

February 2016

Anthony Arnold
Anna Chalasz

De'Andre Hawthorne

Puffin

The Poetry Posse 2016

Gail Weston Shazor * Joe Da Verbal Minddancer . * Alfreda Ghee Fahredin Shehu * Hrishikesh Padhye * Janet P. Caldwell Anna Jakubczak Vel RattyAdalan * Shareef Abdur — Rasheed Albert Carrasco * Kimberly Burnham * Ann J. White Hülya N. Yılmaz * Demetrios Trifiatus * Alan W. Jankoaski Teresa E. Gallion * Jackie Davis Allen * William S. Peters, Sr.

The

Year

of the

Poet III

February 2016

The Poetry Posse

inner child press, ltd.

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General Information

The Year of the Poet III February Edition

The Poetry Posse

1st Edition: 2016

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WHAT WOULD FE WITHOUT A LITTLE OF TRY?

Dedication

This Book is dedicated to

Poetry . . .

The Poetry Posse

past, present & future

our Patrons and Readers

the Spirit of our Everlasting Muse



the Power of the Pen.



Foreword

How can an ultimate poetic experience be complete without a flamboyant collection of verses? Inner-child Press again offers a cocktail of cultured cognition, a new segment of brilliantly weaved creations by some of the very expert poetic geniuses. Creative thoughts are like rays of light striking upon the subconscious mind to charge the instinct of creativity; thence, motivating it to paint imaginations, hallucinations, ambitions and every single echo that the emotions resound. Poetry is a reflection of writer's prodigious ability of weaving iridescent words upon the blank canvas. A poet's mind can be called as an open yet a mysterious castle of obliquely moving thoughts. Poetry is but a kind of ascending nova, that can ignite souls, enlighten them, even heal them. Having a variety of glistening poignant colours inside, considering this issue, it is a distinguished collection of verses written by the writers all over the globe.

Let's flow with swift and stormy waves of art in this literary voyage. To heal the scars, feel the bliss and seal the happiness by keeping the mind's eye opened for gazing this mystic galaxy of poetic stars known as "The Year Of The Poet".

Hrishikesh Padhye

Author - Echoes and Consequences Hymns of Ascension

Student - Civil Engineering

Preface

Greetings to all,

I like to think of February as the "Month of Lovers". It makes complete sense to me since Valentine's Day is February the 14th. This also presents an opportunity for us a Poets and as Human Beings to share our love with intent to all and any without equivocation or inhibition. No i do realize that many people are guarded and reluctant to open themselves up to not only give love, but to receive it. Perhaps this is where poetry can assist. This month, February 2016, we The Poetry Posse are not only presenting our regular publishing of "The Year of the Poet" to the world, but we also are publishing a very special offering of love titled Be My Valentine. In this offering you will be divinely treated to some of the most beautiful and meaningful verse from some of the members of The Poetry Posse. We hope you are inspired by our humble offerings.

On another note, if you are so moved, take the time to reach out to someone, anyone and lower your guard and express some love to and for your family, your neighbor, or a complete stranger. The

benefits by far outweigh the effort. It is by our giving unto each other that we continue the process of healing our humanity, and thus healing our world.

For Free Downloads:

www.innerchildpress.com/the-year-of-the-poet

n the meantime, enjoy the work of some of the finest Poets i know.

Stay Blessed

Bill

DS

Do Not forget about the World healing, World Peace Poetry effort.

Coming April 2016

For more Information go to:

www.worldhealingworldpeacepoetry.com

Also Check out the

Valentine's Day Anthology

Thank God for Poetry otherwise we would have a problem!

 \sim wsp

$T_{able of} C_{ontents}$

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Poets, Writers . . . know that we are the enchanting magicians that nourishes the seeds of dreams and thoughts . . . it is our words that entice the hearts and minds of others to believe there is something grand about the possibilities that life has to offer and our words tease it forth into action . . . for you are the Poet, the Writer to whom the Gift of Words has been entrusted . . .

 \sim wsp



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inner child press, ltd.

Poetry succeeds where instruction fails.

 \sim wsp

Gais
Weston
Shazor



This is a creative promise ~ my pen will speak to and for the world. Enamored with letters and respectful of their power, I have been writing for most of my life. A mother, daughter, sister and grandmother I give what I have been given, greatfilledly.

Author of ...

"An Overstanding of an Imperfect Love" &

Notes from the Blue Roof available at Inner Child Press.

www.facebook.com/gailwestonshazor www.innerchildpress.com/gail-weston-shazor navypoet1@gmail.com

Poesies

When my poetry Falls in love With your poetry The poesies fit together Yours and mine Like fragrant kisses on soft lips Like tender caresses When you least expect it Like the first summer melon To cool a hot day Our pieces intertwine Into endless sunsets And rainbows across the sky Poets can do this to each other Paint pictures so vivid That we cannot but help to want more

And so we seek the light
And sometimes the darkness
While looking for that emotional
Hell Yeah and I Heard That
Tambourine slapping truth
That only poetry can deliver
And silently we ink to each other
But more importantly
We ink to the world
Poets, Poetry, Poesies
Heart and soul
Truth

POETRY

POETRY

Colorful

Language

Wrapped around

Heartfelt sentiments

Pain and joy experienced

Sexy words

Smiles and tears

Is

LOVE

Is

Tears and smiles

Words sexy

Experienced joy and pain

Sentiments heartfelt

Around wrapped

Language

Colorful

POETRY

Poetry is Love

Written words Words of poetry Poetry sells Poetry excites Excites the heart Excites the brain Brain on fire Brain does desire Desire to feel Desire to taste Taste the sweat Taste the scent Scent of perfume Scent of sex Sex belies Sex decries Decries the feeling Decries the lust Lust for you Lust is you You invite You delight

Delight me
Delight as we
We join
We yearn
Yearn for flesh
Yearn for warmth
Warmth by your hand
Warmth of your breath

Breath of life Breath so sweet Sweet touches Sweet kiss Kiss me now Kiss me always Always wanting Always needing Needing to be yours Needing to be swept Swept out the door Swept away Away to fly Away to your heart Hearts hears rhythm Heart speaks poetry Poetry Love

Janet Perkins Galdwell



Janet P. Caldwell has been published in newspapers, magazines, and books globally. She has published 3 books, 5 degrees to separation 2003, Passages 2012, and her latest book Dancing Toward the Light . . . the journey continues 2013, and contributed to countless anthologies. She is currently editing her 4th book, written and to be published 2016 and a video project for the BBC. All of her Books are available through Inner Child Press, along with Fine Book Stores Globally.

To contact her: www.janetcaldwell.com

The Cultivated Ones

The pampered roses are are all bred much like step-ford wives to look alike. From seedling to flowering with abundant care, they do survive.

The gardener making sure they lay in measured mulch are properly watered, holding the moisture to prevent unwanted weeds from drinking and growing. Halting the choking of a prized dressing of a cultivated lawn.

Unaware they are slaves to man's idea of beauty and never serving themselves.

Now, look at the daisy, some say she's ugly, just a wild, uncultured weed. I say she's a beauty, bending with the wind growing sturdy through arid ground, so wild and free.

She's the clever one, she's cast off conformity.

Most Recent

Dogs are mowing yards with their motorized teeth. Spitting out yesterday's blades. While dancing girls sport yellow scarves, floating in and out of the murky debris. Coughing and smiling, sputtering a joining, an invitation.

While I appreciate the offer I smile and nod a no-thank-you-please. Slowly, my feet rise from the earth. Unburdened, I ascend to the trees. Skyward the branches; leaves and bees, all pass from front to back. Right through her, she and me.

Sensing others, my eyes adjust to see; A celebrated ballerina, her pointed toes sail passed me. A man with an alabaster face is gesturing fervently. A cherub meets us at the Crown, with greetings of peace for all who leave ground.

I'm not sure what this is, I don't mind. I'm free and real in this new body...same spirit. I am extremely strange to most it seems.

Though, the uncomprehending aren't part of this most recent scheme.

The dreaming the dream...

Unspoken Things

The things that I have wanted to say have haunted me for years.

It seemed that I could never find a way to tell you, about the things that troubled me without quivering lips and facial sliding tears.

Never wanting to appear weak
I simply chose silence
never to speak of the things in my cupboard,
not even a peek, and I have wanted you
to see and accept the real me.
What a conundrum!

This woman that appears strong — when needed is sometimes a farce, a smiling persona, you see. When at times, I want to fall into your arms to stop the bleeding of my gentle heart so I go away until I can smile again and *appear* free to be.

One day I realized what a lie, I have told. Either you love me as I am or not sometimes as weak as a kitten, sometimes bold. Tossing caution to the wind, I told you my truth and you loved me anyway.

I was so surprised to open a skeleton free mouth death mask, daisies and rocks removed from my eyes, you peered deeply with understanding and love, I was freely doused.

Jackie Davis Assen



Jackie Davis Allen, otherwise known as Jacqueline Allen or Jackie Allen, grew up in the Cumberland Mountains of Appalachia. As the next eldest daughter of a coal miner father and a stay at home mother she was the first in her family to attend college.

Graduating from what is now Radford University, with a Bachelor of Science degree in Education, she taught in both public and private schools.

Residing in northern Virginia, she revels in spending time with her husband in their get away home in the Blue Ridge Mountains, a place that evokes memories of days spent in Appalachia.

A lover of hats, she has worn many. Following her marriage to her college sweetheart, and as wife, mother, grandmother, teacher, tutor, artist, writer, poet, and crafter, she is a lover of art and antiques, surrounding herself with books, always seeking to learn more.

In 2015 she authored her first book, a collection of writings penned over the past decade. Well received by family and friends, both near and far, her book, "Looking for Rainbows, Poetry, Prose and Art is available from her website jackiedavisallen.com or from innerchildpress.com

For the Sake of the Little Ones

Against waging forces,
I shall not yield
nor bow down to the enemy,
nor borrow
from its tainted tenants;
for me, today
I take a stand, and join me or not,
I say
like Patrick Henry once did,
the forces
of evil are coming; some are very near.

I shall not be conquered; let me run freely, shoes on both of my feet; pray, one less and I cannot well compete, though with pen's tongue I shall lift myself high above the web of lies that attempts to convert me to the cult of their rhetoric's saint.

The weight of the banner,
I proudly carry;
beneath its sacrificial stripes of blood
are stars cut from freedom's unwavering truth.
Boldly I stand in defense
of the politically Incorrect and march
in step with the drum
that calls us back
to personal responsibility.

Intentions

He waded through the strained and stained pages of time, disenchanted by anonymity. disregarding his gifts, talents and ability.

He thought of navigating by the stars whose light disbursed hope and mystery against the landscape of his mind, yet he decided to ignore the possibilities.

Led to the rivers of truth by some strange force, though troubled by the voices trashing around inside his head, he envisioned the sleep of the deep, and sank beneath the swirling surf.

Flailing, he floundered, then swore he heard a voice reaching out to him: "Rise up, use your gifts. Time is of the essence! Swim, or else, today, you'll drown, a pathetic man, one-less-than, and thus, excluded from history"

My dear Child

Your future's prosperity awaits your sincere intent □To paint never with the colors of jealousy and hate,: □To never participate in marathons that bait the races.

Once, when, some sharpened picks and axes dug up old Grievances, a few wise men threw the lot into the bonfire, Ignorance promised, but again, he failed to yield his stance.

An organ grinder played repetitive, divisive and derisive Tunes.

His band of sheep followed, bleating, dishonoring The instrument which had won for them their grazing rights.

What sacrilege! Weep now, the pages of history, for they Who bled and died; count the cost of loss by the numbers Of those who cast the fate of common sense to the wind.

Pray, we, for forgiveness, for its day of birth and its sad Day of demise; it's a crime how the masses of sheep have No ability to see who it is that they are blindly following.

Loud is the clamor that echoes in the hills of disharmony. On one side of the mountain, its sound is crystal clear, And on the other side, its clang is as heavy as a death knell.

When truth is dismantled by both covert and overt means The ensuing web of lies finds its people saying one thing But meaning another. Naked, they are but puppets.

My dear child. Wipe your eyes and put on the armor Of thanksgiving. Hasten your journey with courage and Intellect.

Run Truth's course. Be Vigilant. Be Bold.

Ashert Carrasco



I'm a project life philanthropist, I speak about the non ethical treatment of poor ghetto people. Why? My family was their equal, my great grandmother and great grandfather was poor, my grandmother and grandfather, my mother and father, poverty to my family was a sequel, a traditional Inheritance of the subliminal. I paid attention to the decades of regression, i tried to make change, but when I came to the fork in the road and looked at the signs that read wrong <> right, I chose the left, the wrong direction, because of street life interactions a lot around me met death or incarceration. I failed myself and others. I regret my decisions, I can't reincarnate dead men, but I can give written visions in laymens. I'm back at that fork in the road, instead of it saying wrong or right, I changed it, now it says dead men <> life.

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Infinite Poetry

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extraordinaire

Infs a hustle extraordinaire, left the negativity alone and started pushn positivity and I done came up... I'm catchn air. Hard knocks made me a business man, the lemniscate is the brand, my merchandise is created with pencils, pens, keyboards and when theres a mic in my hand.

Urban poetry is what I blow, if im in your city y'all already know I'm going to let my forte flow, Poverty, packs, straps, traps, stamps, colors, bids, drama, war and murder...do i go in... Fo sho,

I'm a lyricist's, lyricist, every gangsters favorite author, I was married the streets, lady cocaine was my mistress and I cut her brother to do ot numbers on a bx corner. I left the game although I had it down to a science, I couldn't keep seeing my men gettn sent up or becoming fatal statistics of gun violence, I had a gift and a curse, now my gift is food for thought at that moment when temptation is tempting someone to let slugs bust, grind with a mask or whip contents of a Pyrex to possess in God we trust. Having money on money feels good, able to have women all around feels good, new car scent smells good, partying and bullshitting felt good, the price of it all... is the lives of my day one homies from the hood

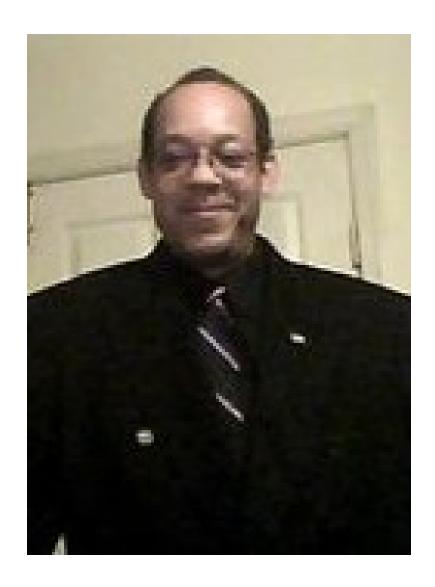
New York Streets

I was bred on these New York streets, ate off these New York streets, bled on these New York streets and evaded the process of being covered with a white sheet on these New York streets. I'm from the Empire State, I roll town to town reppn where I'm from with just my license plates as soon as I breeze from the boogie down. I'm a caste hill King with blue black and shinny arms, no Jennings I don't do nines, if I got a nine there's thirty two in mine, if it's the helicopter it has a banana... one hundred in a straight line. New York taught me the art of war, how to cut boy and chef raw and never look through peep holes when there's sudden knocks on door. before opening up I was taught to sweep floors then go out and search for the color of the day to avoid directs of diesel, hard and soft ye, when there's drama keep your eyes on your prey, never duck for cover, back step while you spray and save a few slugs for the get away. The meting pot had me with a Pyrex meltn powders to an oil that formed rocks with a few ice water drops, I was waiting on fiends in Hell's Kitchen with other poverty stricken children perusing get rich dreams in lobbies from neighboring project buildn's, New York streets made me a soldier, a kite sender, a professional mourner from constantly dealing with the pain of murder, an urban life author. I was forced to live it, forced to become one of the best that ever did it, thats why I spit it so vivid, I got lyrical emphysema I cough up phlegm gems and hock bars of mucus when it come to the life of the infamous hustln igneous. I have to go hard In the booth to draw in the youth so I can bless them with truth. The money comes and goes, fast women blow when things get slow, what infinitely remains is internal trauma... the scars that don't show.

I used to pray

I used to pray... Lord let me die, send all killers my direction so i can be with my brothers in heaven, living on this six sextillion ton sphere made no sense without them here, the thing is all the killers knew I stood strapped and would attack back with no fear, I'll change from semi to fully like I'm switchn gears, I never said it was going to easy to send me to my peers. Anger drove me mad, fuck the world, the streets took some of the best friends I've ever had, I want to see them but reach and my instincts take over, it's a shit bag or a trip to the morgue in a zipper slab. I'll never bow down to a homicide, you have to put in good work to send me to other side, I guess mass suicide is one reasons my prayers weren't granted, the other is so I can tell my story to prevent youngens from being prematurely aborted.

Loe Da Verbas Mind Dancer



Joseph L Paire' aka Joe DaVerbal Minddancer . . . is a quiet man, born in a time where civil liberties were a walk on thin ice. He's been a victim of his own shyness often sidelined in his own quest for love. He became the observer, charting life's path. Taking note of the why, people do what they do. His writings oft times strike a cord with the dormant strings of the reader. His pen the rosined bow drawn across the mind. He comes full-frontal or in the subtlest way, always expressing in a way that stimulate the senses.

https://www.facebook.com/joe.minddancer

MY HEART RUNNETH OVER

I'm searching the aisles to find my love a teddy bear It's been about two months since we've met They say all is fair in love and war My heart just won't live with regret

I've tasted these moments before There's this high I can't describe They say the body produces this chemical I think she's just in my subliminal

Every waking moment there are thoughts of her She's not a distraction to my satisfaction They say tread lightly young man Maybe I would if I wasn't an older man

Dinner for two tonight with mood lights I've prepared a meal befitting of a queen They say a woman knows in the first five minutes I'm sitting here in front of a cold meal and wilted flowers

She calls with my last sip of wine and I listen There are stories to be told over dinner They say patience is a virtue She comes over with bag's o plenty

Not a word as she clears the air
Just a kiss and a meal befitting of a king
They say silence is golden
Yet she explained searching the aisles to find me a bear

SILENT WHITE

There's no sound like that of fallen snow
A branch cracks at the weight of it
Few have enjoyed the sleigh of it
Many have suffered the shovel of it
Insurance companies rejoice at the thuds of it
Many are conceived by the fireplaces roar
Many can't believe they haven't closed the store

News channel frenzies Like snow is an epiphany Below the equator envies Snow to some an enemy

Can you hear it as it falls?
The angels are having a pillow fight
Tiny almost frostbiting fingers feel it's sting
Teary eyes and red noses
As some kid throws its first ball
The silence of the snow fall is broken
It's marred with prints of angels and boots
It's stained with Dad's last beer
For a while it was pure
Now it's molded into shapes
Pushed away in mounds
Tainted with salt and sand
Just for a little while it silenced the land

HUMAN FRAILTY

Far be it for me to say but I've made some observations There's a common bond in humanity in every nation This bonding quality is diverse as its cultures It's a common thread more so than human blood is red I know a man from India who loves to gamble I know a woman who lies for no reason We've all met that person who seems to know everything I have a family member who swears she can sing A friend of mine who speaks fluent Russian Can't talk to anyone without touching Now ask yourself this have you met anyone that just talks shit? The ones who have to one up everything you've done Then there's that one who holds on to the past They will only converse about the life they had Let's not forget the showoff's the tell all's Liars junkies and thieves the company that won't leave The always asking never giving The jealous of how you are living This is quite a list and this barely scratches the surface My purpose for these verses is to make us see There's no limit to human frailty or its diversity We are not racially divided we truly are one Can you name one race or culture that's missing from these observations every country every state every one block community there's not one populated area excluded see we are simply human and nothing more all blood is red when spilt on the floor.

Shareef Abdur Rasheed



Shareef Abdur-Rasheed, AKA Zakir Flo was born and raised in Brooklyn, New York. His education includes Brooklyn College, Suffolk County Community College and Makkah, Saudi Arabia. He is a Veteran of the Viet Nam era, where in 1969 he reverted to his now reverently embraced Islamic Faith. He is very active in the Islamic community and beyond with his teachings, activism and his humanity.

Shareef's spiritual expression comes through the persona of "Zakir Flo". Zakir is Arabic for "To remind". Never silent, Shareef Abdur-Rasheed is always dropping science, love, consciousness and signs of the time in rhyme.

Shareef is the Patriarch of the Abdur-Rasheed Family with 9 Children (6 Sons and 3 Daughters) and 41 Grandchildren (24 Boys and 17 Girls).

For more information about Shareef, visit his personal FaceBook Page at:

http://www.facebook.com/shareef.abdurrasheed https://zakirflo.worldpress.com

just can't..,

understand how man mistreats his fellow man how he repeats again 'n 'again there's a evil streak in that my friend even though the righteous meek come up on top in the end mankind still needs to put a stop to kill @ will though i know he never will of his own accord it will only be achieved by he who's known as the mighty lord of all the world's he who is most merciful of those who show mercy though there is nothing like the power of his wrath's fury unfurled he who created mankind and his world he only can put a halt to this blood letting non-stop fitnah (upheaval, trouble, difficulty, tests) comes down to the ground thus affects all around because the laws divinely laid down are ignored, frowned upon results even convulse the ground walked upon laws introduced, sent down to mankind without which he wouldn't know right from wrong

wouldn't have a glue, what to do began a long time ago in the garden when our father and mother brand new received new law introduced then by the whisperer who lurked, seduced cast down to earth reduced to mere mortals who's demise lies imminent at conception through birth and if, when, how long dem walk the earth he who was made from another command "BE" and it was and it remains this man/woman, mankind from nothing to something became adversary, rebelled the likes of which will reside in the hell consumed in lust, guidance tossed don't overstand, dem lost!

food4thought = education

Keep it moving along..,

while they play the sameo song after they snuff another 'n 'another sooo young watching the one eye beast i'm seeing young brothers and sisters still getting hung even though the rope is lead instead of thread dem still dead and the machinery goes right on ahead and another, and another sister, brother is dead it's rapidity puts pity in me to see the future's progeny buried before you'n'me because the law only see what color dem be and gets the rope and hangs em from the highest tree okay yes metaphorically but in real time literally look in the cemeteries and see so it's bullets, nightsticks, flashlights, stun guns, choke holds still kill as well as the gallows where they stood and watched entertained, guzzlin beer, peanuts and CRACKERjacks datz how CRACKERS act

and blue uniforms don't chance that even if the poo poo is black but that's only cosmetic while the inside is pathetic locally, globally carnage, prophetic

food4thought = education

When

ink dries up, words stop addressing mankind's ills protesting senseless kills manifesting relentless skills what is left in that dreaded hour when no one's there to speak truth to power? absence of the word nonsense, absurd imagine, absent, birds in the morning, absent, words of warning absent, inspiration heaven sent absent, voices penetrate silence blessed with artful science would be the dream of tyrants who historically jailed and murdered poets, thinkers, truth speakers including prophets anointed who the creator appointed to preach to reach truth seekers in a attempt to silence the "word" from time memorial weavers of rhyme historical

survived to thrive, remind mankind with the truth through the " word " live on oh those who carry the torch to shed and share light in the eternal plight to forbid wrong, enjoin right that the only darkness left would be night! word! live on!

food4thought = education

Kimberly Burnham



Life spirals. As a 28-year-old photographer, Kimberly Burnham appreciated beauty. Then an ophthalmologist diagnosed her with a genetic eye condition saying, "Consider what your life will be like if you become blind." Devastating words trickling down into her soul, she discovered a healing path with insight, magnificence, and vision. Today, a poet and neurosciences expert with a PhD in Integrative Medicine, Kimberly's life mission is to change the face of global brain health. Using health coaching, poetry, Reiki, Matrix Energetics, craniosacral therapy, acupressure, and energy medicine, she supports people in their healing from brain, nervous system, chronic pain, and eyesight issues.

http://www.NerveWhisperer.Solutions/

http://www.InnerChildMagazine.com/The-Community-of-Humanity.php

Doorposts

The barrier between us and them marked in blood showing one's self within without

The difference between us and them language clothes height and weight otherwise indistinguishable in

The space between created out of thoughts beliefs ways of singing the present for generations

The time between changes more than us it changes them so we all see time and space and differences as barriers between

Yin and Yang

The small circles within as two swirl meeting at the edges

A circle of light inside the darkness a circle of dark within the lightness

Pharaoh Moses God not one is just light or darkness

What is in the cavern the space between worry not about the way forward nothing is not already a circle inside your swirl

Unleavened

Hurrying to rise to meet the sky still sometimes falling flat at times soaring in richness

Exploring connections desire to meet the other in peace still sometimes falling flat at times soaring in richness

Crossing water bridge conduits lead to freedom still sometimes falling flat at times soaring in richness

Eating from valued land drinking from the well together still sometimes falling flat at times soaring in richness Ann L. White



Amazed and inspired by her own life, Ann J White has lived the life of a grasshopper buffeted about by wild winds, yet always landing safely and creating a home wherever she finds herself.

Highlights include working with astronaut Frank Borman, sharing a hot dog with Ross Perot, enjoying a coffee with Florida Governor Chiles, and attending a ballet with Imelda Marcos. Ann has also survived childhood sexual abuse, one terrorist coup, two burglaries, one rape and countless misadventures making her grateful for each of life's unfolding moments.

An international management consultant, board certified family attorney, rabbi, grief counselor, trauma chaplain, radio host and author, Ann has worn many professional hats.

These days she spends her time in her enchanted cottage and chicken farm on the shores of Lake Michigan in Sheboygan, Wisconsin with four very weird dogs, ten quirky hens and two noisy ducks.

Ann's latest book, *Tails from the Enchanted Cottage* was just released in December of 2015. She is also the author of *The Sacred Art of Dog Walking, Living with Spirit Energy*, and several other non-fiction books. She has been featured in numerous anthologies. She is the co-owner of The Creating Calm Network Broadcasting and Publishing Group with Kimberly Burnham.

You can find her at: <u>www.ItsACluckingGood.Life</u> <u>www.CreatingCalmNetwork.com</u>

Heart Garden

When you fall in love A giant crater of vulnerability explodes in your soul In it you plant the seeds of your heart the weeds of your past your hopes and dreams Storms like a tempest blow your love soil around Pelting your heart with tiny pains Waves of passion ebb and flow Tears of joy and sorrow sometimes caress your garden sometimes flood it with tsunamis of sadness You are never the same You can't go back You can only move forward or wallow in a stagnant mire of what once was a glorious garden, now overgrown and dark It is your garden to tend You decide what seeds will blossom Will there be worms and willows? Starlings or sparrows? Are faeries invited to romp and play? Will songbirds sing your heart song? You are the gardener Will there be rainbows after the storms? Stars twinkling at night? Stumbling blocks or stepping stones? Who is your lover? Sing your garden alive It is your song Your heart beat Fill your crater with joy Celebrate your heart garden

The Face in the Mirror

Look into the mirror

Who do you see?

Look deep into your soul

What do you see?

Can you find that young child you once were?

Look harder

Were promises broken?

Tears shed?

Dreams shattered?

Can you talk to that child with your eyes?

With your heart?

With your soul?

What would you say?

Keep looking

Who are you now?

What are your disappointments?

Sorrows?

Joys?

What are you so very proud of?

Can you talk to this person you see?

What would you say?

Can you be amazing?

Grateful?

Loving?

Or are the hurts too deep?

Can they be swept away to uncover your passion?

Your zest?

Your power?

Find your lover in your eyes

Love your precious self deep into your soul When you can look into your world Stare into your eyes Reflect your brilliant flame You can be love You are love Radiate this perfect love

My sweet love

I watch her sleep

Breathing in her innocence

If only I could protect her from the world

She yawns herself awake and snuggles into me

Sharing the beat of our hearts

I gently kiss her head

Her deep dewy eyes open to me in love

She tenderly licks my face

And rolls over so I can caress her sweet belly

As I nuzzle closer

I take in her scent

ahhhh

Puppy breath

Alfreda D.

Thee



I was born in Blackstone Virginia. Born one of seven brothers and sisters. Traveled to many different countries being my father was in the Army. I'm a single mother of two amazing boys. I own my own daycare center and I'm working on getting my Massage Therapy License very soon.

I started writing at the end of June in 2011. I had my first book of poetry published in 2012. I'm a firm believer that if you do good then good will consume you and all that you do within life. Throughout my life I must attribute GOD for everything in my life and I am truly grateful for all the HE has given me.....

http://www.innerchildpress.com/alfreda-ghee

https://www.facebook.com/alfreda.ghee

The Rocking Chair

Grandmother sits and rock Back and forth While the stars shine in She tells a story of the days of old Holding the baby close to her chest Falling into a deep sleep Humming as she dreams of peace Grandmother calls mother To take the baby and put the baby to bed All the while grandmother Is ready to rest her head Tired, beat and weak from the days work It's now time for grandmothers feet To take a seat... Slowly Grandmother rocks Sings and pray and wonderful prayer She fades.... Life goes dim in her eyes No more strength she is spent Breath is exhausted from her soul Grandmother doesn't put up a fight This feels right It's time that mother sits To rock the chair at night The morning light shines through But.....No one knows Grandmother is gone.... The chair still rocks But....Grandmother is no where in sight...

Love Letter

My desire I see them in you Yet your lust shows in my eyes You are my sunrise and I am your sunset Seeing you when I look at myself Feeling your touch as I dream Seeing your thoughts, Though I am not in your mind Realizing your visions has me included inside Understanding your words as you speak softly to my ears Can't you see my soul hold you close My spirit can't evade the persuasion of your heart My heart can't escape the music your soul plays Don't you see how much I need you I will drive across mountain Fly across the heavenly skies Swim across the open seas Just to be next to you I hope this love letter reaches you in time What will you do? Now that you know Will you except this love and let it grow Or do I need to give you more proof Of how much I'm in love with you......

If You

If you want to love me
Put your ego in my Sunday dress
While I make you hum old spiritual hymns
That will make you dance and shout
Clap and stump your feet
To words from my spirits beat

Straddle my pretentious heart
As the door opens and my soul falls out
If you want to comfort my tears
Wipe my spirit clean
Of my impurities
That it has seen

Listen to the symphony
That storms through my soul
It wakes the dead
And revive the lifeless minds
Which never seems to inquire
About how time is made to travel

If you want to love me
Hear me
See me
Share me
Want me
Adore me
Trust me
Desire me
Bring new beginnings to me
But most of all become one with me

Hrishekesh Padhye



My name is Hrishikesh Padhye. I am the author of two poetry books, entitled ECHOES AND CONSEQUENCES and HYMNS OF ASCENSION. In my mind, I love to be a critical but free thinker. I think our minds are always in the stage of intellectual wear and tear as modifications always fit in the equations having variable desire and destiny. That's how, we are caught amidst the Continuous Evolution.

I consider Poetry to be a bridge that arches between Globetrotting and Self-discovery. It takes the spirit to higher levels of enlightenment. I think that art is like a nova which is dormant in many human beings, thus ascends someday in some form to enhance the strength of abated spirituality in an individual.

Academically, I am a student studying Civil Engineering, from Government Engineering College in the City of Jabalpur, India. I also love to spend time my in meditation, cooking, painting, analysing literary humour, learning different languages, as well as grasping scriptures, while learning more about spirituality. I prefer to be reserved for discovering my deep inside inner-self.

 \sim Life is an endless tug of war between Strength of Purpose and Height of Ambition

- Hrishikesh

Resurrection

Returning mystique enigma of darkness out from the womb of blackened serenity carnage arriving anomaly over-casting malignant ardour thou face of untoward antiquity pervading malevolence prevailing toxicity gasping the quintessence of tenebris sinister ascension of gothic pestilence thou art the ritual itself ethereal elemental elusive resurrected

Seduction

Morbid hallucinations Desire obscure Sacred appetite like Eros empowering Lechery in plethora malevolent muse Passion fervent satanic ritual Sensuous lust conjuring abandoned Benevolent ascension of malefic fate Pall of death then manifesting Spell of temptations is invoked Infernal climax Coldness succeeds Gleam of life vanishes in smokes Nocturnal game Loveless abstinence Morbid Sacred Sensuous ..

Quintessence of Lilith

I invoke the nocturnal aura consuming grace devouring innocence passion Insatiable obscene gloom venomous serpents thy toxic adornments malefic feminine charm thy blackest offering thou dark lightning of ominous skies malevolent muse of sensuous tenebris engulfing life in pursuit of blood a sacred web of illusion thy lifeless embrace I invoke the nocturnal aura flux inevitable ethereal malefic feminine quintessence ...

Fahredin Shehu



Born in Rahovec, South East of Kosova, in 1972. graduated at Prishtina University, Oriental Studies.

Actively works on Calligraphy discovering new mediums and techniques for this specific for of plastic art.

Certified expert in Andragogy/ Capacity Building, Training delivery, Coaching and Mentoring, Facilitating etc.

In last ten years he operated as Independent Scientific Researcher in the field of World Spiritual Heritage and Sacral Esthetics.

Fahredin Shehu is a highly *Noted* and *Acclaimed* World Renowned Poet, Author, Teacher and so much more. He graduated from Prishtina University with a Degree in Oriental Studies. In his continuing Education he received an M.A. in Literature. and a PhD in Sacral Esthetics.

Fahredin hails from Rahovec, South East of Kosova and has been embraced affectionately for his acutely gifted insightful poetic expressions by the Global Poetry Community. The depth and knowledge of many spiritual aspects that affect Humanity subtly shines through in his work. *Pleroma's Dew & Maelstrom* are very graceful works that serves to add to the accolades of this much celebrated Poet / Author / Philosopher.

http://www.innerchildpress.com/fahredin-shehu

A kind of Revelation

When Craft emancipates in Art,

The Art stamps a Seal

When Art emancipates into Theurgy

The Seal disappears

when the Seal disappears

The Revelation manifests as Virgin

WHERE IS THE HEALER?

From the stars
Echoes are bringing your name
To my soul
The sky turned scarlet
As lips of the virgin and
The corrals are necklace releasing
Sounds on every move of yours

From the womb of heaven
A pearl felt in my curved palm
Beneath my feet the earth liquids
Are moving in velocity
As blood in veins of the runner

Who shall heal my headaches and My right leg hit by a crazy Taxi driver while I seclude From the world- waiting to get The celestial message and Who shall read my lines? When Poetry became a mere Description and taught As driving license manual

You see when you ignore that I stand between world and the Worlds And the Worlds settled In Heavens and Earth are only Pitying why I still wander Among Men

When long time ago Men started
Eating flesh and bones of the fellow
And designing man- shape
Out of Mugwort for destroying
Another by sowing this effigy
Under the rooted tree- and
The other sows the beans in the scull
Of Cat- bearing under armpit
With hopes to gain invisibility

Who shall heal my Insomnia? While I repent for what Men Does to other and what The sky has to utter- on long Night hours It'll rain for forty days and In the state of insane Men will Say: this is our summer There's no water on the other half Of the Globe- who shall obey my thirst For Love since I knocked on The Door of Knowledge, times and times Ago- I knocked on the Door of Destiny Long before I got a Man- shape so To scare plants and birds when I Encroach The emerald grass With the pearl- dews decorated

Who shall heal my Sciatica
When the cord that binds
To heaven has stretched the nerves
In thousands knots knotted
Waiting the lunar phases pass
By every step- to salute death

My cell phone rings nostalgic bell tune
To remind me the old school
When I queued in line with fellow
Pupils before we jointly enter
The classroom on September the 1st
I must buy milk for my son
In the shop next by- the cell phone
Tells the anger of my wife- as I'm
Absent home
Wandering in the open book of Universe

Who shall heal my heartache? When I love and it takes me Away as tornado to dismantle Each extremity what ages? Built up throughout aeons

To me remains the question Are you my healer my Lord?

THE POET

You have learned a subtle difference...

The hair long and beard too- even the thick glass lenses may create clever but never creative

The Poet is the one who got birth to Love
And out of it creates Universes to co-habit
He in fact reflects what his soul shows- the multitude
Of sigils- the symbols impregnated with entire lives
The one who still create and know how to read symbols
Yet he search to fill and he knows that the word he utters
Is a mere remnant of what the nacre from the fish-skin?
Has reflected from the Ocean of yet to be navigated

All hexes and curses taught by Harut and Marut in Babylonia

Are evolved into good and evil, yet the Good-will stands Neutral recalling holy indifference as of Christ- The one who dies

For a Word is cursed by the Oath and the Dignitya paternal Bystander

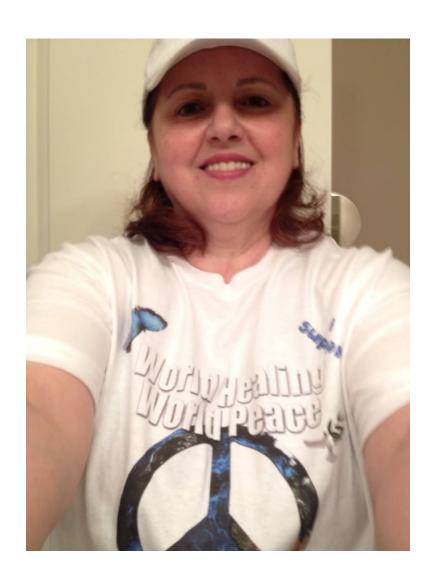
Proud as Nobles and defeated Kings died in their Throne

I see everyday a Syrian Rue evaporating and The white Cloak I wear to charge the brass vase But the Solomon I am not Pig- face poets- civet Cat odor poetesses and sneaky Snakes wrapping the pendulum The empty space assembles a row Of torture paraphernalia

You who claim to be careful reader Oh poor editor- for God sake Why do you destroy the line with resembling? Punctuations to the plague of the Country We ought to live without asking Why we are here

Hülya N.

Mismaz



Born in Turkey, hülya settled in the U.S. where she earned a Ph.D. in German studies at The University of Michigan. Presently a Penn State liberal arts faculty, yılmaz finds it vital to nurture her passion for creative writing. She authored *Trance*, a collection of poems in English, German and Turkish—a platform that welcomed her fluency in literary translation, co-authored An Aegean Breeze of Peace (both by Inner Child Press, Ltd.), and contributed to several anthologies with her poems and prose. A licensed freelance writer, hülya has extensive experience as editorial consultant for book-length manuscripts. She currently works as one of the editors for Inner Child Press, Ltd.

Links:

www.writerandeditordryilmaz.com www.dolunaylaben.wordpress.com

Lupercalia

day 1: intrigued

why not ape the Ancient Romans for a change to celebrate one of their pre-Caesar Feriae instead aren't chocolates and roses incredibly mundane? conflicting details rule over the origins anyway yes there are unknowns about the old era in fact they are aplenty which god was honored how or where exactly who prepared the feasts who then served or how long those bountiful sacrifices lasted some insight into the emperor's final months that Shakespeare versed the refusal of the crown have however been brought to light for some time let us therefore take it from there

day 2: inquired

the feted deity may have been named after lupus who is said to have protected herds from wolves a she-wolf also takes the center stage in a legend having nursed the twin brothers Romulus and Remus the story of this fertility rite includes Faunus who for making cattle fertile was called Inuus after the sacrifice of a dog and goats two young Luperci would approach the altar a bloody knife touching their foreheads with milk-wetted wool cleaning off the traces while the fledglings would laugh as required the sacrificial feast finally having taken place all priests would cut thongs from animal skin form two groups and run around the Palatine hill any woman nearby would be struck with the thongs in the hope of making her fertile

enough reason to leave Ancient Rome...

day 3: disengaged

Valentinus the martyr
perhaps was about two different men
St. Valentine
possibly a temple priest
another Valentine
aiding Christian weddings
yet one more Valentine the Bishop of Terni
all martyred by Claudius II
St. Valentine of Rome
strictly for modern times' Valentine's Day
even a Pope Valentine...

patron saints of beekeepers guardians of the lives of lovers protectors of engaged couples defenders of happy marriages armed with special forces to intervene with fainting epilepsy and even plague

Chaucer may have invented the day in 14th century with "Parliament of Foules" a poem linking February 14 to courtly love and St. Valentine's feast day festival birds and humans should with a mate unite...

what was the initial claim again about chocolates and roses being mundane?

Teresa

£.

Gallion



Teresa E. Gallion was born in Shreveport, Louisiana and moved to Illinois at the age of 15. She completed her undergraduate training at the University of Illinois Chicago and received her master's degree in Psychology from Bowling Green State University in Ohio. She retired from New Mexico state government in 2012.

She moved to New Mexico in 1987. While writing sporadically for many years, in 1998 she started reading her work in the local Albuquerque poetry community. She has been a featured reader at local coffee houses, bookstores, art galleries, museums, libraries, Outpost Performance Space, the Route 66 Festival in 2001 and the State of Oklahoma's Poetry Festival in Cheyenne, Oklahoma in 2004. She occasionally hosts an open mic.

Teresa's work is published in numerous Journals and anthologies. She has two CDs: On the Wings of the Wind and Poems from Chasing Light. She has published three books: Walking Sacred Ground, Contemplation in the High Desert and Chasing Light.

Chasing Light was a finalist in the 2013 New Mexico/Arizona Book Awards.

The surreal high desert landscape and her personal spiritual journey influence the writing of this Albuquerque poet. When she is not writing, she is committed to hiking the enchanted landscapes of New Mexico. You may preview her work at

http://bit.ly/1aIVPNq or http://bit.ly/13IMLGh

Winter Desert Moments

The desert chill is a hard tease today. Cold air streams flirt with the sparse panorama. Sunshine shoots heat waves from a blue sky, invites the clouds to roam.

We trespass through the sleeping sage headed for a grove of juniper just below a picturesque boulder field. I sigh in reverence for the winter desert.

A 360 degree view stretches to distant mountains and mesas in the open space. A greater blissful massage would be hard to find in this moment.

A petrified tree trunk frozen with history entertains my thoughts as my boots rub the sand.

A hawk interrupts my reverie, flies just above my reach. It is an honor to see winged flight forage for nourishment across the landscape.

We hike the winter desert, share a common bond, love for this piece of earth, respectfully caught in its grip.

My Thoughts

My thoughts grow like seedlings, shake off the winter sand, peep above the soil, spiral toward the sun's warmth.

Spider branches and vines overweight with green greet a blue sky, prepare for the color burst of spring.

And my thoughts burst into words in the flavors of spring. wandering in the four directions on the skirts of the wind.

Waves of sound seek the ears of sleepers, deliver bouquets of words to raise sluggish bodies out of winter contemplation.

Circle on the Wind

Permit me to introduce myself, A tender heart beats for you, rolls out the sky blue carpet, layers it with iris petals to receive your golden step, wait to greet your hazel eyes in midair. I am a circle on the wind.

Floating in rhythms that blend with yours, your roughness charms me on my high days a piercing sword on my low days.
But I always loved seesaws.
May I come play with you?
I am a circle on the wind.

I walk in a village of ponderosa. The birds offer songs for you. The trees spread fragrant vanilla and butterscotch in the air. Come walk with me. I am a circle on the wind.

Fall holds a gathering of my love and despair bursting from the wounds you inflict with words.

May I put my arms around you, feel the warmth of your gentle hug.

I am a circle on the wind.

Demetrics Trifiatis



Demetrios Triafitis was born in Greece, studied philosophy in Canada. Post-graduate studies, Universite de Montreal. In 1976 became Canadian citizen. Taught philosophy. Involved in humanitarian and peace organizations. Retired.

Poet and writer. Speaks: Greek, English, French and German. Candidate for the Greek and the European parliaments. Has traveled around the world.

Mother of All Evils

You, Hard-of- hearing, Dweller of darkness, Mother of all evils: Ignorance!

You, who are unable
To hear the truth,
Even though it is spoken
Through the mouth of thunder,
But who easily discern
The fainting whispers
Of monstrous lies!

Why don't you open for once
Your detrimental prison
Of calamitous darkness,
And allow luminous knowledge
To establish its dominion of peace
For the sake of a suffering humanity?

The Thunder of War

The thunder Of the countless cannons of war Has rendered humanity deaf.

Thus, it is unable today
To hear the cries of the innocent
Whom death claims every day.

Humanity's Curse

Last night, I listened
To the shrilling winds of history,
Telling me tales from centuries past,
Horrifying stories of hate,
Suffering and destruction,
Of killings unending,
Tortures untold,
Unimaginable pain,
Of rivers of blood,
Seas of tears.

All works of the appalling war.

I asked myself:
Isn't it about time
Humanity overthrew the reign of this wrathful tyrant,
This soulless dynast of human consciousness,
This relentless torturer of loving hearts,
This destroyer of dreams and aspirations
Of so many generations of the innocent?

Hasn't the hour come yet
To put an end to the misery of war?

How many more centuries have to pass For us to stand up and fight this monstrous slayer?

How many more countries have to be destroyed?

How many genocides have to take place Before we are ready to bar hatred, Ease suffering, Stop the destruction, End the killings,

Eliminate the tortures, Alleviate the pain, Dry the rivers of blood and Evaporate the seas of tears?

Aren't we ready yet
To say enough to agony,
To fear,
To death
But yes to care,
To compassion,
To universal concord?

What are we waiting for To erect the structures of understanding?

What will it take To make us pave the highways of friendship?

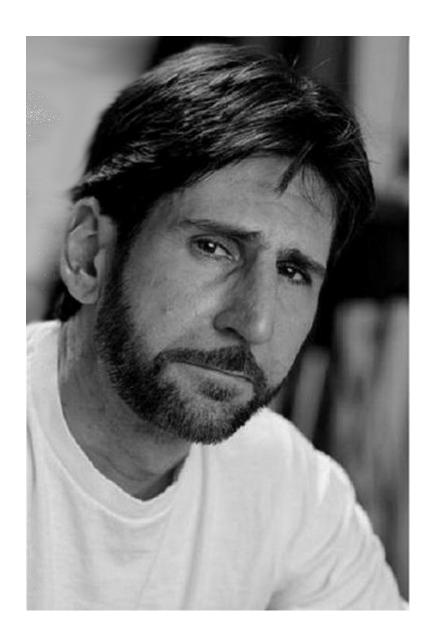
What more do we need To build the bridges of love and compassion?

Let us create now the highways and the bridges That will help us eliminate our differences, Resolve our disputes, Find solutions to our problems, Give answers to questions That have haunted humanity since its birth.

Thus, at last, we will glorify God and Man alike By establishing the kingdom of blessed peace on earth From this moment onward into eternity.

Æsan W.

Jankowski



Alan W. Jankowski is the award winning author of well over one hundred short stories, plays and poems. His stories have been published online, and in various journals including Oysters & Chocolate, Muscadine Lines: A Southern Journal, eFiction Magazine, Zouch, The Rusty Nail, and a few others he can't remember at the moment. His poetry has more recently become popular, and his 9-11 Tribute poem was used extensively in ceremonies starting with the tenth anniversary of this tragic event...

http://www.storiesspace.com/forum/yaf_postst538_My-911-Tribute-poem-has-been-in-print-at-least-fourteen-times-in-2011.aspx

He currently has one book out on Inner Child Press titled "I Often Wonder: a collection of poetry and prose." It is available directly from Inner Child at this link… http://www.innerchildpress.com/alan-w-jankowski.php

When he is not writing, which is not often, his hobbies include music and camera collecting. He currently resides in New Jersey. He always appreciates feedback of any kind on his work, and can be reached by e-mail at: Exakta66@gmail.com

I Offered You My Heart And My Soul

I wish it could be different, I wish there was another way, If only for the sake of your children, I would have liked to stay.

I came into your life a few years back, When you were looking for a man, I've tried to help anyway I could, But I've done all that I can.

Your kids took to me from the start, And they always called me 'Dad.' You even told me more than once, That I was the best they ever had.

But you just used me from the start, And there were signs along the way, Cheating and lies, barely disguised, It was the same thing every day.

I just can't go on wasting my life, Giving you my best years, Too many nights I ended up alone, Lord knows I've shed some tears.

Your daughter's at a tender age, And I hate to make her cry, It'll be years before she understands, Why it has to be goodbye.

Tell your son I'll miss him, And tell your daughter too, I'll have to say very frankly, I hope they don't turn out like you.

I offered you my heart and soul, And you left it on a shelf, The time has finally come to pass, For me to take care of myself.

Don't bother trying to look for me, For I'll have somebody new, The one thing I can say for sure, Is that someone won't be you.

Your Eyes

All that we have been through,
All the time we shared.
The good times and the bad,
It always seemed you cared.
Now you're growing distant,
Starting to tell lies.
You're starting to go away from me,
I can see it in your eyes.

We used to love together,
Love like we were one.
Now we are apart,
Our love has come undone.
I thought we'd be together,
Make the perfect pair.
Always thought you'd be there,
Always thought you'd care.
Now I'm left with questions,
A thousand whats and whys,
You are no longer mine,
I can see it in your eyes.

I'm left with only memories,
Of good times that used to be.
A thousand laughs and smiles,
Will always stay with me.
But never again will I feel your arms,
Holding me at night.
Or experience your charms,
Or savor your delight.
You walk away and leave me,
We say our sad goodbyes,
Never to come back,
I can see it in your eyes.

Hearts Beat As One

When people ask me how we met, I never tell them on the net, 'Cause people just don't understand, What happens in this cyber land, But it's love for me and you, A love that is oh so true, Although I long to hold you tight, Hold you near with all my might, I pray for you upon a star, Even though you are so far, And though I long for your touch, I dream about you very much, In another time and place, I could probably see your face, And we could sit and share the wine. But you have yours and I have mine, And though you cannot be so near, I hold your image very dear, And so I give you all my heart, Even though we are apart, And though you have two and I have none, Our hearts are together and beat as one.

Anna Jakubczak vel RattyAdalan



Anna Jakubczak vel RattyAdalan was born 18 April 1994 in Szczecin. She is young Polish poet and the main editor of E-Magazine "Horizon". She is a student on Journalism and Social Communication at the University in Szczecin. She collaborates with Association of Polish Writers and few Polish and international magazines.

Her poems were included in five American anthologies: "FM 7: Fall 2013", "FM 8: Winter", "FM 9: Spring 2014", "FM 12: Summer 2015" and "FM 13: Fall 2015" published by Lewis Crystal and Roseanne Terranova Cirigliano in cooperation with Publishing House, Avenue U Publications". Poem "Interlova" was printed in the magazine "The Indus Streams" published by Apeejay Stya University (School of Journalism & Mass Communication).

She's interested in philosophy, literature, psychology, music, mass media. Her hobbies are: cooking, reading books, learning foreign languages, translating and traveling.

In 2013 she published her debut volume: "Ars Poetica". At now she's working on next books: volume"Conversation at night", novel "Wind of hope", collection of stories "Gates of subconscious" and fairytales "The squirrel's stories from the old larch".

www.annajakubczak.wordpress.com

Insatiable

They believed that the world has been swallowed by them could be masticated the time and dripped with immortality.

They acknowledged that this not their God had created and they created God on their similarity. There are as kites released windward, like silent before the storm.

They still are insatiable not of the knowledge but force of authority and green papers

They are We lost in our uncontrolable desires

Impression

Yesterday track were there, Grass – a little other plants. There was a pond which became alive touching by the stone. Today there is a shop, a few houses in neighbourhood... There aren't the track, grass, and any plants or pond and me also, as if no longer was

I am like *the written deer* in erasering forest.

Wolverine

I'm planing libretto next to your grave about *fleur du mal* of third act

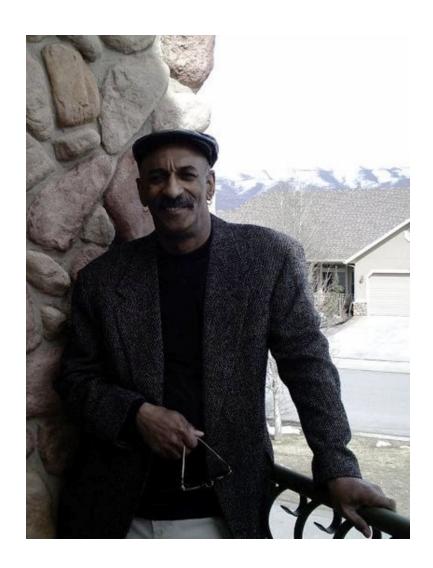
Breathe with intervals of spacetime blessed tamed

by changing dur-moll my lady red

and (un)happy love is melting adamantium

Wissiam S.

Peters Sr.



Bill's writing career spans a period quickly approaching 50 years. Being first Published in 1972, Bill has since went on to Author 35 additional Volumes of Poetry, Short Stories, etc., expressing his thoughts on matters of the Heart, Spirit, Consciousness and Humanity. His primary focus is that of Love, Peace and Understanding!

Bill says . . .

I have always likened Life to that of a Garden. So, for me, Life is simply about the Seeds we Sow and Nourish. All things we "Think and Do", will "Be" Cause and eventually manifest itself to being an "Effect" within our own personal "Existences" and "Experiences" . . . whether it be Fruit, Flowers, Weeds or Barren Landscapes! Bill highly regards the Fruits of his Labor and wishes that everyone would thus go on to plant "Lovely" Seeds on "Good Ground" in their own Gardens of Life!

to connect with Bill, he is all things Inner Child

www.iaminnerchild.com

Personal Web Site www.iamjustbill.com

Tommy was a Good Kid

Tommy wasn't a bad kid just a bit disconnected like most kids are these days

there really was no one to talk to no one who could relate to what he was feeling inside and no one who could explain it to him

you see
Mom was doing the best she could
she was fighting her own demons
never enough money
no man

Dad gave his life to . . . his country?
over in Afghanistan killing people
for no apparent reason getting killed
for no apparent reason

there were plenty of guys coming around but mom, she wasn't having that

the other kids on the block in the hood neighborhood that is were handling their biz

but Tommy he wasn't about those things they were doing

and though Tommy was not much for Church it seemed like it was the only place he could go every once in a while a be alone

there were a lot of lonely people there maybe that is why they went there in the first place because they could not face the world outside so they went there to hide and blamed it on Jesus

Tommy, he saw the game and every time that Preacher shouted in the Name of Jesus they would either pass the plate begging for money calling it offerings and tithes

they had it all figured out shout a little a few Amens and that is the formula on how they put it down again and again

Yeah, Church was entertaining but it was not sustaining anything for Tommy it was just another game with a few misplaced names

out on the block
Tommy's peers
were on the clock
slangin' that thang
that Ying and that Yang
that made people forget
what life was really about
you know
the struggle
of day by day
putting up
with all this false bullshit
what the hell was life about anyway
Tommy wondered

Tommy tried it a while but Tommy wanted so much more his style was not their style Tommy could not relate

School ..

Tommy was a smart kid too but what the fuck would Algerbra and Mrs. Garenda's Science class do for you or me Tommy thought

> was life all about money and things? Tommy had questions but who had answers

sure many people thought they did
but when Tommy
surveyed and examined their lives
they didn't have nothing
discernable going on
nothing Tommy would want
or that was sustainably meaningful to him

so what the fuck do you want Tommy
he would often ask himself
but again
the answers never came
and Tommy remained
disconnected
like so many other Tommys out there
and Marys too

Now what are we going to do now that Tommy is dead

Headlines: 14 Year Old Youth Takes Gun to School

Kills 13 and takes own Life

Tommy was a Good Kid

for he was

he died without notice, which was the same way he lived

he left no footprints in the garden but yet, he sowed many a seed and yielded many a harvest that others may eat

his legacy was filled bellies, smiles upon the faces of the children and the peace of his soul, was not disturbed

the wind knew his name and whispered its enchantments softly in his ears through the meadow, through the wood

the leaves of the trees celebrated his coming and his going with a rustling applause for they too knew him and of his silent grace

the stars of the night's heavens twinkled with promise which was reflected in his eyes for all to behold

pride abhorred him, and he was alright with that for he was born without ego and never had occasion to measure his self worth

he lived a life of duty unto life and that was enough

the rising sun embraced him daily and before it set each night it tucked him in to that place where children dreamed

birds sang for him crickets cricketed and he suffered not the lack of breath

gratefulness was not to be measured for his each heartbeat was a rhythm that spoke of the vast providence of creation and its endless possibilities found within the realm of stillness

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the stars of the night's heavens twinkled with promise which was reflected in his eyes for all to behold

for he was . . .

oh my America

oh my America, what is happening to you?

are you having flashbacks to the way it used to be? do you miss those days of all the undertones of your barbarism and unquestioned partisanship where the privilege was for the few who looked like you

where are the natives this time you seek to slaughter? are we them . . . does Amerikkka truly eats it's young

America, American is a stew of peoples from all walks of life, all ethnicities, all religions and pigments too . . . it was never meant for the pig to rule . . . the farm

i call this my America, but that is not true, for the earlier residents were evicted from their homes by any means necessary this was done by you for you think is America is all about you . . . alone

though it is not true

if we are to learn from our history your story, there is but one conclusion . . . you are ill, and have been since your inception, and you play the game of deception, claiming innocence, and the global God given right to do as you please, so please be honest this time around. for your own future sanity put aside your deluded inanity

the nuts are now running the asylum, giving asylum to none

they are playing an intoxicating melody upon the strings of your fears with no harmony to be found, and the chorus sings "what goes around, comes around"

i would be fearful too . . . better seek some forgiveness quickly . . . before it is too late, otherwise your fate . . . is sealed

hiding your bias and bigotry behind the can of alphabet soups such as NSA, DEA, FEMA, CIA, FBI, and on and on and on

you establish agendas that your buddies may control the world of us all while you sow seeds of discord on both sides of the fence . . .

the grass never gets greener under your watch . . . all is but illusion, a 3 card molly, and the rich are jolly, and you too the politician, the man in blue are their pawns from dusk to dawn and back again

oh my America,
we all have died for you,
vied for you,
lied to ourselves . . .
for you,
and now we cry for you,
for you are now the dying one
lying in the gutter
awaiting your fate . . .
but it's not too late . . . yet

oh my America oh my America oh my America

you have allowed your image to be tarnished in your vain name by those same lame hypocrites and power mongers

who say they do this for you . . .

if you knew the truth, which i suspect you truly do, you would have to laugh at the ludicrousness of it all . . .

you the protector of democracy, the biggest offender of it all, and human rights . . . right domestically and abroad can you hear them calling to be rid of you?

when those famous words were penned. "we the people", what people were you speaking of? did it include me, you, or just the few whom we do not know any longer?

oh my America, oh my America, oh my America

i pray some day you will recognize your illness . . . soon and regurgitate the poisons you have swallowed before the whole world becomes your enemy and seeks your demise

oh my America, oh my America, oh my America

it is my America too
and i am in line
right after the Indigenous ones
whom you slaughtered,
and stole the land
while making demands
that they acquiesce
to treaties
based upon your terms
which you never intended to keep

lies, lies, lies, lies we too died for your lies

oh my America, oh my America, oh my America we who still have our sanity weep for you

oh my America, oh my America, oh my America

Coming April 2016



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February 2016 Features

~ * ~

Anthony Arnold Anna Chalasz De'Andre Hawthorne

Anthony Arnold



Anthony Arnold, raised by his grandmother in a little town called Quincy in Florida, wrote his first piece in the third grade and fell in love with writing ever since that moment; writing has become a comfort and a mainstay to keep him focused.

Writing gives Anthony the ability to educate those that have no clue about the things that African Americans have faced and writes of things that will never be taught in schools.

He has a desire to show the younger generation that we are much more than what society has labeled us! And to let them know they have come from.

A humble man that uses poetry to express what he hears, thinks and passionately feels, Anthony invites you to join him on his poetic journey.

Charleston

In a house of god, where generations grew Where men, women and children worship A vile evil was unleashed A devil had his way

Or so he thought

The opposite took place on that evening Instead of a division of the races People came together
To rid themselves of a common blight

They say it's a sign of history Of our boys who fell It's also a sign of burning crosses Hanging ropes, and cries in the night

Black, white, red or brown We all have to live, to survive All of our lives matter Will we ever get along?

Dr. King said once said something that we may have forgotten
And I share his words here, that we may remember
That we may all remember
And learn

"We have also come to this hallowed spot to remind America of the fierce urgency of Now. This is no time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism. Now is the time to make real the promises of democracy. Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time to lift our nation from the quicksands of racial injustice to the solid rock of brotherhood. Now is the time to make justice a reality for all of God's children."*

Nine lives were taken that night Nine children were called home Nine angels were given their wings Nine souls joined the rolls of the ancestors

*Taken from MLK'S speech in Washington DC 1963

What's going on...again?

Again we go down the road less traveled People dropping like flies with no answers First it was Trayvon, slaughtered without reason Now it's Sandra, hung in a cell

What's going on?

No one's immune from this Not you, not me Not the oval office, nor the homeless Not even a princess of 22

What's going on?

Put in a van only to die Put in a jail cell only to die The way of our ancestors Chained. Only to die

A year ago mike died Don't shoot I'm unarmed The bulls eye was raised Open season was declared

Police on black, black on black Take your pick Either way someone's gunning Maybe you make it, maybe you don't

Left in a cell, with no one to see A life taken, self-inflicted they say But how do you hang A 6ft woman from a 5ft bar?

You tell me

What's really going on?

Hear my cry

Hello? Is anyone there? Hello? Can you help me? I'm not supposed to be dead Please hear my cry

How? Why did this happen? All this from a traffic stop. Because I stated my rights Now I'm cold and gone?

Dragged and thrown to the ground Knee pressed in my back All because a cop lost it, Threatened to light me up

Over a cigarette

They say I committed suicide Why would i? My life was ahead of me New job, new location Why would I throw it all away?

Only I know the answer, but I can't tell I hope that someone will find it As I look and watch over, I hope someone

Hears my cry.

RIP Sandra Bland 1987-2015 Anna Chasasz



Anna Wanda Chalasz - was born 7 March 1990 in Trzcianka (Poland), young Polish poet. She have written since when she had 13 years old, thanks for her teacher who suggested that she should to begin to develop her literary workshop on the poetical websites. Results of it she self-published her debut collections of poetry: "The smile scraped on the heart" (2010) and "Under eyelids" (2012). Her poems was included in two anthology charity "Helpful word" (2014) and "The Year of The Poet II" (2015) published by Published House "Inner Child Press". In meanwhile she collaborates with schools in her hometown within the framework of meetings with poetry. She is the member of the jury in the reciter contests. She is the author of two schools anthems. From collaborate with Anna Jakubczak vel Szczecin RattyAdalan poet from became participated in new media-project E-Magazine "The Horizon of Szczecin". Anna Jakubczak vel RattyAdalan was translator of Anna Chalasz poems which was published in the anthology "The Year of the Poems II".

Poetry has been translated by: Anna Jakubczak vel RattyAdalan

Double dissociatio

I am depend on you our worlds coexist in Siamese unity feeding on each other

how can I say to the world that the fear wakes me up

when you release my from responsibility and you live by yourself with your name which is easier to say

at least one of us sleep the whole night in the subconsciousness hating the mirrors

but they aren't silly (have seen a lot) they know the secrets nooks of looks will unscramble the mystery with the refraction of light

they know we both are living on the same mind

We border the possibility and don't believe in reality

Enthrallment

I wish to captivate the wind for a moment

even if it's dumb unable to love it has it more than me

touching you unpunished and without explanation it deride all mine untaken attempts

I wish to captivate the wind for one moment to approach and feel listen how you live

let it go all the ends of beyond I will accept it without fear you will be abreast

Unity

We have scars on hands and in our words

snicked quickly to not be able to cry it's elevated not to hurt us

we are going to display against them and opened eyes in which there is no bloody sacrifice although they have to accept it

you're shouting so I stopped we are not that kind of people that we have to run away

Our "together"
Is any redemption
but it has waited until dawn
And silence

De Andre Hawthorne



De'Andre Hawthorne aka Blaq Ice is an award winning international Spoken Word Life Artist and the President and Founder of the International P.O.E.T organization, an artist/activist movement. The works of this amazing artist does not end with music and poetry. He has created scholarships for children who otherwise may not be able to attend college. Blaq Ice started The Tyrone Hawthorne Cancer Foundation in memory of his son that was lost to cancer. While most of us can't even imagine the pain of losing a child; He took the only good that could come from it, saving another. Of greater substance than any physical item, is the hope that he brings to lives to children and adults alike. It's inspirational to see him speak to children at schools. He tells them more about what they can do, than what they can't. This alone puts this extraordinary man in a class all of his own.

LORD I NEED U

I once saw the world through Mom's eyes And it was beautiful, full of love and hope But this pain is just 2 hard 2 cope with I feel so empty inside, Lord I need U

And Lord although I thank all the prayers From all the people U sent through Lord, right now, I need U

I still feel as though I'm going 2 Wake up from this bad dream It's like the same scene stuck on repeat I can't sleep, I can't eat

I feel cheated, Lord why me? My family has already experienced So much tragedy

And I know the suffering she endured The doctor's visits, the pills, the surgery And the trips 2 the emergency I still feel a sense of urgency, anxiety

I got all this nervous energy Bottled up inside of me When my momma left, she took a piece of me I'm Hyperventilating, I can't breathe, I just want peace

And Lord I know nothing happens without your permission or what U allow And I know earth has no sorrow, that heaven can't heal Well heaven I need U right now

I'm trying 2 be strong
But Lord this is 2 much 4 me
I can't do this alone

Lord I need U

Restore my soul, heal me, make me whole Fill this hole with your grace and mercy Rain down your blessings Cover my family

I trust U Lord

And I thank U
Not just 4 what U have already done
But 4 what you are gonna do
Father I surrender 2 U

Momma I love U Never once heard U complain Or ask why U, I'm so proud of U

I hope that one day I will live 2 be Half the woman God made U 2 be And If can't I promise U I'll be The woman, God has attended me 2 be

Dedicated and written for Queen Passion Who loss her Mother, May she rest in Peace

DO U STILL CARE

I remember, once I had your heart At least until everything began 2 fall apart It was last March

That's when things started 2 unravel Arguments became more like battles Assumptions became factual And the truth like lies

Tempers would rise at the smallest things We looked liked the perfect couple in public But behind the scenes

It was like an open soar We tried 2 cover the wounds in front of our friends But U never know whats going on Behind closed doors

It seemed liked the more we tried 2 make it work Further apart we grew Baby what was I suppose 2 do What do u do when the one U love No longer loves u

I felt totally neglected And I never expected 4 a love that was Once so strong 2 become so hectic With massive blows 2 my ego From the disappointment of being rejected

Yet til this day I never got over u And 2 see u now makes me appreciate U even more, it's funny because I didn't know how much I missed u

What ever the issues were between us Are they beyond repair Cause I got a love 4 U that will never die And there's a part of me deep inside That wonders

Do U Still Care

Baby I'm ready 2 play 4 keeps And I love u way beyond belief

U speak 2 my heart in a language That only I understand I can only try 2 comprehend

These emotions, they rage like oceans
Of thoughts and dreams
I miss it when we both played on the same team

U bring my dreams 2 life And Being with u, I don't have 2 think 2wice

I miss the days when U use 2 call me your man It's seems like a lifetime has passed Looking through the hour glass Watching the sands

Pass through And I don't want another day 2 pass Without me telling U, I love

Baby What is Ice without U, just cold And what is my life without u, on hold

Stagnant, when u left U left my heart broken in fragments

Baby help me put the pieces back together Come back and replace this stormy weather With a Rainbow, I'm not the same old Man I use 2 be and that's because you've changed me Baby please, come back and claim me

Help me 2 reclaim my sanity No more vanity, together we make a perfect pair And all that I am asking right now is Do U still care?

As of Yet

He's done so much And words are not enough 2 express How thankful i am for his grace He's given me a gift that i could never replace My mindset was once stuck in a place

That placed me in a space so dark and deep That i couldn't see him, i needed 2 breath him So he released me from myself given me freedom

That day that old man in me died So that the new man in me could live My old life was sacrificed Giving me a chance at a new life

He saw pass the pain and hurt Uncovered the dirt from my past life I came this close 2 death 2wice And u spared my life

I owe u, u never ignored me Even times i ignored u And the things you've done 4 me U didn't have 2 U chose 2

And despite my transgressions U still continue 2 rain down ur blessings This is my confession

I'm learning to be the man I'm destined to be

And 4 all of u who question me Be patient, there's a lot more in me He ain't finished with me, as of yet

Today is a new day and i pray That tomorrow is even better Brighter, that this heavy load gets lighter

I am a survivor Inspired by god's mercy Knowing that everything He's blessed me with Was undeserving

Serving him and him alone Hoping one day there's a crown Coming my way and a throne

Reaching 4 all those that are lost Knowing that there's a place 4 us all But 1st we have to bear our own cross

There is no way that i could ever repay u
So the best thing 4 me to do
Is spread ur word,
Give me the strength and the nerve to serve

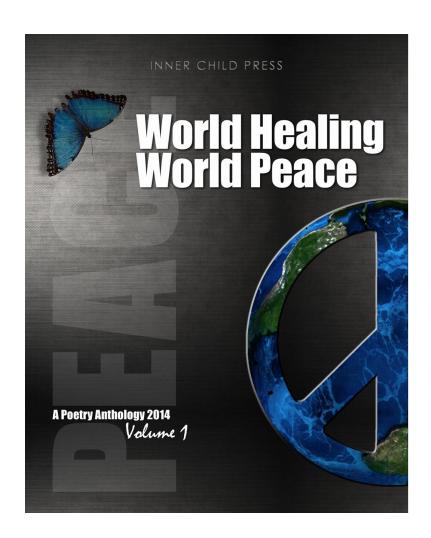
And i might not be where i want to be But i'm just glad i'm not where i use 2 be There's more to come, i'm still not done

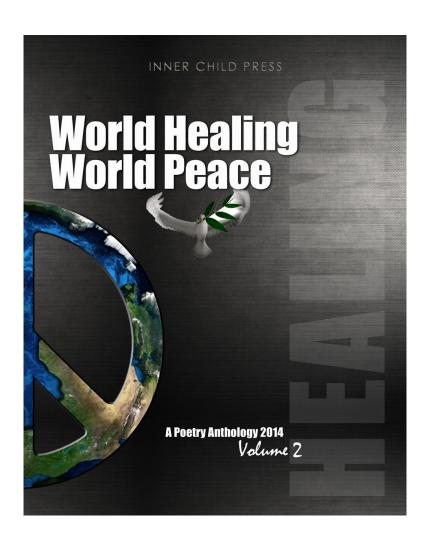
As of yet

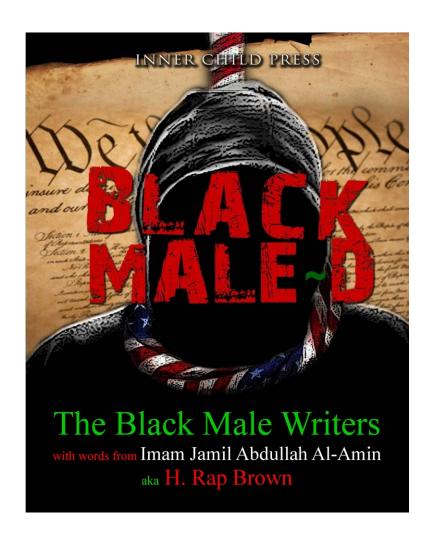
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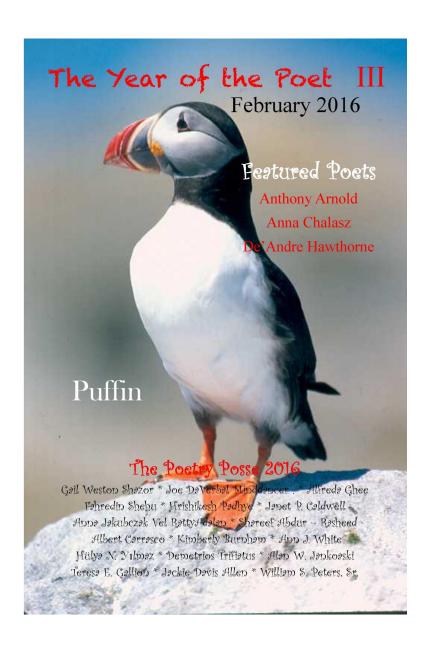
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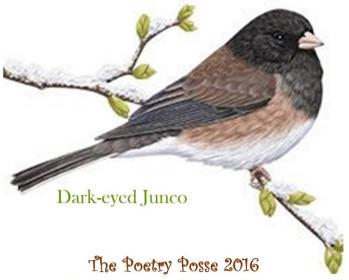




The Year of the Poet III January 2016

Festured Poets

Lana Joseph * Atom Cyrus Rush * Christena Williams



Gəil Weston Shəzor * Anna Jakubczak Vel RattyAdalan. * Ann J. White

Fahredin Shehu * Hrishikesh Padhye * Janet P. Caldwell

Joe DaVerbal Minddancer * Shareef Abdur — Rasheed

Albert Carrasco * Kimberly Burnham * Keith Alan Hamilton

Hülya N. Yılmaz * Demetrios Trifiatus * Alan W. Jankowski

Teresa E. Gallion * Jackie Davis Allen * William S. Peters, Sr.

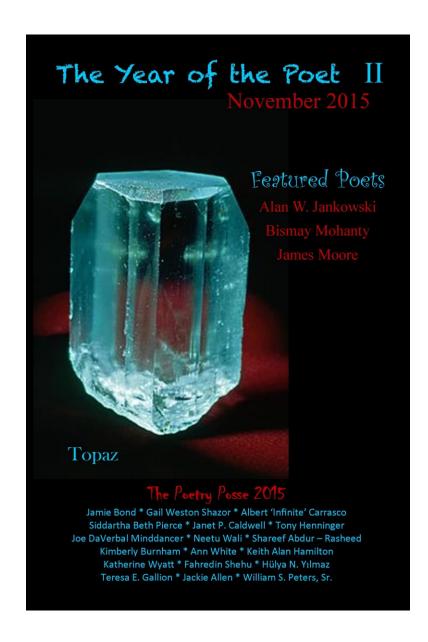
The Year of the Poet II December 2015

Featured Poets

Kerione Bryan * Michelle Joan Barulich * Neville Hyatt



The Poetry Posse 2015





The Year of the Poet II

September 2015

Featured Poets

Alfreda Ghee * Lonneice Weeks Badley * Demetrios Trifiatis

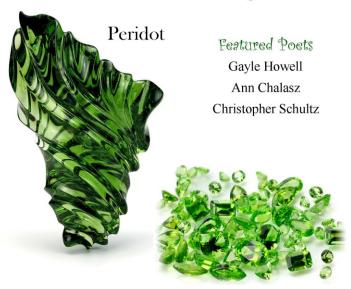


Sapphires

The Poetry Posse 2015

The Year of the Poet II

August 2015



The Poetry Posse 2015

The Year of the Poet II July 2015

The Featured Poets for July 2015

Abhik Shome * Christina Neal * Robert Neal



The Poetry Posse 2015

The Year of the Poet 11

June 2015

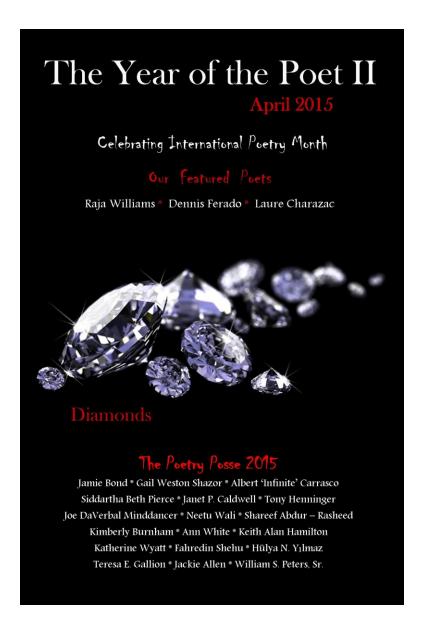
June's Featured Poets

Anahit Arustamyan * Yvette D. Murrell * Regina A. Walker



The Poetry Posse 2015





The Year of the Poet II

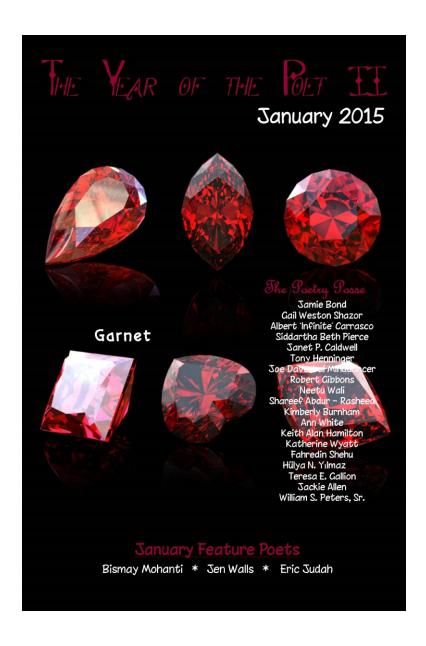
March 2015

Our Featured Poets

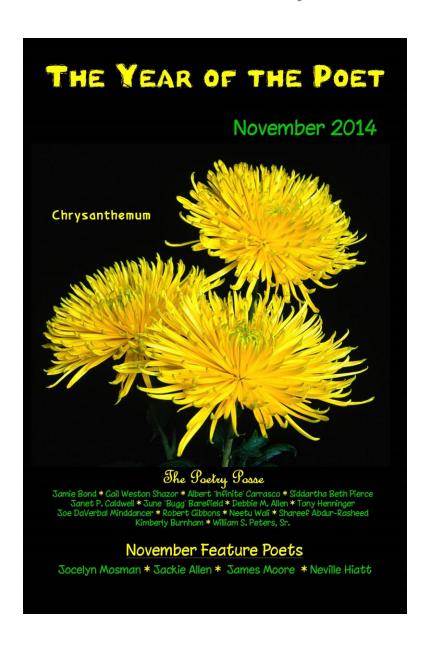
Heung Sook * Anthony Arnold * Alicia Poland



The Poetry Posse 2015

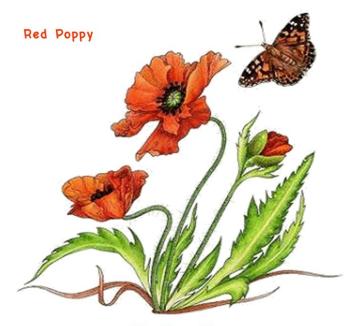






THE YEAR OF THE POET

October 2014



The Poetry Posse

Samie Bond * Cail Weston Shazor * Albert 'Infinite' Carrasco * Siddartha Beth Pierce

Sanet P. Caldwell * Sune 'Bugg' Barefield * Debbie M. Allen * Tony Henninger

Soe DaVerbal Minddancer * Robert Cibbons * Neetu Wali * Shareef Abdur-Rasheed

Kimberly Burnham * William S. Peters, Sr.

October Feature Poets

Ceri Naz * Rajendra Padhi * Elizabeth Castillo

The Year of the Poet

September 2014



September Feature Poets

Florence Malone * Keith Alan Hamilton

The Poetry Pose

Samie Bond * Gail Weston Shazor * Albert 'Inffinite' Carrasco * Siddartha Beth Pierce
Sanet P. Caldwell * Sune Bugg' Barefield * Debbie M. Allen * Tony Henninger
Soe DaVerbal Minddancer * Robert Gibbons * Neetu Wali * Shareef Abdur-Rasheed Kimberly Burnham * William S. Peters, Sr.

The Year of the Poet



August Feature Poets

Ann White * Rosalind Cherry * Sheila Jenkins



the Year of the Poet

June 2014



June's Featured Poets

Shantelle McLin Jacqueline D. E. Kennedy Abraham N. Benjamin Jamie Bond
Gail Weston Shazor
Albert Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June Bugg' Barefield
Debbie M. Allen
Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur-Rasheed
Kimberty Burnham
William S. Peters, Sr.



the Year of the Poet



April 2014

The Poetry Posse

Jamie Bond
Gail Weston Shazor
Albert Infinite Carrasco
Siddartha Beth Pierce
Jamet P. Caldwell
June Bugg Barefield
Debbie M. Allen
Tony Henninger
Joe Daverbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur-Rasheed
Kimberly Burnham
William S. Peters, Sr.



Our April Featured Poets

Fahredin Shehu Martina Reisz Newberry Justin Blackburn Monte Smith

celebrating international poetry month





Our February Features
Teresa E. Gallion & Robert Gibson

The Year of the Poet January 2014

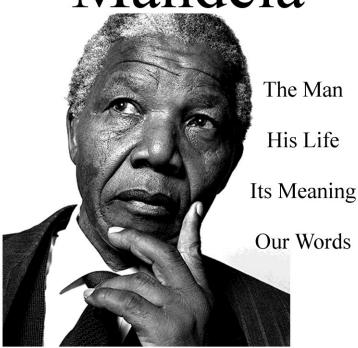


The Poetry Posse

Jamie Bond
Gail Weston Shazor
Albert 'Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June 'Bugg' Barefield
Debbie M. Allen
Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur-Rasheed
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Our January Feature
Terri L. Johnson

Mandela

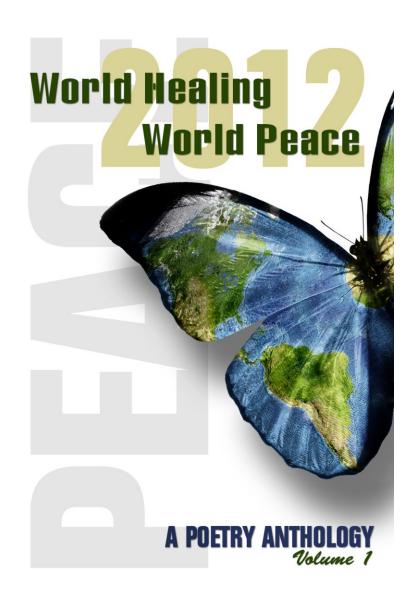


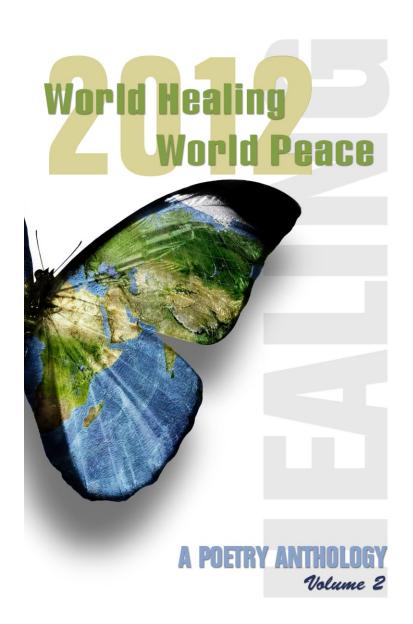
Poetry . . . Commentary & Stories
The Anthological Writers

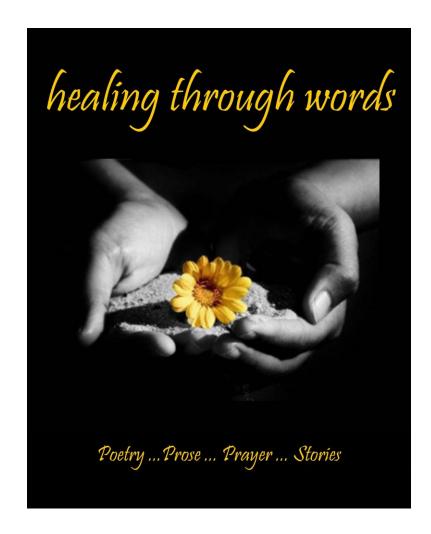
A GATHERING OF WORDS

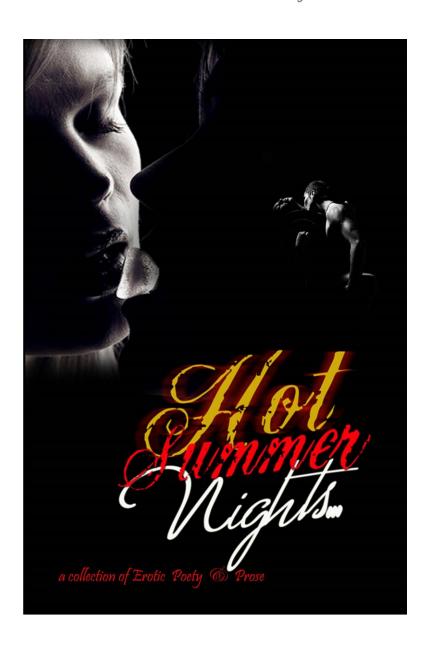


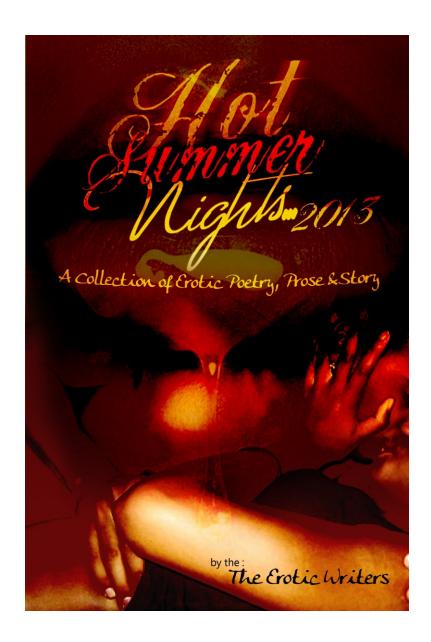
TRAYVON MARTIN

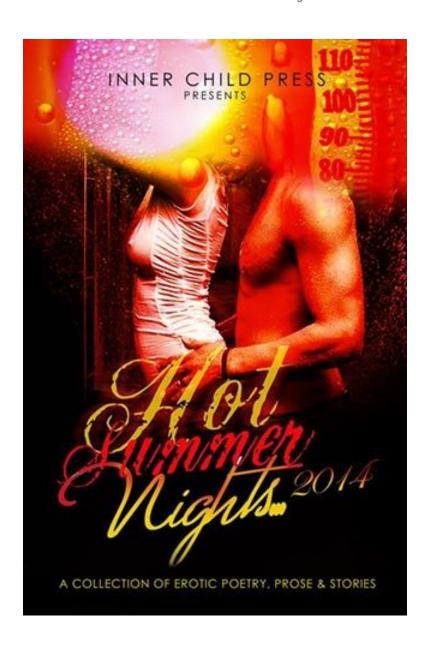


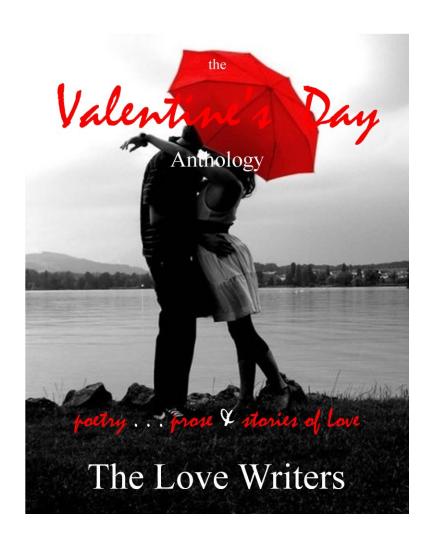












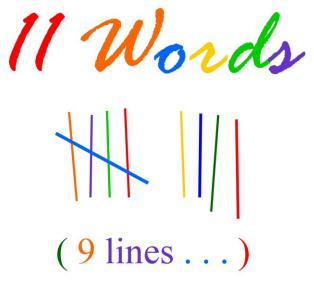


a collection of the Voices of Many inspired by ...

Monte Smith

a collection of the Voices of Many inspired by ...





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- fini -

The Poetry Posse 2016



February 2016 ~ Featured Poets



Anthony Arnold



Anna Chalasz



De'Andre Hawthorne



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