in India. She have lived in different places and explored different people and their cultures because of her father's transferable job. She pursued graduation and post graduation in English, diploma in creative language and diploma in computers. She has been writing since the age of 13 in Hindi, Urdu and English.

Her articles, short stories and poems are published in Indian magazines, newspapers and internationally her work published, in different anthologies in Canada, India and US.

Her complete anthology of poetry is published in US "My First Poetry Book"

http://www.innerchildpress.com/iram-fatima-ashi.php

Her poems are simple yet subtle. And you don't need much literary prowess to understand their depth. She is Editorial executive sub-committee member of international on print literary journal LITERARY CONFLUENCE: A Global Journal of English and Culture Studies (GJECS) (ISSN: 2349-6509)

She loves nature, traveling, spending time with family-friends, listening music, reading, writing and painting. She is a poetess, writer, editor, painter and overall an artist by heart

Iram Fatima

Connected

I will fight thousand times to hurt you, to know the girl whom you love,

You are always answerable and agree, the name you have to quote, is me.

My behavior might injure you, you might feel disturbed and broken,

I will smile with delight as usual and will calm you with words unspoken.

I will come slowly in your sleep, to make my arrival unheard carefully,

Keep your head on my lap gently and caress your hair with love, tenderly.

Shh... don't open your eyelid for vision, nor lips to exclaim anything,

It's my chance to show my emotions, be innocent as you know nothing.

I will keep you holding as long as you desire to be there for caress and kissing,

This is a pleasant dream which you always assumed for life's blessing,

Feel my warm presence, explore my heavenly beauty with eyes shut,

I am with you to live this dream, I will vanish by witnessing eyes, live this uncut.

Our indefinite emotions are beyond understanding, immortal and eternal dear,

We are at a physical distance, but connected with telepathy to feel each other near,

A Touch

A touch,
That fills with disgust,
Rolls on flimsy body,
To feel her sharp curves,
Freezes her emotions and body,
Love has gone flush...
He is motivated only by lust.

Don't blame her,
For her dressing and body,
She is but a victim of sick mind,
She suffers whole life due to that moment,
Love has gone flush...
Her goodness goes gush.

A hunger,
For a pleasure out of splendor,
To fulfill worldly necessitate,
He aims to get her feminine body,
Love has gone flush...
Ruthless acts flow and rush.

An ache,
That her body undergoes,
Travels inside her lonesome soul,
Tears her into tiny pieces,
She is shattered like a broken glass,
Love has gone flush...
Pain reflects into eyes its anger not blush.

Iram Fatima

A feminine,
Goes through this,
When a masculine over powers,
Crush petals like cadaver,
Disposes her off after his use,
Love has gone flush...
Insanity overwhelms, and humanity has its crush.

Dancing at the beats of Rain

Saw a girl, dancing on the beats of the rain Wet clothes draping her body, giving her a shape Hair like creepers, sliding from her head downwards She was in ecstasy, in bliss, careless and delighted

Rain drops falling to catch her cheery steps
Kissing her prettiness, dropping on her head
Falling down on the earth, for the last touch of her toe
Like thousands of pearl strings broken and showering on
her.

Clouds are dark and thunder is loud, Nature is in high spirits flowing its sanction Clouds are in love and melting in the form of water To quench the thirst of clouds by touching her beauty

She is with moist body and fresh like a rose
Reflecting her beauty as sun rays come from dawn
Bright, amusing, fragrant and jovial in nature
I am watching her from a distance, tasting nature through a
glance at her.

Iram Fatima

Bob McNeil

Bob McNeil



The Year of the Poet ~ February 2015

Bob McNeil recalls, at the age of six, <u>A Child's Garden of Verses</u> planted a seed in his mental soil. Later in life, the Imagists and Negritude Movement nurtured him.

Today, Bob McNeil tries to compose poetic stun guns and Tasers, weapons for the downtrodden in their battle against tyranny. His verses want to stand like a citadel against reactionary politics. Moreover, his work is dedicated to one cause—justice.

Even after years of being a professional illustrator, spoken word artist and writer, he still hopes to express and address the needs of the human mosaic.

Bob McNeil

sword of words

we create we shape we mold a cosmos of star-lustered concepts with words God-hallowed words sage-made words Adam-ancient words sermon-mounting words we write we inspect we dissect exposing our love-housing hearts exposing our world-impaired spirits we infuse each page with words passion-inclined words birth-painful words war-morbid words rainbow-garnished words the serum, language flows from our veins words are forces possessing an artery to assault or soothe we're poets throughout our souls throughout our limbs we feel our poems

The Year of the Poet ~ February 2015

Our parts of which we speak

I enjoy the way your verbs taste, stroke and titillate my hut of flesh and its resident soul.

I endure the way your adjectives
desire to describe the details of beauty.
Adjectives are paintings of dawn:
they strike sulphur,
but they do not emblazon my vision with brilliance.

I revere the nouns that name the person, place and thing that you are. Every appellation I use provides another reference to the benevolence of you.

I hate the pronouns assigned to design ourselves, for enwrapping yourself in pink won't disguise the cries of your mannish side and my anima is pregnant with a passion to reproduce.

I appreciate the conjunction that you have grown to be. You are the "And" that facilitates my spirit's state By using the adhesion of compassion.

I adore you for the prepositions that grant these facts:
I am on a bed of beatitude with you.
We do what we want for joy's geysers,
experiencing satisfaction after the flow.

Bob McNeil

I titter at the interjections we use as illustrations of our jubilation. The exclamations are sillier than children chortling on a carousel.

I assert adverbially,
both you and I have become
rather pledged to the notion
of cherishing an emotion
without using its word.
Soundlessly appreciating that thoughtful space,
waiting for language to transport the topic,
our best sentiments on commitment are expressed.

The Year of the Poet ~ February 2015

My Mahogany Muse

My Mahogany Muse, Certain males Try to malign and confine Your Sojourner Truth mind. However, you, Sun-hot with fire, Burn your way free. My Mahogany Muse, Once hellish hands Exert their fervor to hurt, You become water And swan away. My Mahogany Muse, Soon as injustice Attempts to choke us, You become air That resuscitates with care. My Mahogany Muse, You are Scripture on Sundays, Giving the sum From wealth-filled wisdom. You are my Guidepost to Utopia,

My Mahogany Muse, You prevent my descent Each time I near The Foolishness Abyss.

Blessedness is the bridge

Providing angel-glazed rays.

Bob McNeil

Kerstin Centerval

Kerstin Centervall



The Year of the Poet ~ February 2015

I was born in Sweden, where I also live and work. My writings and my great interest in all forms of art, has always followed me. I am much fascinated by languages, and to express myself in words. To use the language for making living pictures to the reader. My studies for a Teacher's degree, developed my already great interest in Old English Literature and Greek Mythology which was already a companion in my life.

My first book "Shooting Stars" was a springboard to a new experience in life and my second book "Music in Verses" a contest for winning recognition as a poetess and writer. In the end of 2013 I also published my third book. "The Northern Star" A collection of 180 poems. My fourth book

I was in 2013 by Destiny to write Publication awarded the winning price as the Author of the Year, the Most inspirational Poet and the best Newcomer. I thank Barry Bowles very much for his great engagement and his burning interest for poetry ,which up to now has helped many authors and poets to grow and to become very skilful, achieving a poetic level, very high.

With great thanks to RECITO FÖRLAG AB for their great engagement and to all my readers. My book THE PATH I TREAD is a gift to poetry and to people, giving me the success I have been honoured with.

My Blog http://prince2000ful.com

SoundCloud. https://soundcloud.com/kerstin-centervall

You Tube https://www.youtube.com/user/prince2000ful

Kerstin Centervall

I NEED A HUNDRED YEARS

I need a hundred years and many more to see you standing clear in front of me so many waves must reach the shore and thousand dawns must early wake thee.

I need so many ages to read thy frozen lips so many winter and summer winds to be caught before I touch your soft skin with my fingertips and feel your forehead gaze which I adore.

I need all time to hurry and never go to rest for lifting up your eyes and show the daily bright for hearing the beating sound from your chest your humble voice come close in pure delight.

In all our time which grows, I need so even you your honour, your graciousness and lust to follow me in veracity, in truth to embrace every morning in exalted trust.

Please give me hundred years, which I deserve and I will never more complain, or your will refuse my senses will lie before you with shivering nerves my values, within my eyes of tears suffused.

The Year of the Poet ~ February 2015

HOW OFT MY TEARS COME RISING

How oft my tears come rising from wells of inward stirring sores captivating my courage into nothing taking all what my heart can afford.

I am not proud of those two eyes which so much of misery can see how much they ever sparkle in the skies they know all hearts not yet been free.

It's true they have a Lover's power to stay and burn in a brave mind to enforce that desperate amour in what devotion lies.

And in thy face ,that mask they know of what you sometimes turn away they find and sacrifice the deep below where all secrets are trembling this day.

The eyes of deep colour in emerald-green like a fountain are bubbling over and with all their experience they will see the tears of lessen immortality and moreover.

Kerstin Centervall

BEING SOLD TO THE DAYS

Being sold to the days and sold to the nights I am weighed by the stars and the light in the dark and the silence I carry the dream what to me an overwhelming beauty will seem.

But nothing will be settled and completed without the motion from the senses, heated stirring all the leaves of mystery made and the heart's beat in the passion of shades.

A deep look from the light of my eyes casting shimmer over all living and death in life hidden is a soul born with tears and a child, frightened and full of fear.

The next living tissue which has to gleam in all grace of my beauteous, but invisible dream the emotion of a sweeping pearling sound which I'm sure in my love will be found.

To you my dear, I send my call of days and nights to follow me in all what's wrong and right Cause ,I know you will always make the wondrous choice when you hear my endurance and motion of my voice.

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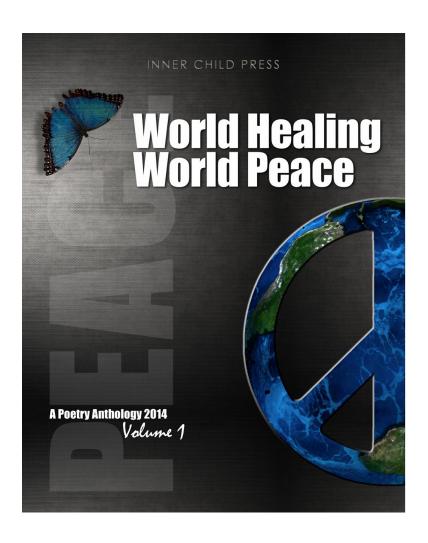
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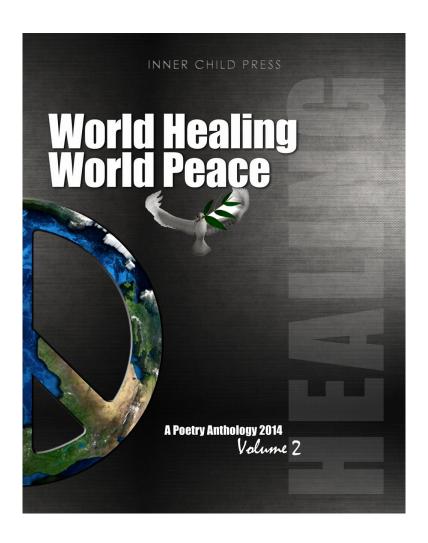
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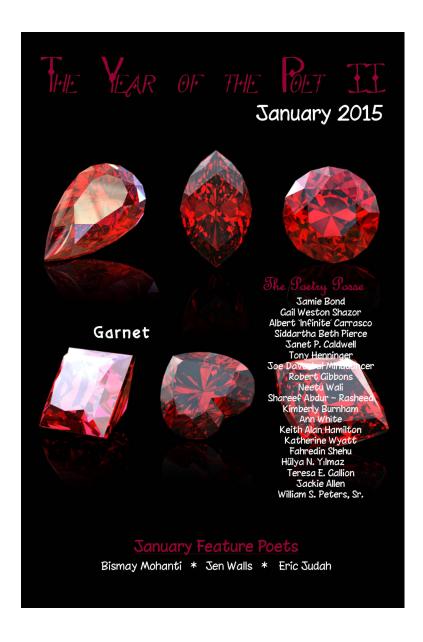


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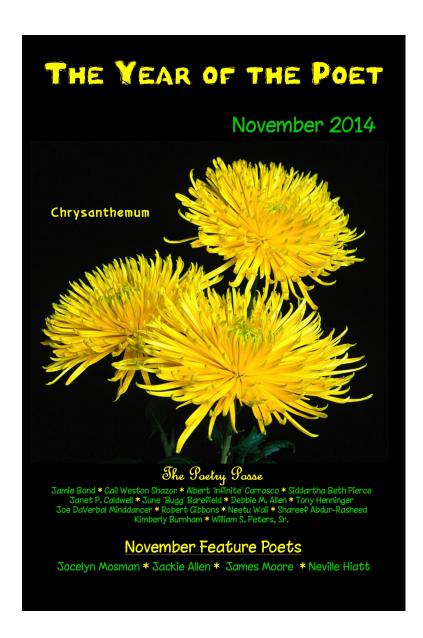
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THE YEAR OF THE POET

October 2014



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Samie Bond * Gail Weston Shazor * Albert 'Infinite' Carrasco * Siddartha Beth Pierce
Sanet P. Caldwell * June 'Bugg' Barefield * Debbie M. Allen * Tony Henninger
Soe DaVerbal Minddancer * Robert Cibbons * Neetu Wali * Shareef Abdur-Rasheed
Kimberly Burnham * William S. Peters, Sr.

October Feature Poets

Ceri Naz * Rajendra Padhi * Elizabeth Castillo

The Year of the Poet

September 2014



September Feature Poets

Florence Malone * Keith Alan Hamilton

The Poetry Posse

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Sanet P. Caldwell * June 'Bugg' Barefield * Debbie M. Allen * Tony Henninger Joe DaVerbal Minddancer * Robert Gibbons * Neetu Wali * Shareef Abdur-Rasheed Kimberly Burnham * William S. Peters, Sr.

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August Feature Poets

Ann White * Rosalind Cherry * Sheila Jenkins

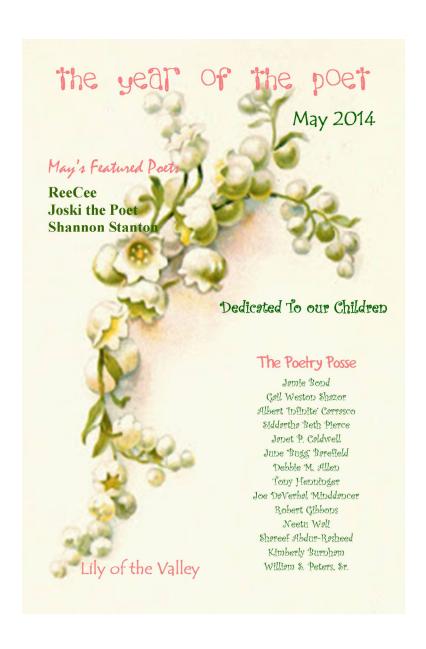


the Year of the Poet June 2014



June's Featured Poets

Shantelle McLin Jacqueline D. E. Kennedy Abraham N. Benjamin Cail Weston Shazor
Albert 'Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June Bugg' Barefield
Debbie M. Allen
Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur-Rasheed
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April 2014

The Poetry Posse

Jamie Bond
Gall Weston Shazor
Albert Infinite Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June Bugg Barefield
Debbie M. Allen
Tony Henninger
Joe Daverbal Minddancer
Robert Gibbons
Neetu Wall
Shareef Abdur-Rasheed
Kimberly Burnham
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Our April Featured Poets

Fahredin Shehu Martina Reisz Newberry Justin Blackburn Monte Smith

celebrating international poetry month





Our February Features
Teresa E. Gallion & Robert Gibson

The Year of the Poet January 2014



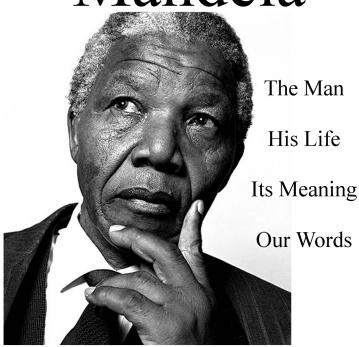
The Poetry Posse

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Debbie M. Allen
Tony Henninger
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Robert Gibbons
Neetu Wali
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Our January Feature

Terri L. Johnson

Mandela

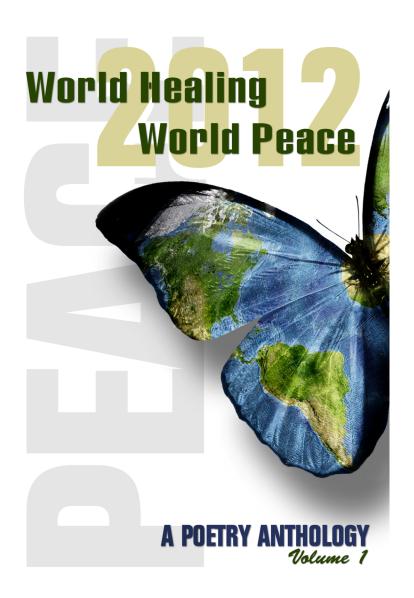


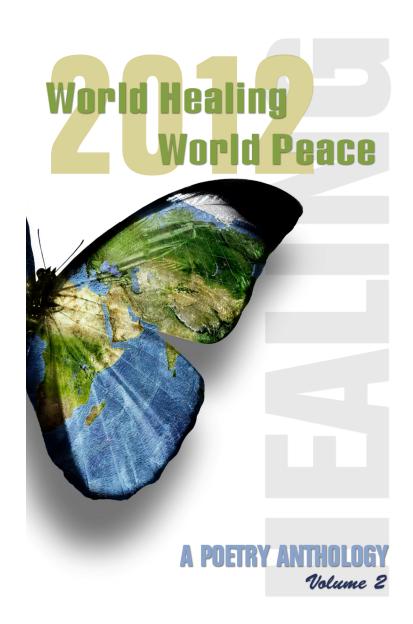
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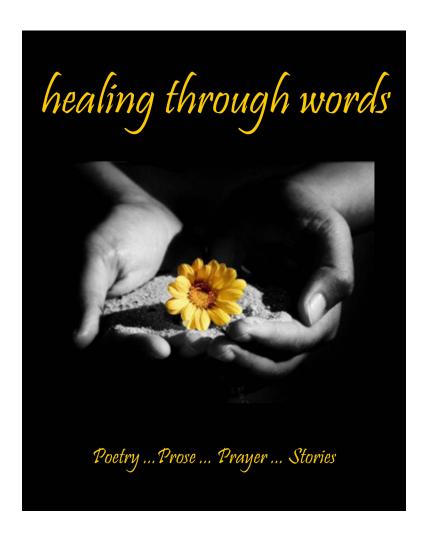
A GATHERING OF WORDS

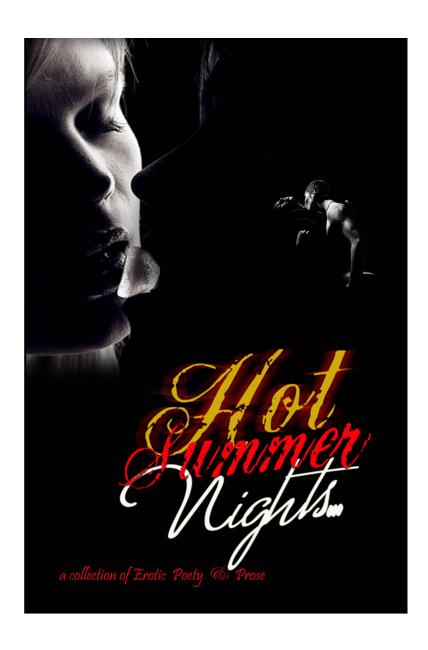


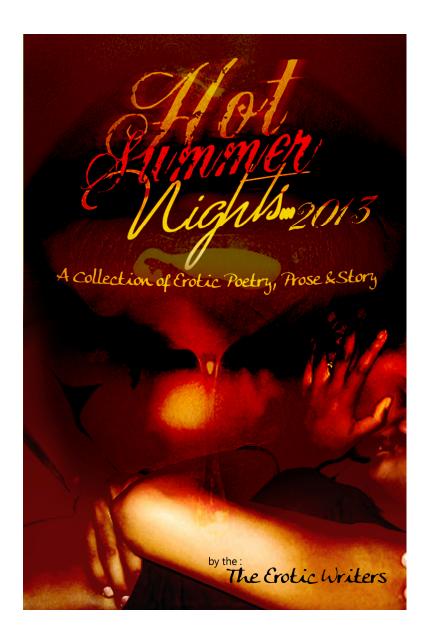
TRAYVON MARTIN

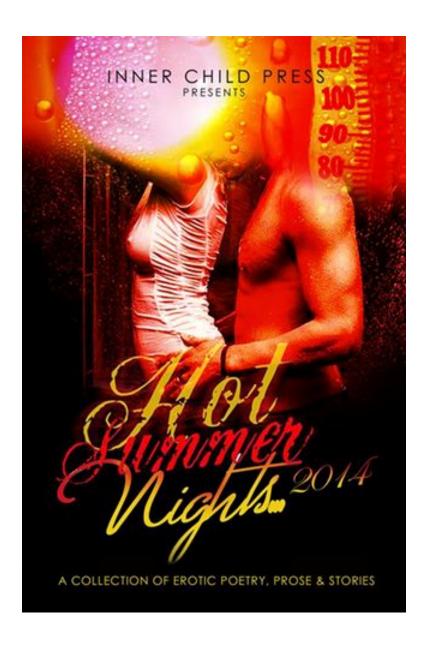


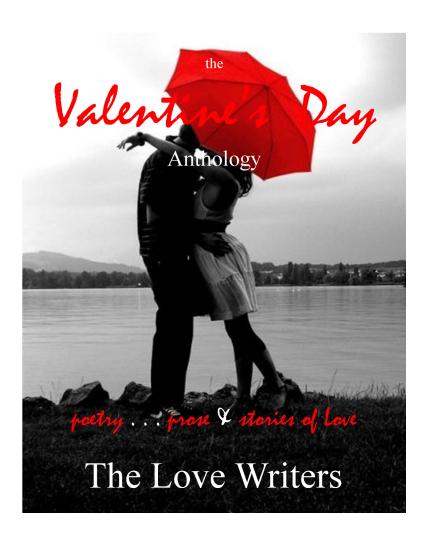












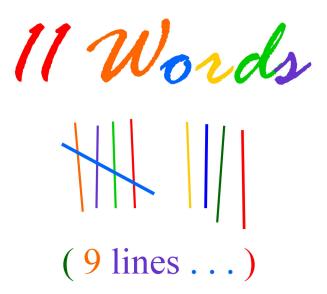


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THE POWRY POSSE





FEBRUARY 2015 FEATURED PORTS



Iram Fatima



Bob McNeil



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